



AUGUST SELECTIONS

FRUITS

Apricots, peaches, prunes, fresh red grapes, honeydew and nectarines



FATS

Vegetable oil, buttery spread & real butter

JUICES

Apple-cherry, grape, orange & tomato

MILK

Evaporated skim milk, dry milk and 1% milk

VEGETABLES

carrots, kernel corn, mixed vegetables, fresh baby carrots, red peppers, russet potatoes, spinach and tomatoes



CHEESE

Sliced and Block

PASTAS/GRAINS

Macaroni, spaghetti, rice, crackers & whole wheat tortillas

CANNED & DRY BEANS

Canned red kidney & refried, dry pinto & great northern

FLOURS

Cornmeal, blue cornmeal, all purpose white, whole wheat & bakery mix

EGGS

Fresh eggs

MEATS & FISH

Frozen hamburger & whole chicken and canned chicken & tuna



CEREAL

Rice krispies and oatmeal

SOUPS

Cream of Chicken and beef stew

BONUS ITEM:

Bonus box (cream mushroom soup, dehy potato, tomato sauce, spaghetti sauce, ap-



PEANUT PRODUCT