

MARCH SELECTIONS



VEGGIES

Hominy, sliced potatoes, tomato sauce, instant mashed potatoes, spaghetti sauce, fresh cabbage, celery, Brussel sprouts, broccoli, baby carrots & russet potatoes

FRUITS

Applesauce, peaches, prunes, fresh mixed fruit (apples & oranges)

JUICES

Cran-apple, orange, cherry-apple & tomato

BEANS

Canned pinto & red kidney beans, dry pinto & great northern beans

EGGS

Powdered egg mix

MEATS & FISH

Frozen ground beef, chicken breasts, whole chicken, canned beef and tuna

PEANUT PRODUCT

Peanuts, peanut butter and fruit & nut mix

FATS

Vegetable oil, real butter & buttery spread

MILK

Evaporated skim milk, dry milk & 1% milk

St. Patrick's Day



St. Patrick's
Day

HOT CEREAL

Oatmeal & Farina

CHEESE

Block and sliced

RICE & PASTAS

Rice, macaroni, egg noodles, spaghetti, mac & cheese & whole grain rotini

FLOURS

Cornmeal, wheat flour & all purpose white flour

CEREAL

Shredded wheat & rice krispies

BAKERY MIX

Low-fat bakery mix

SOUP

Cream of chicken & meatball stew

CRACKERS/TORTILLAS

Unsalted crackers & frozen whole wheat tortillas

BONUS ITEMS

Frozen ham, cranberry sauce & frozen salmon

