NOVEMBER SELECTIONS



BONUS

FROZEN ham **CANNED** cranberry sauce, sweet potato & pumpkin

FRUITS

FRESH pears & lemons **DRY** raisins **CANNED** mixed fruit & apricots

JUICES

Orange, cherry-apple, grape & tomato

VEGGIES

FRESH Butternut squash, Brussel sprouts, spaghetti squash, iceberg lettuce, cauliflower & russet potatoes **FROZEN** veggie soup mix **CANNED** diced tomato, peas & mixed vegetables

BEANS

CANNED veggie beans, kidney beans, **DRY** pinto & great northern beans

EGGS

Fresh eggs & egg mix

MEATS & FISH

FROZEN whole chicken, chicken breast & bison stew meat **CANNED** beef & tuna

PEANUT PRODUCT

Peanuts

FATS

Vegetable oil, olive oil & margarine

MILK

Evaporated skim milk, dry milk & 1% milk

CHEESE

Block



RICE/CRACKERS/PASTAS

macaroni, rotini, rice, crackers & whole wheat tortillas

CEREAL/HOT CEREAL

Oatmeal, farina & oat cereal



FLOURS

All-purpose flour, yellow cornmeal, blue cornmeal, wheat flour & bakery mix

SOUP

Cream of mushroom & beef stew

Disclaimer*

All items subject to change due to availability

