

FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS

The Food Distribution Program on Indian Reservations is a program of the Food and Nutrition Service of the U. S. Department of Agriculture. This program provides foods for good health to households living on Indian reservations. Tribal members living off the reservation in the service area may also be eligible provided they live in a town with the population of less than 10,000. You may qualify to receive these foods if you are low-income. **NOTE: Persons receiving CalFresh (food stamps) are not eligible for the program.**

WHAT SERVICES WILL I RECEIVE IF I QUALIFY FOR THIS PROGRAM? Once a month you will receive a variety of foods designed to help you maintain a healthy diet. You will also receive information about nutrition education, recipes and physical exercise.

HOW DO I APPLY? Applications are available at our office and on-line. Complete the application and return it to the office and arrange for an interview with the Certifier.

HOW IS MY ELIGIBILITY FOR USDA FOODS DETERMINED?

- Income – Your eligibility is based on your GROSS income, such as earnings and unearned income (TANF, pensions, Social Security benefits, etc.) after allowable deductions.
- Deductions – Earned income deduction, dependent care, medical expenses in excess of \$35 with qualifying person, shelter and utility standard deduction, court ordered child support and home care meal related
- Residency verification

WHAT INFORMATION SHOULD I BRING WHEN I AM INTERVIEWED?

- Proof of income (earned & unearned),
- Proof of allowable deductions (shelter/utility expenses, child support, dependent care, medical expenses)
- Residency verification; SDG&E, AT&T, CABLE bill or a letter from the Tribe of the reservation you live on or third party verification

FOR MORE INFORMATION ABOUT THE PROGRAM CONTACT:

SCTCA – USDA FOOD DISTRIBUTION PROGRAM

P O BOX 1326

VALLEY CENTER, CA 92082

TELEPHONE: 760-749-5608 FAX: 760-749-7700

WEBSITE: WWW.SCTCA.NET



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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the agency (state or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (833) 620-1071, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to: 1. **mail:** Food and Nutrition Service, USDA 1320 Braddock Place, Room 334 Alexandria, VA 22314; or 2. **fax:** (833) 256-1665 or (202) 690-7442; or 3. **email:** FNSCIVILRIGHTSCOMPLAINTS@usda.gov

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