

MARCH SELECTIONS



VEGGIES

Carrot, tomato sauce, frozen peas, spaghetti sauce, fresh cabbage, cauliflower, broccoli, baby carrots & russet potatoes

FRUITS

Apricots, pears, raisins, prunes, frozen blueberries, fresh grapefruit and mixed fruit (apples & oranges)

JUICES

Cran-apple, orange, grape & tomato

BEANS

Canned pinto & refried, dry pinto & great northern beans

EGGS

Fresh eggs

MEATS & FISH

Frozen roast, whole chicken, canned beef and tuna

PEANUT PRODUCT

Peanuts, peanut butter and fruit & nut mix

FATS

Vegetable oil & real butter

MILK

Evaporated skim milk, dry milk & 1% milk



St. Patrick's Day



St. Patrick's Day

HOT CEREAL

Oatmeal & Farina

CHEESE

Block and sliced

RICE/CRACKERS/PASTAS

Rice, macaroni, egg noodles, whole grain rotini, crackers & whole wheat tortillas

FLOURS

Cornmeal, wheat flour, blue cornmeal, bakery mix & all purpose white flour

CEREAL

Shredded wheat

SOUP

Cream of mushroom & vegetable

BONUS ITEMS

Dried cranberries & frozen salmon

