

AIR Banquet Honors Six Native American Students For Academic And Cultural Accomplishments

By Gary P. Taylor, for SCTCA TANF

Six Native American students were honored at the 32nd Annual American Indian Recruitment (AIR) Banquet in late October at the Rincon Indian Government Center.

The students - all girls - were lauded for their academic achievements and dedication to cultural knowledge and traditions. They were also recognized for extensive extra-curricular activities and accomplishments throughout their high school years.

About 150 tribal members, educators and family members of the students attended the three-hour event.

The students receiving the awards were Daniella Adkins, Manzanita Band of the Kumeyaay Nation; Enalicia Garcia, Federated Indians of the Graton Rancheria; Sequoia Kwa'maay Conway, Manzanita Band of the Kumeyaay Nation; Scarlett Rose Reed, Pauma Band of Luiseno Indians; Ali Marie Chacon, Gabrieleno Band of Mission Indians; and Jaselle Fugitt, Rosebud Sioux Tribe

Each of the girls received Student Leadership Awards and delivered brief remarks (Fugitt through a ZOOM call), expressing their appreciation to family, teachers and the AIR program.

Dwight Lomayesva, co-founder of AIR with his wife Devon, congratulated the students.

"Tonight, with great pride and joy, we honor some of our Native youth - future leaders who will carry our shared vision forward and guide our communities toward a stronger, more vibrant future," Lomayesva said.

(Continued on page 4)



At Safari Park, An Indigenous Peoples' Celebration

By Ashley Beck, Education Coordinator, Escondido TANF



The Indigenous Peoples' Celebration at Safari Park drew hundreds of Native Americans from throughout Southern California in mid-October.

The day-long event in San Pasqual included many participants from Southern California Tribal Chairmen's Association (SCTCA) TANF, including several from Escondido TANF.

The Indigenous Peoples' Celebration successfully met all proposed goals of strengthening family relationships, said Ashley Beck, Education Coordinator at Escondido TANF. Those goals included promoting positive decision-making and encouraging healthy family structure through shared cultural experience.

TANF families participated in a variety of cultural and educational activities throughout the day, including the Blessing Ceremony, Telling of the Creation Story, Bird Singing, Artisan exhibits and an Environmental Wellness presentation. These experiences allowed families to connect with their heritage, engage in meaningful dialogue, and share reflections on the importance of cultural identity and family support.

(Continued on page 2)



The Southern California Tribal Chairmen's Association (SCTCA) publishes the Tribal Temporary Assistance for Needy Families (TANF) Newsletter throughout the year at:

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The purpose of the Tribal TANF Newsletter is to provide the tribal communities with information about services provided by the TANF Programs and other important issues concerning our rural/urban communities and families.

SCTCA provides services to San Diego, Orange and Santa Barbara counties and the following reservations:

Agua Caliente	Los Coyotes	Santa Rosa
Barona	Manzanita	Santa Ysabel
Cahuilla	Mesa Grande	Santa Ynez
Campo	Morongo	Soboba
Ewiiapaayp	Pala	Sycuan
Inaja/Cosmit	Pauma	Torres Martinez
Jamul	Rincon	Viejas
La Jolla	San Manuel	
La Posta	San Pasqual	

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San Diego Tribal TANF:

(619) 460-3400 Toll-free: (866) 913-3725

Manzanita Tribal TANF:

(619) 766-9039 Toll-free: (866) 931-1480

Pala Tribal TANF:

(760) 742-8690 Toll-free: (888) 806-8263

Santa Ynez Tribal TANF:

(805) 688-1756 Toll-free: (866) 855-8263

Orange County Tribal TANF:

(714) 450-9240



(Continued from bottom of page 1)



All families strongly agreed that their children learned something new about Indigenous culture and tradition, Beck said. All participants also agreed the event helped them feel more connected to their family.

Families also shared that the event encouraged them to talk with their children about making good choices for the future. This aligned with the activity's goal of promoting positive decision-making and protective factors that help prevent out-of-wedlock pregnancies.

One participant said the event allowed her children and grandchildren to meet extended family members for the first time. She explained she did not grow up exposed to cultural practices like Bird Singing or traditional dance. She also expressed her appreciation for the opportunity to reconnect with her culture in this way.

Overall, the Indigenous Peoples' Celebration successfully fostered open communication, mutual respect, and supportive bonds among family members, Beck said. The activities promoted self-esteem, cultural pride and cooperative parenting. This reinforced the maintenance of strong two-parent family units and contributed to the prevention of risky behaviors among youth.

Participants expressed enthusiasm for attending future TANF cultural and family-centered events and other traditional gatherings, highlighting the continued interest and positive community impact of culturally-based family programming.



In 2026, Many Jobs Are Available In Health Care And Skilled Trades

By Gary P. Taylor, for SCTCA TANF

Where are the jobs in 2026?

Many of them will be in health care and skilled trades- but things are changing rapidly.

Artificial intelligence (AI) is emerging as a potential competitive advantage for many employers. This means they may in turn seek to replace people with machines, computers or other new technologies, according to business experts. That change - a gradual trend towards fewer workers- will affect people across all industries.

And that will affect Native Americans as well, including TANF participants seeking employment throughout the Southern California region.

But there are many jobs that will be available in 2026 that are not in competition with AI- or don't even require a college degree.

According to the U.S. Bureau of Labor Statistics, jobs that can pay around \$3,000 a month without a degree include skilled trades like electrician or HVAC technician and certain delivery driver roles.



There are also many healthcare-related positions available, such as dental or medical assistant (after completing a short training program).

An example of that is the Home Caregivers course offered by Two Directions Inc., in Rincon in September. At the end of the day-long course, 12 TANF participants and tribal community members received their Caregiver certificates. Wages range from \$19 to \$25 an hour and up to \$35 an hour for private care.

Other jobs available: Dental assistants (after completing a program), can earn between \$45,000 and \$65,000 annually. Medical assistants usually require training from a vocational school or community college (under 12 months). That can lead to a salary of \$40,000 to \$55,000 a year, according to the Bureau of Labor Statistics.

Positions in skilled trades include elevator and escalator installer/repairer, which can have average annual wages upwards of \$70,000 annually. Delivery drivers and truck drivers are also positions that don't require a college degree and are not in direct competition with AI technologies. Major carriers like UPS and Amazon offer jobs that pay between \$3,000 and \$4,000 a month, according to company websites.

— DISPATCHES —

Sentiments of Christmas Joy

By Autumncloud Taylor



Cradles filled with first time memories

Of a holiday reminiscent of sweet melodies

Bows on boxes and red on wreathes

Perfect joy fills the scene

Tender hugs and sweet kisses

From loved ones as we listen

To the Greatest Story Ever Told

Hearts reminded there is hope

Families come from near and far

To celebrate that glorious star

That led humanity to find its peace

Among sheep and camels and donkeys

Despite the darkness of the night

Creation remembers the power of light

When all things are said and done

A baby born reminds us just how much we're loved

(Continued from page 1)

The Lomayesvas noted that since AIR's founding in 1993, more than 3,000 students have participated in its programs. "The majority have gone on to pursue higher education at institutions such as Stanford, Harvard, MIT, Columbia, UC Davis, Georgetown, Brown, the University of Pennsylvania, University of Arizona, Cambridge, UCLA, San Diego State, and many other colleges and universities," according to the AIR Banquet program.

"The AIR Program's founding ideals of community, leadership and knowledge continue to thrive through our students, our collaboration partners, and our families. Together, we are united by one belief: in our children's future and success."

The students honored at the AIR Banquet each wrote a short biography. Below are excerpts. (Photos courtesy of AIR).

Daniella Adkins



"I want to pursue law. I would love to go to a law school to become a lawyer and eventually becoming a judge. Being a judge has always inspired me since I was young. My cultural heritage is an important part of who I am and inspires me to honor my traditions and community. I take pride in my roots and enjoy learning more about the history and stories of my people."

Daniella Adkins
(Manzanita Band of the Kumeyaay Nation)

Completed: AIR Tribal Law and Governance coursework at UCSD Fall 23 / SDSU Spring 25

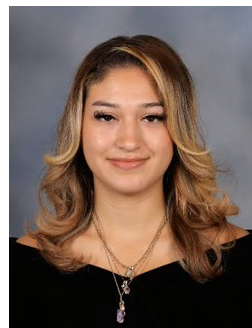
Completed: Tribal Youth Court Jury Training (short training)

- **Honors:** Earned the UCSD Micro Certification in Tribal Governance
- **GPA:** 2.6 (Qualifies for CSU and UC minimum)

Higher Education: Will apply to SDSU or Community College

Participation in AIR: 6 years+ in all our programs

Enalicia Garcia



"I am Enalicia Garcia, a senior at a High School on the outskirts of Santa Rosa. I want to thank everyone involved for being recognized for this academic achievement and leadership honor. I am passionate about volunteering within my community, which includes, American Cancer Society, CASA, and several Sonoma County nonprofits. Additionally, I was able to be certified through the Red Cross for CPR...As far as high school, I am a varsity cheerleader and cross-country athlete balancing my academics with school spirit and teamwork!"

Enalicia Garcia
(Federated Indians of Graton Rancheria)

Completed: AIR Tribal Law and Governance coursework at UCSD Fall 23 / SDSU Spring 25 (1 Year)

- **Honors:** Earned the UCSD Micro Certification in Tribal Governance
- **GPA:** 3.4- 3.6

Higher Education: Will apply to SDSU / UCSD

Sequoia Kwa'maay Conway



"Through AIR summer I participated in the ropes course, kayaked, hiked, and learned about cultural ideals. More importantly, I participated in their Restorative Justice project where I learned about Tribal Law and Governance. With that, I participated in the Tribal Youth Court as a jurist. My focus this year is becoming more self-directed and meeting goals I set for myself. The plan for after graduation is

to attend San Diego State University and to come back to work within our Tribal communities, especially with our youth."

Sequoia Kwa'maay Conway
(Manzanita Band of Kumeyaay Indians)

Completed: AIR Tribal Law and Governance coursework at UCSD Fall 24 / SDSU Spring 25

Completed: Tribal Youth Court Jury Training (short training)

- **Honors:** Earned the UCSD Micro Certification in Tribal Governance
- **GPA:** 4.0

Higher Education: Will apply to SDSU

Participation in AIR: 6 years+ in all our programs

Scarlett Rose Reed



"My goal is to attend a university next fall, where I plan to major in American Indian Studies and minor in Dance. Looking forward, I aspire to earn a teaching degree so that I can return to my community and give back in meaningful ways. I hope to teach our language, preserving and passing on traditions that are essential to our identity, or open a studio based on the reservation to teach multiple styles of dance, but hopefully both."

Scarlett Rose Reed
(Pauma Band of Luiseño Indians)

Is currently finishing up AIR Honors Coursework at UCSD
(total of 8 university units) during:
Spring (SDSU): 2023 (completed)
Currently taking Fall 25
● **GPA:** Near 3.4 or higher

Ali Marie Chacon



"I've always been the shy type when it comes to group discussions and presentations, but thanks to AIR I've grown out of my shell and was able to raise my voice to be heard. I've been involved in my native community from a young age, I've been to meetings my tribe holds, ceremonies and powwows, even lectures specifically for Native Law as I got older...With the help of AIR I have gained access to their resources specifically for Native American students like myself. I've gained a better understanding of current situations, the injustice of Natives and termination of Indigenous land."

Ali Marie Chacon
(Gabrielino Band of Mission Indians)

Completed: AIR Tribal Law and Governance coursework at UCSD Fall 22 / SDSU Spring 24 (1 Year)

- **Honors:** Earned the UCSD Micro Certification in Tribal Governance
- **GPA:** 3.8

Higher Education: Will apply to SDSU / UCSD / UC Davis
Participation in AIR: 6 years+ in all our programs

Jaselle Fugitt



"AIR allowed me to not only get involved in understanding Federal and Tribal law but also taught me the fundamentals on college. During the AIR Program I took university courses at SDSU and UCSD to learn about the Tribal Legal System and Restorative Justice. Although I participate in many academic programs I also participate in many other programs including AVID, the varsity cheer team, and IB. ...After high school I would like to major in Forensic Science or Biology with a possible minor in Indian American Studies and have a future career as a Forensic Investigator."

Jaselle Fugitt
(Rosebud Sioux Tribe)

(Lakota Sioux ~ Rosebud Reservation / Graton Rancheria TANF Cohort)

Completed: AIR Tribal Law and Governance coursework at UCSD Fall 24 / SDSU Spring 24 (1 Year)

- **Honors:** Earned the UCSD Micro Certification in Tribal Governance
- **GPA:** 3.6- 3.7

Higher Education: Will apply to SDSU / UC Davis / Sonoma State University



2026 TANF Participant Calendar Features Native American 'Craft of the People'

By Gary P. Taylor, for SCTCA TANF

"In Native American cultures, craft is more than a product. It is a way of preserving identity, passing knowledge between generations, and showing respect for the earth and the community. It is the rhythm of patience, the care in detail, and the wisdom in every knot, stitch, and brush stroke."

'Craft of the People,' in the 2026 TANF Participant Calendar/Planner

The 2026 TANF Participant Calendar is more than just a compilation of days, weeks and months.

It is also a colorful collection of paintings, drawings, illustrations, beadwork, blankets, jewelry and gourds. In its 36 pages- January through December- there are photographs of these pieces of art, directly under the heading of each month. And at the bottom there is a single quote, one for each month (January: "Stick to the basics, hold on to your family & friends- they will never go out of fashion.")

The artwork was created and submitted by members of Southern California Tribal Chairmen's Association (SCTCA) TANF staff.

"Their contributions remind us that craft lives in many forms in cultural heritage, in personal expression, and in the joy of creating something with our own hands," according to the TANF Calendar Committee.

In its 'Craft of the People' essay, the committee noted that it was more than just a theme- "it's a way of being."

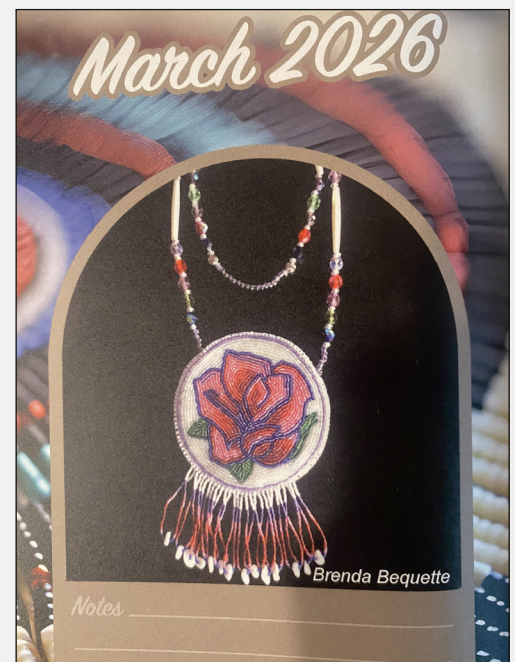
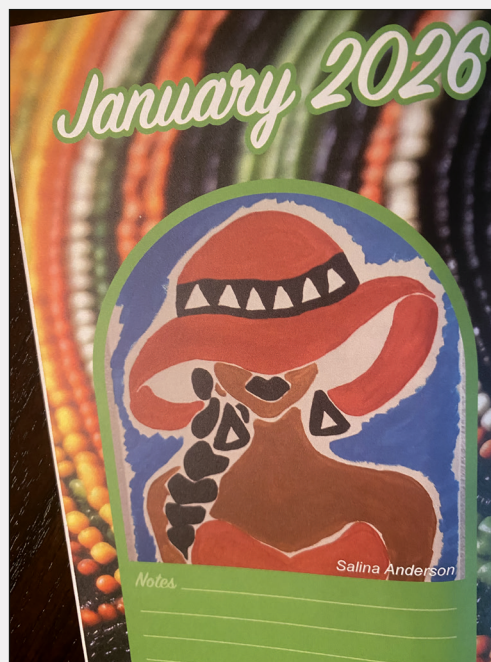
"Whether through the beadwork of ancestors or the modern art forms of today, craftsmanship calls us to move with intention and care. It invites us to build with purpose, honor process over

speed, take pride in the things we create, whether they are traditional, personal, or everyday. Whether crafting something rooted in tradition or simply making with joy, it all matters. It all connects us."

All of the pieces were submitted throughout the year, including some by committee members (the cover photograph was taken by Maria Diaz from Pala TANF, who was also Chairwoman of the Calendar Committee). The contributions came from Brenda Bequette, Pala TANF; Laura Baeza and Salina Anderson, Orange County TANF; Marcos Trejo and Erik De Haro, Escondido TANF; Nu'sun Schlater, James Caldwell and Nita Ruise, Pala TANF; and Vivian Valenzuela Ramirez, Tribal Print Source.

The calendar also includes eight pages of Resources, including phone numbers for agencies and organizations in health, housing, child care, parenting, schools, utility assistance, domestic violence services, legal services, vocational training and transportation. The Resources are listed for each SCTCA TANF office, including Manzanita, San Diego, Pala, Escondido, Orange County and Santa Ynez.

TANF participants will receive the calendar before January.



Clearly Indigenous: Native Visions Reimagined in Glass Includes Contemporary Art Works in New York

By Gary P. Taylor, for SCTCA TANF

At the Smithsonian's National Museum of the American Indian in New York, there is currently an exhibition of Native American glass art that is remarkable in its vivid display of color and design.

Clearly Indigenous: Native Visions Reimagined in Glass "explores glass art as a medium for Indigenous stories, designs, and contemporary issues," according to the Museum. "The exhibition traces 45 years of Native glass art and showcases approximately 120 artworks by 29 Indigenous artists."

The exhibition- which began a nationwide tour last year- arrived in New York in mid-November. It will remain at the Museum through May of 2026, until its next scheduled tour date in San Diego in June.

As noted in the Smithsonian website:

"The art in the exhibition embodies the intellectual content of Native traditions, newly illuminated by the unique properties that can only be achieved by working with glass. Whether reinterpreting traditional stories and designs in the medium of glass or expressing contemporary issues affecting tribal societies, Native glass artists have created a content-laden body of work. These artists have melded the aesthetics and properties inherent in glass art with their cultural ways of knowing. The result is a groundbreaking exhibition featuring an impressive body of artworks."

Clearly Indigenous: Native Visions Reimagined in Glass was originated by the Museum of Indian Arts and Culture in Santa Fe, New Mexico, according to the Smithsonian. It is curated by Dr. Letitia Chambers and Cathy Short (Potawatomi). The traveling exhibit was curated by Dr. Chambers and is toured by International Arts & Artists.

"This exhibition underscores one path of evolution for Indigenous artists that breaks beyond media considered traditional for their respective cultures," said Michelle Delaney, Associate Director for Museum Scholarship. "Through their work in glass, these artists have expanded into unexpected ways of expressing Native perspectives."





HOLIDAY STRESS



Why Does it Feel so Stressful?

- **Your Expectations:** Putting pressure on yourself to create the "perfect holiday" can lead to disappointment and stress
- **Financial Strain:** Wanting to give the perfect gift, traveling, and going to special events can often make it hard to keep a budget.
- **Family Dynamics:** The holidays often bring people together, but unresolved conflicts or strained relationships can resurface, creating tension.
- **Too Much to Do, so Little Time to Do it:** Balancing work, home life, and holiday extras can leave you feeling overwhelmed.
- **Grief and Loneliness:** If someone is absent that is usually present, the holidays can often be a big reminder of that loss.

Signs That You Might Be Stressed

Recognizing the signs of holiday stress can help you take action before it escalates:

- Increased irritability, anger or frustration.
- Difficulty falling asleep or sleeping too much.
- Changes in appetite. Eating too much or not enough. Choosing unhealthy options.
- Lack of energy, fatigue or exhaustion. Feelings of sadness, overwhelm or anxiety
- Physical symptoms like headaches, muscle tension, body aches or upset stomach.
- Avoiding doing things you usually enjoy.

What Can You Do?

- **Set Realistic Expectations:** Focus on what truly matters to you and release the need for perfection. Communicate your boundaries.
- **Budget Wisely:** Set a spending limit and stick to it.
- **Prioritize Self-Care:** Make time for activities that relax and recharge you, such as reading, taking walks, or meditating. Maintain healthy habits like regular exercise, eating balanced meals, and having adequate sleep.
- **Plan Ahead:** Keep a calendar of things you plan to do. Schedule time to relax. Delegate tasks when you can.
- **Practice Gratitude:** Reflect on what you're grateful for during this season. Maybe even use the gratitude jar that I talked about last month.
- **Learn to Say No:** You don't have to do everything just because someone asks you.
- **Seek Support:** Talk about your feelings with people you trust. If you need something more try reaching out to a counselor.
- **Create Meaningful Traditions:** Focus on creating special moments that are fun and don't have to cost much. Like holiday movie night or baking something delicious together as a family. Create new memories together.

More Information

If you have any questions or would like to discuss this further please contact
Cyndie Gilliam LMFT TANF Therapist
@ 760-330-3913 or cgilliam@sctca.net



SOUTHERN CALIFORNIA
TRIBAL CHAIRMEN'S ASSOCIATION
TRIBAL TANF

Class Calendars

Two Directions, Inc.

December 1st—December 31st, 2025



2025 CLASS SCHEDULE

Monday 8:00am-4:30pm	Tuesday 8:00am-4:30pm	Wednesday 8:00am-4:30pm	Thursday 8:00am-4:30pm	Friday 8:00am-4:30pm
In Person / Virtual / Distance Learning classes offered daily				
Computer Training offered but not limited to: Word, Excel, PPoint, QuickBooks, Job Search, Office Skills, Keyboarding (In Person 9:00am-12pm) ABE / Diploma / HiSet / GED Second Language Life Skills offered but not limited to: Financial Literacy, Parenting, Soft Skills, Social Skills and more... Culture and Beading Career Training offered but not limited to: Resume Building, Career Exploration, Classes per specific career goals like small business, or web design, and more	Computer Training offered but not limited to: Word, Excel, PPoint, QuickBooks, Job Search, Office Skills, Keyboarding (In Person 9:00am-12pm) ABE / Diploma / HiSet / GED Second Language Life Skills offered but not limited to: Financial Literacy, Parenting, Soft Skills, Social Skills and more... (In Person 9:00am-11:00am) Culture (In Person 11:15 am-1:15pm) Drivers Education / Behind the Wheel Training (In Person 11:15 am-1:15pm)	Computer Training offered but not limited to: Word, Excel, PPoint, QuickBooks, Job Search, Office Skills, Keyboarding (In Person 9:00am-12pm) ABE / Diploma / HiSet / GED Second Language Life Skills offered but not limited to: Financial Literacy, Parenting, Soft Skills, Social Skills and more... Culture and Beading Career Training offered but not limited to: Resume Building, Career Exploration, Classes per specific career goals like small business, or web design, and more	Computer Training offered but not limited to: Word, Excel, PPoint, QuickBooks, Job Search, Office Skills, Keyboarding (In Person 9:00am-12pm) ABE / Diploma / HiSet / GED Second Language Life Skills offered but not limited to: Financial Literacy, Parenting, Soft Skills, Social Skills and more... (In Person 9:00am-11:00am) Beading (In Person 11:15 am-1:15pm) Career Training offered but not limited to: Resume Building, Career Exploration, Classes per specific career goals like small business, or web design, and more	Computer Training offered but not limited to: Word, Excel, PPoint, QuickBooks, Job Search, Office Skills, Keyboarding (In Person 9:00am-12pm) ABE / Diploma / HiSet / GED – Assessment Testing (In Person 9:00am-1:15pm) Second Language (In Person 9:00am-1:15pm) Life Skills offered but not limited to: Financial Literacy, Parenting, Soft Skills, Social Skills and more... Beading (In Person 9:00am-11:00am) Career Training offered but not limited to: Resume Building, Career Exploration, Classes per specific career goals like small business, or web design, and more

Two Directions, Inc. offers classes based on Assessment Testing, Educational, and Career Goals.

*Additional Tutorial Assistance Available by appointment

7041 West Tribal Road, CA

Valley Center, CA 92082

Phone (760) 749-1196 Fax(760) 749-9152

Email : staff@twodirections.com

Manzanita Tribal Training Program

December 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 8 to 10 am Work Study 10 to 1:00 pm Life Skills: Cultural Entrepreneurship 1 to 2:30 pm Life Skills: Communication/Emotional Skills 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	2 8 to 10 am Work Study 10 to 11:30 am Computer/Technology Literacy: Word MO 100, Typing or Photoshop 11:30 to 1 pm GED Prep: Language Arts/ Math 1 to 2:30 pm Life Skills: Relationship/ Wellness Skills 2:30 to 4:30 pm Work Study	3 8 to 10 am Work Study 10 to 11:30 am Life Skills: Gardening for Self-Sustainability 11:30 to 1 pm Work Study 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	4 8 to 10 am Work Study 10 to 11:30 am Computer/Technology Literacy: Word MO 100, Typing or Photoshop 11:30 to 1 pm GED Prep: Language Arts/ Math 1 to 2:30 pm Life Skills: Resiliency/ Team Building Skills 2:30 to 4:30 pm Work Study	5 8 to 4:30pm Work Study	6
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14	15 8 to 10 am Work Study 10 to 1:00 pm Life Skills: Cultural Entrepreneurship 1 to 2:30 pm Life Skills: Communication/Emotional Skills 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	16 8 to 10 am Work Study 10 to 11:30 am Computer/Technology Literacy: Word MO 100, Typing or Photoshop 11:30 to 1 pm GED Prep: Language Arts/ Math 1 to 2:30 pm Life Skills: Relationship/ Wellness Skills 2:30 to 4:30 pm Work Study	17 8 to 10 am Work Study 10 to 11:30 am Life Skills: Gardening for Self-Sustainability 11:30 to 1 pm Work Study 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	18 8 to 10 am Work Study 10 to 11:30 am Computer/Technology Literacy: Word MO 100, Typing or Photoshop 11:30 to 1 pm GED Prep: Language Arts/ Math 1 to 2:30 pm Life Skills: Resiliency/ Team Building Skills 2:30 to 4:30 pm Work Study	19 8 to 4:30pm Work Study	20
21	22 8 to 10 am Work Study 10 to 1:00 pm Life Skills: Cultural Entrepreneurship 1 to 2:30 pm Life Skills: Communication/Emotional Skills 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	23 8 to 10 am Work Study 10 to 11:30 am Computer/Technology Literacy: Word MO 100, Typing or Photoshop 11:30 to 1 pm GED Prep: Language Arts/ Math 1 to 2:30 pm Life Skills: Relationship/ Wellness Skills 2:30 to 4:30 pm Work Study	24 8 to 10 am Work Study 10 to 11:30 am Life Skills: Gardening for Self-Sustainability 11:30 to 1 pm Work Study 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	25 Closed– No Class Christmas Day	26 Closed-No Class Day After Christmas	27
28	29 8 to 10 am Work Study 10 to 1:00 pm Life Skills: Cultural Entrepreneurship 1 to 2:30 pm Life Skills: Communication/Emotional Skills 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	30 8 to 10 am Work Study 10 to 11:30 am Computer/Technology Literacy: Word MO 100, Typing or Photoshop 11:30 to 1 pm GED Prep: Language Arts/ Math 1 to 2:30 pm Life Skills: Relationship/ Wellness Skills 2:30 to 4:30 pm Work Study	31 8 to 10 am Work Study 10 to 11:30 am Life Skills: Gardening for Self-Sustainability 11:30 to 1 pm Work Study 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study			

OFFICE CLOSURES:

Thursday, December 25, and
Friday, December 26, 2025
For Christmas.

**HAPPY
HOLIDAYS!**

DECEMBER 2025 CALENDAR

BG ASSOCIATES INC.
210 S. JUNIPER ST., SUITE 212
ESCONDIDO, CA 92025

PH: (760) 737-0113
FX: (760) 737-0581

WWW.BGASSOCIATESINC.COM

MONDAY-FRIDAY
8:30AM-4:00PM

BG ASSOCIATES INC. PROVIDES
INDIVIDUALIZED LEARNING TO
ACCOMMODATE THE SCHEDULE &
NEEDS OF PARTICIPANTS.

CLASSES & TIMES ARE SUBJECT TO
CHANGE.



FOR CLASS INFORMATION, CONTACT KAYLEIGH at
KGUACHENA@BGASSOCIATESINC.COM.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
IN PERSON CLASSES *OPEN LAB / JOB SEARCH / APPLIED SKILLS / DRIVER'S PREP 8:30AM-4PM (VARIES BY CLIENT) VIRTUAL CLASSES ED2GO.COM/ COURSES IN PERSON AND VIRTUAL ABE/GED 9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting) SPANISH 9AM-11AM (available online/app & can be tracked by instructor) PHILLIP ROY: HEALTH CARE TERMS 9AM-11AM (lessons can be emailed) KEYBOARDING 9AM-12PM (available online & can be tracked by instructor) APPLIED SKILL PRACTICE (GED) 11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting) *TUTORING ASSISTANCE (BY APPOINTMENT ONLY via Zoom, Google Meet, or other form of virtual face to face meeting)	IN PERSON CLASSES *OPEN LAB / JOB SEARCH / APPLIED SKILLS / DRIVER'S PREP 8:30AM-4PM (VARIES BY CLIENT) VIRTUAL CLASSES ED2GO.COM/ COURSES IN PERSON AND VIRTUAL ABE/GED 9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting) SPANISH 9AM-11AM (available online/app & can be tracked by instructor) KEYBOARDING 9AM-12PM (available online & can be tracked by instructor) APPLIED SKILL PRACTICE (GED) 11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting) *TUTORING ASSISTANCE (BY APPOINTMENT ONLY via Zoom, Google Meet, or other form of virtual face to face meeting)	IN PERSON CLASSES *OPEN LAB / JOB SEARCH / APPLIED SKILLS / DRIVER'S PREP 8:30AM-4PM (VARIES BY CLIENT) VIRTUAL CLASSES ED2GO.COM/ COURSES IN PERSON AND VIRTUAL LIFE SKILLS: (via Zoom, Google Meet, or other form of virtual face to face meeting) WHAT COLOR IS MY PARACHUTE 9-11AM PRACTICAL LIFE SKILLS 11:30AM-1:30PM SPANISH 9AM-11AM (available online/app & can be tracked by instructor) COMPUTER SKILLS (GENERAL) 11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting) KEYBOARDING 9AM-12PM (available online & can be tracked by instructor) *TUTORING ASSISTANCE (BY APPOINTMENT ONLY via Zoom, Google Meet, or other form of virtual face to face meeting)	IN PERSON CLASSES *OPEN LAB / JOB SEARCH / APPLIED SKILLS / DRIVER'S PREP 8:30AM-4PM (VARIES BY CLIENT) VIRTUAL CLASSES ED2GO.COM/ COURSES IN PERSON AND VIRTUAL COMPUTER SKILLS (GENERAL) 9AM-12PM (via Zoom, Google Meet, or other form of virtual face to face meeting) SPANISH 9AM-11AM (available online/app & can be tracked by instructor) PHILLIP ROY: HEALTH CARE TERMS 9AM-11AM (lessons can be emailed) KEYBOARDING 9AM-12PM (available online & can be tracked by instructor) MATH REFRESHER 12:30PM-2:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting) *TUTORING ASSISTANCE (BY APPOINTMENT ONLY via Zoom, Google Meet, or other form of virtual face to face meeting)	IN PERSON CLASSES *OPEN LAB / JOB SEARCH / APPLIED SKILLS / DRIVER'S PREP 8:30AM-4PM (VARIES BY CLIENT) VIRTUAL CLASSES ED2GO.COM/ COURSES IN PERSON AND VIRTUAL ABE/GED 9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting) SPANISH 9AM-11AM (available online/app & can be tracked by instructor) PHILLIP ROY: HEALTH CARE TERMS 9AM-11AM (lessons can be emailed) KEYBOARDING 9AM-12PM (available online & can be tracked by instructor) APPLIED SKILL PRACTICE (GED) 11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting) *TUTORING ASSISTANCE (BY APPOINTMENT ONLY via Zoom, Google Meet, or other form of virtual face to face meeting)

SCAIR, Inc.
239 E Main St. • El Cajon, CA 92020
Monday-Friday • 8:00am-4:30pm
888.21.SCAIR • 619.328.0676
www.SCAIRInc.org

DECEMBER 2025

Serving the Native American
Community Since 1997

MONDAY 8:00am-4:30pm	TUESDAY 8:00am-4:30pm	WEDNESDAY 8:00am-4:30pm	THURSDAY 8:00am-4:30pm	FRIDAY 8:00am-4:30pm
Daily services: Available 8:30-4:00 Career Training Typing Practice Microsoft Training Computer Training Academic Tutorial Life Skills Training Youth Services College Preparation Parenting Support Virtual Quarterly Training 12/15	Daily services: Available 8:30-4:00 Career Training Typing Practice Microsoft Training Computer Training Academic Tutorial Life Skills Training Youth Services College Preparation Parenting Support Mindfulness Workshop 12/2: 10:00am - 2:00pm Food Gift Card Distribution 12/9: 10:00-3:00 Winter Safety Workshop 12/16: 10:00am - 2:00pm	Daily services: Available 8:30-4:00 Career Training Typing Practice Microsoft Training Computer Training Academic Tutorial Life Skills Training Youth Services College Preparation Parenting Support	Daily services: Available 8:30-4:00 Career Training Typing Practice Microsoft Training Computer Training Academic Tutorial Life Skills Training Youth Services College Preparation Parenting Support	Daily services: Available 8:30-4:00 Career Training Typing Practice Microsoft Training Computer Training Academic Tutorial Life Skills Training Youth Services College Preparation Parenting Support

By appointment only:
Counseling Services
Youth Academic Tutorial Services
County Approved Typing Tests

*After hour tutoring and counseling requests
available based on availability of instructors
and clinicians

Please visit www.SCAIRInc.org for
more information about SCAIR's
programs or scan the QR code here:



Santa Ynez

Santa Ynez – SCTCA TANF • 185 W. Highway 246, Suite 102, Buellton, CA. 93427

Phone: (805) 688-1756 • Fax: (805) 688-6827

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JOB SEARCH**	CAREER DEVELOPMENT 10AM - 1PM*	PARENTING 1PM - 3PM*	CAREER DEVELOPMENT 10AM - 1PM*	JOB SEARCH**
	JOB SEARCH**	JOB SEARCH**	JOB SEARCH**	

* By Appointment Only

** Must be Pre-Approved

Commodity Distribution Schedule December 2025

FOOD DISTRIBUTION SCHEDULE FOR DECEMBER 2025

DATE	LOCATION	TIME
DEC 2 ND , TUESDAY	MANZANITA OLD CAMPO	930 AM-1030 AM 11 AM-12 PM
DEC 4 TH , THURSDAY	VIEJAS BARONA	9 AM-10 AM 11 AM – 12 PM
DEC 8 TH , MONDAY	MESA GRANDE SANTA YSABEL	9 AM-10 AM 11 AM-12 PM
DEC 9 TH , TUESDAY	CAMPO	10 AM – 12 PM
DEC 11 TH , THURSDAY	SAN PASQUAL	8 AM-12 PM
DEC 15 TH , MONDAY	LOS COYOTES LA JOLLA	9 AM – 10 AM 11 AM – 12 PM
DEC 17 TH , WEDNESDAY	RINCON	8 AM – 12 PM
DEC 18 TH , THURSDAY	PECHANGA PAUMA	9 AM – 10 AM 11 AM-12 PM
DEC 22 ND , MONDAY	PALA	9 AM – 11 AM

OFFICE CLOSURES: 25TH – CHRISTMAS DAY / 26TH DAY AFTER CHRISTMAS

A HOUSEHOLD CANNOT PARTICIPATE IN THE FOOD COMMODITY PROGRAM IF THEY ARE ON THE CALFRESH (FOOD STAMPS) PROGRAM. YOU CAN PARTICIPATE IN ONLY ONE OF THE ABOVE PROGRAMS.

WRONG INFORMATION ON APPLICATION, DUAL PARTICIPATION, SELLING OR EXCHANGING USDA FOOD

COMMODITIES COULD BE A BASIS FOR DISQUALIFICATION FROM THE FOOD COMMODITY PROGRAM.

IF YOU DO NOT PICK UP ON YOUR SCHEDULED RESERVATION DAY, YOU MUST MAKE AN APPOINTMENT TO PICK UP AT THE WAREHOUSE. CALL OUR OFFICE FOR AN APPOINTMENT. (760) 749-5608



Coming in January:

- SCTCA Newsletter Best Pictures of 2025
- New Laws Affecting Native Americans
- Book Review: 'I Am A Man: Standing Bear'