



Body - Mind - Spirit



NOVEMBER 2021

NATIVE AMERICAN HERITAGE MONTH

Youth Center Hours: (Office Only) 9:30am-6:00pm

The San Diego American Indian Youth Center: Ages 10-24

Visit our web site: <https://sdaihc.org/community/youth-families/>



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Good Medicine Homework Lounge 3:00pm-7:00pm @ The Healing Center	2 Good Medicine Homework Lounge 3:00pm-7:00pm @ The Healing Center	3 Good Medicine Homework Lounge 3:00pm-7:00pm @ The Healing Center	4 Fitness with Ethan TALKING CIRCLE & MAKING MEDICINE POUCHES @ THE HEALING CENTER 4:30 PM - 6 PM IN-PERSON SNACKS PROVIDED "Youth Giveaway"	5 Dancing For Healing 5PM to 7:00 PM Raymond Martinez talks about Land Acknowledgment Inter-tribal/Practice only Food will be provided	6
7 Indigenous Swag Week is: Wearing your Indigenous clothing and bling with pride! Ribbon skirts, ribbon shirts, Native-inspired t-shirts, and mocs.	8 Indigenous Swag Week Good Medicine Homework Lounge Rez Dogs S1 E1 3:00pm-7:00pm @ The Healing Center	9 Indigenous Swag Week Good Medicine Homework Lounge Rez Dogs S1 E2 3:00pm-7:00pm @ The Healing Center	10 Indigenous Swag Week Elder's Intertribal Council Meeting -11 to 1 pm Homework Lounge Rez Dogs S1 E3 3:00pm-7:00pm @ The Healing Center STAFF MEETING 3 PM to 5 PM	11 CLOSED ★ THANK YOU ★ <i>veterans</i> NOVEMBER 11th	12 Indigenous Swag Week Dancing For Healing With George Funmaker 5PM to 7:00 PM Inter-tribal Practice only Food will be provided	13
14	15 #ROCKYOURMOCKS Good Medicine Homework Lounge Rez Dogs S1 E4 3:00pm-7:00pm @ The Healing Center	16 #ROCKYOURMOCKS MMIW/MMIP Wear RED Good Medicine Homework Lounge Rez Dogs S1 E5 3:00pm-7:00pm @ The Healing Center	17 #ROCKYOURMOCKS Good Medicine Homework Lounge Rez Dogs S1 E6 3:00pm-7:00pm @ The Healing Center	18 #ROCKYOURMOCKS Fitness with Ethan TALKING CIRCLE & CRAFTS NIGHT @ THE HEALING CENTER 4:30 PM - 6 PM IN-PERSON SNACKS PROVIDED "Youth Giveaway"	19 #ROCKYOURMOCKS Dancing For Healing 5PM to 7:00 PM Inter-tribal Practice only Food will be provided	20
21	22 Good Medicine Homework Lounge Rez Dogs S1 E7 Self Sustainability Food is Medicine 3:00pm-7:00pm @ The Healing Center	23 Good Medicine Homework Lounge Rez Dogs S1 E8 Native Poetry Slam & Talent Show 3:00pm-7:00pm @ The Healing Center	24 Elder's Intertribal Council Meeting - 11 to 1 pm Storytime w/Randy Edmonds Good Medicine Homework Lounge 3:00pm-7:00pm @ The Healing Center	25 CLOSED NOVEMBER NATIONAL NATIVE AMERICAN HERITAGE MONTH	26 CLOSED NATIVE AMERICAN HERITAGE DAY	27
28	29 Good Medicine Homework Lounge 3:00pm-7:00pm @ The Healing Center	30 Good Medicine Homework Lounge 3:00pm-7:00pm @ The Healing Center				

Youth Center STAFF

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SAN DIEGO AMERICAN INDIAN HEALTH CENTER

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