

FEBRUARY SELECTIONS

VEGGIES

Peas, kernel corn, diced tomatoes, instant mashed potatoes, spaghetti sauce, fresh cauliflower, broccoli, romaine lettuce, russet potatoes and onions

FRUITS

Apricots, fruit cocktail, prunes and fresh kiwi and pears

JUICES

Apple, grape, tomato and orange

BEANS

Canned vegetarian beans and refried beans, dry pinto and great northern beans

EGGS

Powdered egg mix

MEATS & FISH

Frozen ground bison, pork chops, roast, canned beef & chicken

PEANUT PRODUCT

Peanuts, peanut butter and fruit & nut mix

FATS

Vegetable oil, real butter & buttery spread

MILK

Evaporated skim milk, dry milk & 1% milk

HOT CEREAL

Oatmeal & Farina

CHEESE

Block and sliced

RICE & PASTAS

Rice, spaghetti, macaroni, egg noodles, mac & cheese and whole grain rotini

FLOURS

Cornmeal, wheat flour, blue cornmeal and all purpose white flour

CEREAL

Shredded wheat & corn chex

BAKERY MIX

Low-fat bakery mix

SOUP

Cream of mushroom soup and vegetable

CRACKERS/TORTILLAS

Unsalted crackers & frozen whole wheat tortillas

BONUS ITEMS

Frozen salmon & cranberry sauce

