

For Mother of Three, Career Possibilities Could Loom Large In Her Life

By Gary P. Taylor, SCTCA TANF

Christina Rico doesn't have much doubt about what career she wants – she would like to work for the FBI as a criminal investigator.

The only question she has is this: Can it be accomplished in the next three years?

Rico, a 33-year-old mother of three (Alexiz, 13; Anthony 8; and Aceson, 1) is a participant at Southern California Tribal Chairmen's Association (SCTCA) TANF Escondido. For the past three years, she has been on TANF while raising her children and going to school at Palomar College in San Marcos.

She is currently taking four classes online (Criminal Procedures, Police Ethics, Community Relations and Physical Geology). Rico hopes to obtain her Associate Arts degree in Investigation and Administration of Justice in either the spring or fall of next year.

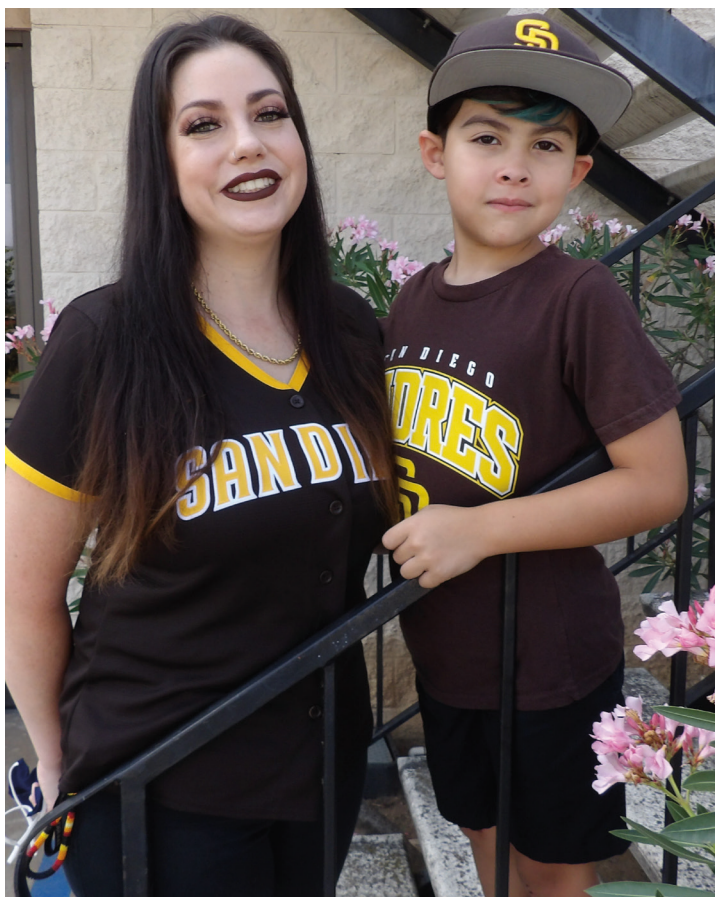
If she does, Rico will be on track to transfer to California State University San Marcos (CSUSM) to obtain her Bachelor of Arts degree in Criminology.

If she can accomplish all this within the next three years, there is a possibility she could apply to the FBI.

"I want to get into the FBI, but there is an age cutoff (36) to work in criminal investigations," Rico said. "If you're over 36, you can't apply."

So she is working hard to complete her degrees to make the restrictive timeline. Rico wants a career that will allow her to work investigating things that most people would rather not deal with directly.

(Continued on page 2)



Christina Rico and her son Anthony

Students Return to School – But Things Have Changed

By Gary P. Taylor, SCTCA TANF



Before COVID: Teacher Denise Wille reads to children in 2019

For the first time in over a year, most students from kindergarten to college have returned to classrooms throughout California.

That includes hundreds of Native American students in San Diego County. They, like thousands of other students, had largely been learning from home through Zoom classes since early 2020 at the onset of the COVID-19 pandemic.

Most students in the county are now back in the classroom – nearly 90 percent in San Diego County, including public and private schools.

(Continued on page 2)



The Southern California Tribal Chairmen's Association (SCTCA) publishes the Tribal Temporary Assistance for Needy Families (TANF) Newsletter throughout the year at:

SCTCA / TANF
P.O. Box 1470
Valley Center, CA 92082
E-mail: gtaylor@sctca.net
(760) 746-0901 Ext. 118

The newsletter is designed and printed by Tribal Print Source, a division of SCTCA.

The purpose of the Tribal TANF Newsletter is to provide the tribal communities with information about services provided by the TANF Programs and other important issues concerning our rural/urban communities and families.

SCTCA provides services to San Diego and Santa Barbara Counties and the following reservations:

Agua Caliente	La Posta	San Pasqual
Barona	Los Coyotes	Santa Rosa
Cahuilla	Manzanita	Santa Ysabel
Campo	Mesa Grande	Santa Ynez
Ewiiapaayp	Pala	Soboba
Inaja/Cosmit	Pauma	Sycuan
Jamul	Rincon	Torres Martinez
La Jolla	San Manuel	Viejas

PLEASE NOTE:

No articles or pictures published in the SCTCA TANF Newsletter may be reprinted or used in any manner without the expressed written permission of SCTCA.

SCTCA is not responsible for any errors / mistakes on submissions added to our newsletter.

Publisher: SCTCA

Editor: Gary P. Taylor

SCTCA Newsletter Contributor: Karin Giron

Contributor: Colleen Turner, Editor and Contributor, 1998-2018

Printers: Tribal Print Source

Copyright ©2021

Career Possibilities Loom Large In Mother's Life

"I want to investigate murders, child trafficking, things like that," she said. "I want to study criminal behavior, to find out why some people do what they do."

Rico's enthusiasm for this line of work began when she was a teenager. She loved to watch shows like *Law and Order SVU* and other crime-based programs, fascinated by the way investigators interviewed people who did very bad things.

Rico also has family who have worked in law enforcement. She said one of her father's cousins is a retired FBI agent- and her aunt and uncle are retired detectives who worked for the Riverside County Sheriff's Department.

If she can't make the FBI deadline in the next three years, though, Rico is still determined to pursue a career in law enforcement.

"If I don't get into the FBI, I could work for the Sheriff's Department as a criminal analyst," she noted. She is also considering the possibility of working as a counselor at a juvenile detention facility.

Whatever she ends up doing, Rico said none of it would be possible without TANF.

"The only reason I even went back to school is because of TANF," she said, noting she completed her GED years ago but really wasn't thinking about going to college. "If it wasn't for TANF, I wouldn't be doing any of this. They said they would help me if I went back to school, and they did. They said they would help with childcare and they did. If I need anything, they are there to help with school supplies, clothing, financial help. I am so grateful for TANF."

TANF's financial assistance – especially during the past year during the COVID-19 pandemic – has made all the difference, Rico said.

"When the pandemic hit, it was hard," she acknowledged. "I was going to class online, my kids were home taking classes online, I was taking care of them – it was like a full-time job. But I didn't struggle as much as other people, because I had TANF helping me."

Along with TANF, Rico said her boyfriend Winslo and her father Alejandro also helped her throughout the past year. Their support enabled her to continue her studies without interruption, she said.

Now, Rico is once again taking classes online and doing everything she can to get her degrees in the next three years. It's still a busy schedule, with her studies and tests. Anthony is attending school and Alexiz and baby Aceson are home with her.

Still, the mother of three said she prefers it that way.

"It's less stressful to stay at home," she said. "I don't have to travel, don't have to go into the classroom, especially with all the COVID stuff still going on. I set aside time for class, studying and taking tests."

And if Rico accomplishes all she wants to, her career possibilities will loom large in her life.

Students Return to School – But Things Have Changed

(Continued from page 1)

While some are continuing to stay at home, the vast majority of children have returned to classrooms, seeing their friends and teachers and talking and playing together for the first time in months, or even longer.

But things have changed since the pandemic shut down schools last year.

While students are now in class again, most must wear masks and practice social distancing – whether vaccinated or not. Teachers must follow the same rules, as well as administrators, staff and parents who volunteer or arrive to pick up their children in person. The restrictions apply to Native American students as well. Students attending schools on Indian reservations are largely following the same rules.

Most schools do allow students to take 'mask breaks' during the day, and kids can also take off their masks when drinking, eating, playing outside or engaging in physical education courses. Students on athletic teams can also practice and play without wearing a mask.

The recent surge in COVID cases related to the Delta variant has schools in particular taking extra precautions throughout the state. At this point, state and county health officials have not indicated when or if the masking and social distancing requirements in schools will be lessened or lifted.

Iipay Nation Tribal Member Receives Scholarship From Morongo Band of Mission Indians

Contributed by Iipay Nation of Santa Ysabel

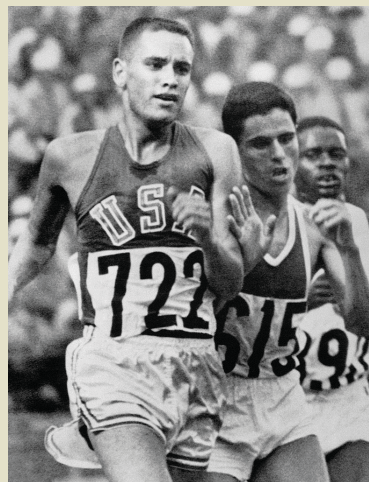
Congratulations to Tribal Member, Britney Vargas! She is one of two Native American Students to receive the \$20,000 Scholarship Award from the Morongo Band of Mission Indians. This is the 16th annual Rodney T. Matthews Jr. Scholarship program. The Morongo Press Release below:



"Britney Vargas of the Iipay Nation of Santa Ysabel is pursuing a B.A. in Elementary Education at Fort Lewis College in Durango, Colorado. The recent graduate of Julian High School in San Diego County served as Native American Club Secretary, was a three-sport athlete and class secretary. Ms Vargas also holds the title of Miss Julian 2020-2021 and was the previous Miss Teen Julian. She has logged over 650 in volunteer community hours during high school. Her goal is to develop a curriculum that teaches Native American culture to elementary school students in hopes of preserving Native American heritage for future generations.

'I think it's absolutely amazing that Morongo Band of Mission Indians does this for kids like me and other kids who struggle financially,' Vargas said. 'I am just so grateful that I even had the opportunity to apply for the scholarship. This will help me pay for my books, meal plan and a dorm room, and allow me to focus on my studies.'

DISPATCHES Tokyo



Billy Mills, in 1964 Tokyo Olympics

"There goes Billy Mills! Billy Mills pouring on the steam, Billy Mills is really putting it on. Billy Mills has the lead for the United States heading toward the finish line. Billy Mills has just won the men's 10,000 meter event, the first time the United States has ever won this event!"

- Richard Bank, an NBC broadcaster, calling Billy Mills' come-from-behind win at the 1964 Olympics

In mid-August, the Olympic Games ended in Tokyo. It was the first time since 1964 the Games had returned to the Japanese capital.

Many track and field records have been shattered over the decades since the Games were last in Tokyo. But one thing that has not changed in nearly 60 years is that Billy Mills remains the only Native American to ever win the Gold Medal in the Olympic 10,000 meter race.

In fact, no other American has won gold in that race – either before or after Mills' epic triumph.

William Mervin Mills (born June 30, 1938), also known as *Tamakoce Te'Hila*, is Oglala Lakota. He was a 26-year-old officer in the United States Marine Corps at the time of the Tokyo Olympics. He also was virtually unknown among a field of competitors that included world record holder Ron Clarke of Australia and the formidable Mohammed Gammoudi of Tunisia.

Near the end of the race, Mills – trailing both Clarke and Gammoudi – began what became an epic burst of speed that propelled him past both of them as he broke the tape at the finish.

Recalling his historic victory, Mills said two things drove him to the finish line: one was knowing the exact location his wife Patricia was sitting in the stands - and the second was seeing another runner with an eagle on his singlet.

"It kind of reminded me of my dad when my mom died and my dad saying, 'Son, you have broken wings and it takes a dream to heal broken wings,'" he recalled.

After the race, Mills went to find the runner with the eagle on his singlet only to learn that there was no other runner with such an image on their singlet. He had perceived it himself, and had completed his triumphant run thinking about his father's words.

Mills – now 83 – lives in Sacramento with his wife Patricia. They have been married 58 years and have four daughters.

And one Olympic Gold Medal.

- Gary P. Taylor



PANDEMIC EMERGENCY ASSISTANCE FUNDS

NOW AVAILABLE
INCLUDING TIMED-OUT TANF PARTICIPANTS
2-PAGE APPLICATION

Has your family been impacted by the Coronavirus (COVID-19) Pandemic?

SCTCA has limited funding available for families struggling with the effects of the pandemic

NOW OPEN AND APPLY

Funding Eligibility:

- American Indian families, with at least one minor child in the home
- Reside in the counties of San Diego, Orange or Santa Barbara
- Meet income guidelines
- Submit required verifications
- Have an immediate need related to the pandemic
- Have not received funding from another organization or Tribe (American Rescue Act)

Funding assistance may include:

- **Emergency cash assistance**
- **Emergency housing assistance**
- **Emergency food aid**
- **Past due utility payments**
- **Quarantine assistance**
- **Burial assistance**
- **Other needs related to COVID-19**

Applications will be processed
in the order they are received

How to Apply:

Contact the PEA Specialist to obtain an application or if you have any questions regarding your family needs

(760) 742-8606 ext. 148
PEAFprogram@sctca.net

You may also contact the Tribal TANF Office nearest where you live to obtain an application
Visit <https://sctca.net/tribal-tanf/> for office locations and contact information





Autumn Recipes: Three Casseroles, Roasted Brussel Sprouts - And Grilling Meat and Vegetables

By Jessica Sass, Certifier, SCTCA Food Distribution

When I am cooking at home, I prefer to do a lot grilling. You can grill anything!

Vegetables on the grill are my favorite. Even when I grill burgers, I always grill red onions to go on them. I also enjoy preparing casseroles, roasting vegetables in the oven and preparing skillet meals.

When I am preparing recipes and ideas for our Food Distribution program participants using food commodities, I take into consideration the fresh produce we are giving out that month, as well as other items in that month's food package. We have a great number of households who are families with children, so I like offering ideas that save money, feed a family and are healthy. Casseroles are great because they are easy to mix in ingredients and bake up a great healthy meal for the whole family.

I also love to encourage our participants to try healthy recipes. When cooking for my family at home I make a lot of different kinds of roasted vegetables in the oven. Our favorite is roasted brussel sprouts. Almost any vegetables can be roasted. We regularly roast carrots, broccoli, cauliflower, potatoes, asparagus, squash, etc. Also, a fresh salad with a variety of vegetables and even some fruits are a favorite in my house.

Skillet meals are also great to make as well. It doesn't take much time to throw some chicken, rice and veggies together to make a healthy quick meal for your family.

I look forward to hearing participants tell me that they tried the monthly recipe and their family enjoyed it. There have been times when participants have told me that they are struggling to use an item in our food package- or are bored of using something to make the same thing. When I hear that, I will put together recipes and ideas at their request so they will have new ideas for meals for their family.

Italian Rotini Casserole

Ingredients:

8 ounces of whole grain rotini (about 3 cups dry)
½ lb. chopped or ground venison or ground beef
1 cup chopped onion (1 med.)
1 cup chopped green pepper (1 lg.)
1 cup raw chopped broccoli
2 cans of spaghetti sauce*

¼ teaspoon salt
1 Tbsp. Italian seasoning
1 teas. garlic powder
1 teas. salt-free herb seasoning
1 cup grated reduced fat cheese
Pan spray

*15 oz., no added salt or low sodium; if regular sauce is used, eliminate the salt in the recipe



Directions: Cook pasta according to package directions; drain. Using a large, heavy bottomed frying pan, cook the meat until all pink color is gone, drain all the grease. Using a strainer, rinse the meat with hot water to remove additional grease. Before returning the meat to the pan, wipe the pan with paper towel to remove grease.

Rinse vegetables thoroughly; rinse onion after peeling. Remove seeds from pepper. Peel or trim away tough parts of the broccoli stem. Chop vegetables into small pieces. Add the meat, onions, green pepper, and broccoli to the pan; cook on medium heat until tender. Add a little water if needed. Add the cooked pasta, spaghetti sauce, salt, Italian seasoning, garlic, and herb seasoning. Mix well. Spray a 9 X 13 casserole dish with pan spray. Pour mixture into casserole dish. Top with grated cheese. Bake in a 350° oven 30 minutes or until mixture is bubbling and cheese has melted. You may also microwave for about 10 minutes in a covered container, until mixture is bubbling and cheese has melted.

Substitutions: You may replace the spaghetti sauce with tomato sauce, but increase the Italian seasoning by 1 Tbsp. You may replace 1 can of the spaghetti or tomato sauce with 1 can of diced tomatoes*.

Nutrition: This recipe provides protein, vegetables, whole grains, and reduced fat dairy. It has reduced amounts of fat and sodium. To reduce the sodium further, eliminate the salt.

Autumn Recipes: Three Casseroles, Roasted Brussels

Roasted Brussel Sprouts

Ingredients

1 ½ pounds Brussels sprouts, ends trimmed and yellow leaves removed
3 table spoons olive oil
1 teaspoon kosher salt
½ teaspoon freshly ground black pepper

Directions

1. Preheat oven to 400 degrees
2. Place trimmed Brussels sprouts, olive oil, kosher salt and pepper in a large resealable plastic bag. Seal tightl and shake to coat. Pour onto baking sheet and place on center oven rack.
3. Roast in the preheated oven for 30 to 45 minutes, shaking pan every 5 to 7 minutes for even browning. Reduce heat when necessary to prevent burning. Brussels sprouts should be darkest brown, almost black when done. Adjust seasoning with kosher salt, if necessary. Serve immediately.



Impossibly Easy Ham and Asparagus Pie

Prep time: 25 minutes
Cook time: 45 minutes
Ready in: 1 hr 15 minutes

Ingredients

2 cups diced ham
2 cups shredded Swiss or Cheddar cheese
2/3 cup chopped green onion
2 cups diced asparagus
3 cups milk
1 ½ cups all-purpose baking mix
7 eggs lightly whisked



Directions

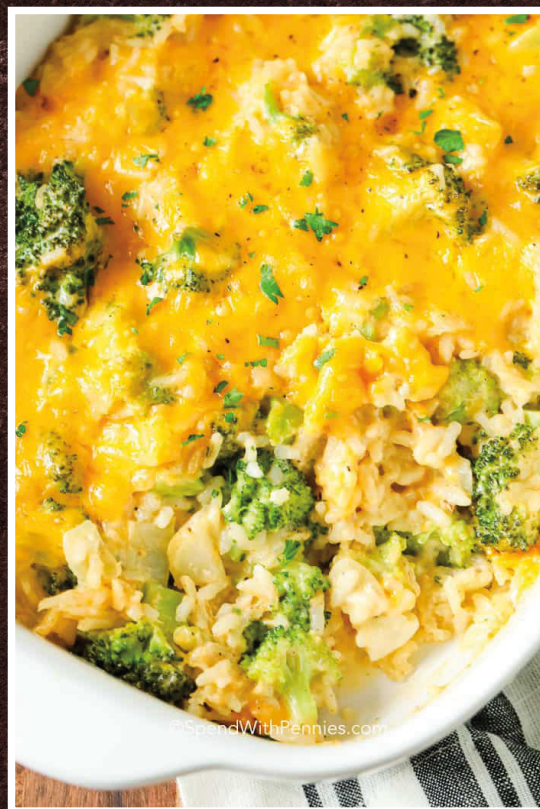
1. Lightly grease or spray 13x9 inch baking dish. Layer ham, cheese, green onion and asparagus in dish.
2. Whisk milk into baking mix a little at a time so mixture doesn't get lumpy. Whisk in eggs just until blended. Pour mixture carefully over ingredients in baking dish.
3. Bake in a preheated 400 degrees oven until puffed and golden brown and a knife inserted in center comes out clean, 35 to 45 minutes.
4. Let cool 5 minutes before slicing and serving.

Assel Sprouts - And Grilling Meat and Vegetables

Cheesy Broccoli Rice Casserole

Ingredients

8 ounces processed cheese, cubed
1 (10.75 ounce) can cream of chicken soup
1 cup cooked wild rice
1 (10 ounce package frozen chopped broccoli, thawed)
½ cup chopped onion
½ cup chopped celery
1 dash hot sauce
Ground black pepper to taste
1 (2.8 ounce) can French-fried onions



Directions

1. Place cheese in a 2-quart microwave-safe casserole dish; cook in microwave until mostly melted, 1 to 2 minutes. Stir in chicken soup, wild rice, broccoli, chopped onion, celery, hot sauce and black pepper.
2. Microwave until fully cooked and bubbling, 12 to 14 minutes, rotating halfway through cooking. Sprinkle French-fried onions over casserole; cook for 1 more minute.



"When I am cooking at home, I prefer to do a lot of grilling. You can grill anything! Vegetables on the grill are my favorite."

- Jessica Sass

In a Summer of Powwows and Gatherings, A Renewal of Native American Traditions

By Gary P. Taylor, SCTCA TANF

On reservations throughout San Diego County, the summer brought a return of Native American Powwows and Gatherings.

It had been two years since there were any on the reservations. The COVID-19 pandemic in 2020 had caused the cancellation of all Powwows and Gatherings last year.

But this summer, there was a renewal of Native American traditions.

At Powwows and Gatherings from Viejas in the south to Pala in the north, hundreds of Native Americans returned to celebrate their culture. This year, there wasn't as many dancers in their traditional colorful dress as in previous years. But there were Birdsingers, traditional foods, softball tournaments, Peon contests, vendors selling jewelry, clothes, blankets, shirts and other items.

There were also more games and events for children this year, who splashed in the water, ran on the grass and on playgrounds and enjoyed rides.

On this and the following pages are photographs from Powwows and Gatherings on the Rincon, Barona and Viejas Indian reservations this summer – a summer of celebration and renewal.



Rincon Fiesta, August



Clockwise: Children on ride, Rincon; softball game, Rincon; Waterpark, Barona; backpack on display, Barona; kids at the playground, Barona.



Top: Dancing to the Birdsingers,
Viejas; lower right: Blanket
on display, Viejas; lower left:
Birdsingers at Rincon

The **drums** will always **beat**
loudly in our **hearts** even through
the **noise** of the world, and every
time your **feet** touch our **Mother**
Earth our **souls** will feel the pull
of those who **walked** before us.

-William WindWalker



Storytelling: A Native American Tradition Comes to the City

By Gary P. Taylor, SCTCA TANF

At the far western end of Balboa Park in San Diego, Randy Edmonds sat under the shade of a large tree with thick, sprawling limbs.

He sat at the head of a circle of about 20 people on an unusually cool July afternoon. They had come to listen to Edmonds tell stories.



Randy Edmonds, right, opens book for his son Larry

Edmonds, *Kiowa-Caddo*, is well-known for his long-standing contributions to the Native American community in San Diego. He has been telling stories about Native American culture and traditions for decades. His narration of the short film *Crow: The Legend*, gained him an Emmy Award three years ago.

At Balboa Park, Edmonds sat comfortably on a folding chair with a bag of books at his side. He had a portable microphone, and his deep voice was easily heard above the sounds of the city.

“Many of these stories have come to us not in the written word, but only through the spoken word,” he told his listeners. “They were told by our ancestors to their children, and from their children to their children, and so on and on through the generations, even until now.”

Edmonds read from a book on stories from the Kiowa, and before he read them he would explain what the stories meant to the tribe, how the stories came to be and why they are important.

At one point, he handed a book to his son Larry, who stood next to his father and began reading an ancient Kiowa story about how Bear Claw Mountain in Wyoming came to get its name. The mountain – nicknamed Devil’s Tower by white settlers in the 1870’s – was declared a national monument in 1906. It rises above the valley floor like a huge, spherical rock, with long, jagged gashes etched into its sides.

In the story, seven Kiowa girls who are lost in the valley are running from the onslaught of several giant bears who are chasing them. They step onto a large boulder, and as they are praying to the Great Spirit, a huge, smooth rock begins to rise below them. The *Tree Rock*, as it is called by the Kiowa, ascended a thousand feet towards the sky and beyond the reach of the girls’ ferocious pursuers.

Seeing this, the bears, enraged, try to climb the rock. But they keep slipping on its smooth sides, dragging their claws down the mountain as they tried again and again to reach their prey. At last, the bears give up, leaving the girls safe at the top, and the sheer rock gouged with their giant claws.

Edmonds ended the stories a few minutes later as they had begun – under the shade of a big tree. It was a Native American tradition continuing, as it has for generations and generations and generations.



Randy Edmonds, seated in center, telling a story

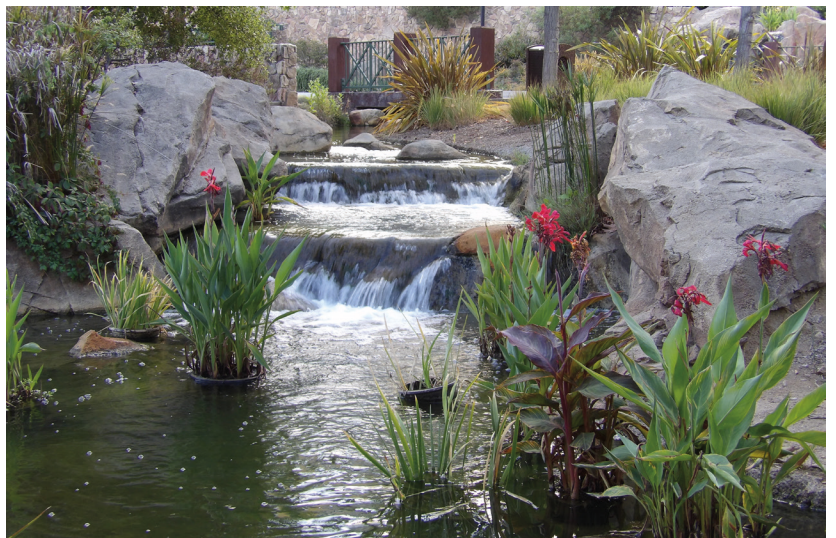
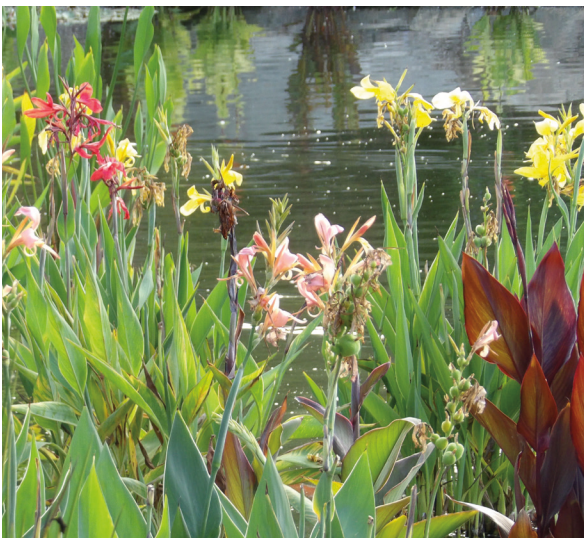
At Barona, A Quiet in the Pond

Photo essay by Autumncloud Taylor, Iipay Nation of Santa Ysabel

Although the bright lights and sounds of the Barona Resort & Casino are just yards away, there is a quiet in a nearby pond.

At dusk on a warm August night, there are only a few ducks paddling across the pond. Below the surface, visible from a trail close by, are gold and salmon-colored fish, darting near the ducks.

The fish also swim around the brightly colored flowers and plants in the pond. Sometimes they come near the surface around a small waterfall on the far end of the pond. As the water splashes across the rocks, it is the only constant sound on a summer evening in the quiet of a pond.



Class Calendars

October 1st - 31st, 2021

Two Directions, Inc.

2021 CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
Space #8 Classroom 1 Classes				
	Life Skills 8:30—10:30 Laura Rizza			Tribal Culture 8:30—10:30 Heather Turnbull
*Classes held IN-PERSON / Virtual/ and Distance Learning				
Break 10:30-10:45				
	Culture Class 10:45-12:45 Heather Turnbull		Tribal Culture 10:45—12:45 Heather Turnbull	Indep. Tribal Culture 10:45-12:45
Break 12:45-1:00 pm				
	Independent Culture 1:00-4:00		Indep. Tribal Culture 1:00-4:00	

October 1st - 31st, 2021

Two Directions, Inc.

2021 CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
Space #8 Classroom 2 Classes				
Study Hall	Study Hall	Study Hall	Study Hall	Diploma / HiSet/ *ABE 9:45—12:45 Josh M.
	DMV Prep. 10:45-12:45 Laura Rizza		Diploma / HiSet/ *ABE 10:30-12:30 Josh M.	No classes
Study Hall	Study Hall	Study Hall *Adult Basic Education	Study Hall	No classes *Adult Basic Education
*Classes held IN-PERSON / Virtual/ and Distance Learning				

October 1st - 31st, 2021

Two Directions, Inc.

2021 CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
Space #39 Computer Lab Classes				
Self Paced Class 8:30-10:30 Staff	Computers 8:30-10:30 L.Rizza	Intro to PC's 8:30-10:30	Computers 8:30-10:30 L.Rizza	10 Key Class 8:30-10:30 L.Rizza
Break 10:30—10:45				
Self Paced Class 10:45-12:45 Staff	Computers 10:45-12:45 L.Rizza	Intro to PC's 10:45-12:45	Computers 10:30-12:45 L.Rizza	Keyboarding 10:45-12:45 L.Rizza
Break 12:45-1:00				
Self Paced Class 1:00—4:00 Staff	Self Paced Class 1:00—4:00 Staff	Computers Lab 1:00—4:00 OPEN LAB	Self Paced Class 1:00—4:00 Staff	Computer Class closed @12:45 pm on Friday's
*Classes held IN-PERSON / Virtual/ and Distance Learning				

TWO DIRECTIONS COMPUTER LABS ARE OPEN AT ALL TIMES DURING BUSINESS HOURS.
MAKE SURE TO SIGN IN AND OUT TO RECEIVE WORK PARTICIPATION HOURS.

35008 Pala Temecula Road PMB 4 Pala, CA 92059
Phone (760) 749-1196 Fax(760) 749-9152
Email: staff@twodirections.com

OFFICE CLOSURES:

OCTOBER 2021 CALENDAR

PH: (760) 737-0113
FX: (760) 737-0581

BG ASSOCIATES INC.
201 E. GRAND AVE., SUITE 2D
ESCONDIDO, CA 92025
BGASSOCIATESINC.COM

MONDAY-FRIDAY
8:30AM-4:00PM

BG ASSOCIATES INC. PROVIDES
INDIVIDUALIZED LEARNING TO
ACCOMMODATE THE SCHEDULE &
NEEDS OF PARTICIPANTS.

CLASSES & TIMES ARE SUBJECT TO
CHANGE DUE TO COVID 19
RESTRICTIONS.

FOR CLASS INFORMATION, CONTACT KAYLEIGH at KGUACHENA@BGASSOCIATESINC.COM.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
IN PERSON CLASSES *OPEN LAB / JOB SEARCH / APPLIED SKILLS 8:30AM-4PM (VARIES BY CLIENT) VIRTUAL CLASSES IN PERSON AND VIRTUAL SPANISH 9AM-11AM (available online/app & can be tracked by instructor) PHILLIP ROY: HEALTH CARE 9AM-11AM (lessons can be emailed) KEYBOARDING 9AM-12PM (available online & can be tracked by instructor) ABE/GED 9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting) APPLIED SKILL PRACTICE (GED) 11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting) *TUTORING ASSISTANCE (BY APPOINTMENT ONLY) via Zoom, Google Meet, or other form of virtual face to face meeting)	IN PERSON CLASSES *OPEN LAB / JOB SEARCH / APPLIED SKILLS 8:30AM-4PM (VARIES BY CLIENT) VIRTUAL CLASSES IN PERSON AND VIRTUAL LIFE SKILLS: (via Zoom, Google Meet, or other form of virtual face to face meeting) WHAT COLOR IS MY PARACHUTE 9-11AM PRACTICAL LIFE SKILLS 11:30AM-1:30PM SPANISH 9AM-11AM (available online/app & can be tracked by instructor) SELF-SUFFICIENCY: FINANCIAL FREEDOM 9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting) KEYBOARDING 9AM-12PM (available online & can be tracked by instructor) *TUTORING ASSISTANCE (BY APPOINTMENT ONLY) via Zoom, Google Meet, or other form of virtual face to face meeting)	IN PERSON CLASSES *OPEN LAB / JOB SEARCH / APPLIED SKILLS 8:30AM-4PM (VARIES BY CLIENT) VIRTUAL CLASSES IN PERSON AND VIRTUAL SPANISH 9AM-11AM (available online/app & can be tracked by instructor) PHILLIP ROY: Are You Ready to Own Your Own Business? 9AM-11AM (lessons can be emailed) KEYBOARDING 9AM-12PM (available online & can be tracked by instructor) ABE/GED 9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting) APPLIED SKILL PRACTICE (GED) 11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting) *TUTORING ASSISTANCE (BY APPOINTMENT ONLY) via Zoom, Google Meet, or other form of virtual face to face meeting)	IN PERSON CLASSES *OPEN LAB / JOB SEARCH / APPLIED SKILLS 8:30AM-4PM (VARIES BY CLIENT) VIRTUAL CLASSES IN PERSON AND VIRTUAL COMPUTER SKILLS (GENERAL) 9AM-12PM (via Zoom, Google Meet, or other form of virtual face to face meeting) PHILLIP ROY: HEALTH CARE 9AM-11AM (lessons can be emailed) MATH/ENGLISH REFRESHER 12PM-2PM (via Zoom, Google Meet, or other form of virtual face to face meeting) *TUTORING ASSISTANCE (BY APPOINTMENT ONLY) via Zoom, Google Meet, or other form of virtual face to face meeting)	IN PERSON CLASSES *OPEN LAB / JOB SEARCH / APPLIED SKILLS 8:30AM-4PM (VARIES BY CLIENT) VIRTUAL CLASSES IN PERSON AND VIRTUAL SPANISH 9AM-11AM (available online/app & can be tracked by instructor) PHILLIP ROY: Are You Ready to Own Your Own Business? 9AM-11AM (lessons can be emailed) KEYBOARDING 9AM-12PM (available online & can be tracked by instructor) ABE/GED 9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting) APPLIED SKILL PRACTICE (GED) 11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting) *TUTORING ASSISTANCE (BY APPOINTMENT ONLY) via Zoom, Google Meet, or other form of virtual face to face meeting)

OCT. 2021

SCAIR Weekly Calendar
Serving the Native American
Community Since 1997



SCAIR, Inc.
239 E. Main St. | El Cajon, CA 92020
Monday-Friday | 8:00am-4:00pm
888.21.SCAIR | 619.328.0676
www.SCAIRinc.org

MONDAY

8:00am-4:00pm
In-Person or Virtual Classes Available
 Career Training Services
 Computer Training Services
 Academic Tutorial Services
 Cultural Education
 Emergency Supportive Services
 Life Skills Training
 Youth Services
Appointment via Tele-Medicine Only
 Counseling Services

THURSDAY

8:00am-4:00pm
In-Person or Virtual Classes Available
 Career Training Services
 Computer Training Services
 Academic Tutorial Services
 Cultural Education
 Emergency Supportive Services
 Life Skills Training
 Youth Services
Appointment via Tele-Medicine Only
 Counseling Services

1st Thursday | 4:00pm-4:30pm
Sacred Pipe TUPE Program Zoom Class
3rd Thursday | 2:00pm
Sacred Pipe TUPE Packet Drop-Off
 (SDAIC)

TUESDAY

8:00am-4:00pm
In-Person or Virtual Classes Available
 Career Training Services
 Computer Training Services
 Academic Tutorial Services
 Cultural Education
 Emergency Supportive Services
 Life Skills Training
 Youth Services
Appointment via Tele-Medicine Only
 Counseling Services

FRIDAY

8:00am-4:00pm
In-Person or Virtual Classes Available
 Career Training Services
 Computer Training Services
 Academic Tutorial Services
 Cultural Education
 Emergency Supportive Services
 Life Skills Training
 Youth Services
Appointment via Tele-Medicine Only
 Counseling Services

WEDNESDAY

8:00am-4:00pm
In-Person or Virtual Classes Available
 Career Training Services
 Computer Training Services
 Academic Tutorial Services
 Cultural Education
 Emergency Supportive Services
 Life Skills Training
 Youth Services
Appointment via Tele-Medicine Only
 Counseling Services

Please visit www.SCAIRinc.org for more
information about SCAIR's 8 Programs:

Native NetWORKS Program
Tribal TANF Program
**American Indian Education Centers
 (AIEC) Program**
**Sacred Pipe Tobacco-Use Prevention
 Education (TUPE) Program**
Howka Community Service Block
Grant (CSBG) Program
Emergency Food & Shelter Program

Santa Ynez

Santa Ynez – SCTCA TANF • 185 W. Highway 246, Suite 102, Buellton, CA. 93427
Office Hours Monday - Friday, 8am–4:30pm • Phone: (805) 688-1756 • Fax: (805) 688-6827

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Office Hours: 8AM - 4:30PM	Office Hours: 8AM - 4:30PM	Office Hours: 8AM - 4:30PM	Office Hours: 8AM - 4:30PM	Office Hours: 8AM - 4:30PM
	CAREER DEVELOPMENT 10AM - 1PM*	PARENTING 1PM - 3PM*	CAREER DEVELOPMENT 10AM - 1PM*	
JOB SEARCH**	JOB SEARCH**	JOB SEARCH**	JOB SEARCH**	JOB SEARCH**

* By Appointment Only

** Must be Pre-Approved

Manzanita

Manzanita SCTCA Tribal Training Program • 39 A Crestwood, Boulevard, CA
Phone: (619) 766-3236

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Culture/ Entrepreneurial Class 9AM–12PM	GED Prep 10AM–1PM	World of Work 9AM–12PM	GED Prep 10AM–1PM	Tutorial 9AM–12PM
Native Arts & Crafts 12:30PM–3:30PM	Computers 10AM–1PM	GED Prep 12:30PM–3:30PM	Computers 10AM–1PM	
	Parenting Class 12:30PM–3:30PM			

Commodity Distribution Schedule October 2021



Cliffside, overlooking the beach at Del Mar

DATE	LOCATION	TIME
OCTOBER 5, TUESDAY	CAMPO	10 AM – 12 PM
OCTOBER 7, THURSDAY	SAN PASQUAL	8 AM – 12 PM
OCTOBER 11, MONDAY	LOS COYOTES LA JOLLA	9 AM – 10 AM 11 AM – 12 PM
OCTOBER 13, WEDNESDAY	RINCON	8 AM – 12 PM
OCTOBER 14, THURSDAY	PECHANGA PAUMA	9 AM – 10 AM 10:30 AM – 11:30 AM
OCTOBER 18, MONDAY	PALA	9 AM – 11:30 AM
OCTOBER 20, WEDNESDAY	MANZANITA/LA POSTA OLD CAMPO	9:45 AM – 11 AM 11:30 AM – 12:30 PM
OCTOBER 21, THURSDAY	VIEJAS BARONA	9 AM – 10 AM 11 AM – 12 PM
OCTOBER 25, MONDAY	MESA GRANDE SANTA YSABEL	9 AM – 10 AM 11 AM – 12 PM



Coming in November:

- Reflections on Native American Heritage Month
- An Update on the movie *Killers of the Flower Moon*
- Domestic Violence Awareness in Tribal Communities