

## San Pasqual College Fair Attracts Native American Students

*By Gary P. Taylor, SCTCA TANF*

It was early on a warm September evening when a few teenage Native American girls approached one of the booths at the College Fair on the San Pasqual Indian Reservation.

It was a booth featuring information, brochures, booklets, banners, stickers and pens from California State University Fullerton in Orange County.

Christina Anchondo, an Outreach and Recruitment Counselor from the university's Division of Students Affairs, asked the girls a question. "Have you heard of our university?" she wondered.

No, the girls replied, smiling.

"Have you heard of Gwen Stefani, the singer?" Anchondo asked. "She went to Fullerton."

Again, the girls said no, they did not know Stefani (the former lead singer of the rock group No Doubt.)

But they stayed and listened as Anchondo told them about Fullerton and what the university could offer them



academically. When she was done, the girls took some of the stickers and pens and the university folder laid out on the table.

Anchondo was pleased.

"We have a student body of about 40,000 full-time and part-time students," she said. "Of that, we probably have around 50 Native American students."

That would represent less than 1/10 of one percent of the student body, she noted.

"That's just unacceptably low," she declared. "That's why we're here at this College Fair. We want more Native Americans to come our university."

Anchondo was one of a dozen representatives from ten colleges, universities, trade schools and vocational schools that had booths at the College Fair. They spread out their booths throughout a gently-sloping yard near the tribe's Education Building.

For two hours, students from San Pasqual, Santa Ysabel, Pauma, Pala, Rincon and other reservations dropped by the

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## Tribes Begin To Prepare For Upcoming 2020 Census

*By Gary P. Taylor, SCTCA TANF*

With the 2020 Census just a few months away, tribes across the nation are preparing their members to respond to the once-a-decade count.

In Southern California, the Los Angeles Regional Census Center is collaborating with California Census Tribal Consultation to conduct Tribal Liaison training sessions. One of those sessions was held in early September at the Pala Casino Hotel & Resort.

The four-hour session drew more than 60 tribal leaders and representatives from throughout the region, including tribes in San Diego and Riverside counties. The conference was split into two separate sessions – one for Census

(Continued on page 2)





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The purpose of the Tribal TANF Newsletter is to provide the tribal communities with information about services provided by the TANF Programs and other important issues concerning our rural/urban communities and families.

SCTCA provides services to San Diego and Santa Barbara Counties and the following reservations:

|              |              |
|--------------|--------------|
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| Campo        | Ewiiapaayp   |
| Inaja/Cosmit | Jamul        |
| La Jolla     | La Posta     |
| Los Coyotes  | Manzanita    |
| Mesa Grande  | Pala         |
| Pauma        | Rincon       |
| San Pasqual  | Santa Ysabel |
| Santa Rosa   | Santa Ynez   |
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# SCAIR Hosts Open House At El Cajon Office

The Southern California American Indian Resources Center (SCAIR) hosted an Open House at its El Cajon office in mid-September.

The three-hour mid-day event drew dozens of people to the organization's Main Street office. Guests included tribal leaders, elders, educators and individuals who use some of the services provided by SCAIR. Those services include individual counseling, couple's counseling, pre-marital counseling, group counseling and career counseling. In addition, SCAIR offers courses in resume development training, ready to work training, Quickbooks certification training and Microsoft Computer Certification training.

Other courses include academic tutoring, traditional parenting pre-training, career development and individual training planning.

Guests at the Open House were able to view the office, its computer training stations and classroom areas. In addition, individuals were able to view or take home brochures, pamphlets and booklets on various topics including academics, career options, nutrition, physical and mental health, child care and parenting.

- Gary P. Taylor





# National Tribal Health Conference Draws Hundreds In Pechanga



The 36th Annual National Tribal Health Conference was held in mid-September at the Pechanga Resort Casino in Temecula.

The three-day event drew hundreds of people, including tribal leaders and members from throughout Southern California. Tribal members from Northern California, Arizona, Washington, Oregon and several other states from across the nation attended the conference located in the new wing of the hotel.

During the three days, workshops and discussions were conducted on a wide range of health issues affecting Native Americans, including treating diabetes, nutrition and diet, exercise, lowering blood pressure and cholesterol levels and countering alcohol and substance abuse. There were also sessions on wellness and maintaining physical fitness and emotional health. Several speakers also addressed topics ranging from the Census to historical trauma.

The conference also drew numerous vendors, Native American and non-Native, who provided information, brochures and pamphlets on health insurance, medical treatments, educational opportunities and various other health-related issues.

There were also Native American crafts, including jewelry, traditional dresses, blankets and art.

The National Tribal Health Conference is an annual event that seeks to bring the latest medical information, treatments, issues and policies to Native Americans throughout the country. ■

- Gary P. Taylor

## — DISPATCHES — California



In mid-June, Governor Gavin Newsom apologized on behalf of the state “for the many instances of violence, mistreatment and neglect inflicted upon California Native Americans throughout the state’s history.”

The apology was issued through an executive order. In that same order, Newsom also announced the “creation of a Truth and Healing Council to provide an avenue for California Native Americans to clarify the record – and provide their historical perspective – on the troubled relationship between tribes and the state,” according to an official statement from the Governor’s office.

The statement declared, “This is the first time a state has taken dual action to correct the historical record and acknowledge wrongdoing through executive order mandate and a tribally-led, consultation-informed council.”

In his apology, Newsom noted that “California must reckon with our dark history. California Native American peoples suffered violence, discrimination and exploitation sanctioned by state government throughout its history. We can never undo the wrongs inflicted on the peoples who have lived on this land that we now call California since time immemorial, but we can work together to build bridges, tell the truth about our past and begin to heal deep wounds.”

Newsom’s statement recognizes what he called a “genocide” in the decades of bloody and violent run-up to California statehood in 1850, when Native American tribes were regularly subjected to what historians say was a systematic effort to destroy their communities and seize their lands.

The governor’s office notes that in 1850, California passed a law called the “Act for the Government and Protection of the Indians,” which essentially green-lighted efforts to remove California Native Americans from their tribal territories, “separating children and adults from their families, languages and culture, and creating a system of indentured servitude as punishment for minor crimes such as loitering.”

What that led to was a decade-long, systematic campaign of violence against Native Americans and the attempted destruction of Indian culture, customs and traditions.

Between 1850 and 1859, governors of California called for private and militia campaigns against Native peoples in the state. In his 1851 State of the State Address, California’s first Governor, Peter Burnett, declared “[t]hat a war of extermination will continue to be waged between the two races until the Indian race becomes extinct must be expected.” Newsom’s statement also acknowledges that “the State of California’s laws and policies discriminating against Native Americans and denying the existence of tribal government powers persisted well into the 20th century.”

The apology comes 170 years after California was declared a state, and more than 150 years after the mass killings and relocation of Native Americans throughout the state.

It is also a statement that should have been made a century ago, but never was. It is an apology for a history that never should have been ignored, a history drenched in blood and destruction and shame. ■

- Gary P. Taylor

# Tribes Begin To Prepare For

information from the state and the other for information from the federal government. Both sessions focused on providing tribal representatives with details on how the Census affects Native Americans and why it is important for Indians to be counted.

"The Decennial Census is critical not only to the State of California but to tribal governments as well," declared Julie A. Lam, Regional Director of the Los Angeles Regional Census Center. "The Census determines reapportionment for the House of Representatives and over \$675 billion dollars in federal funds distribution."

Lam added that the Regional Census Center "is excited to collaborate with California tribes to ensure a complete and accurate Census by counting everyone once, only once and in the right place."

## The 2020 Census and Confidentiality

***Your responses to the 2020 Census are safe, secure, and protected by federal law. Your answers can only be used to produce statistics—they cannot be used against you in any way. By law, all responses to U.S. Census Bureau household and business surveys are kept completely confidential.***

### Respond to the 2020 Census to shape the future.

Responding to the census helps communities get the funding they need and helps businesses make data-driven decisions that grow the economy. Census data impact our daily lives, informing important decisions about funding for services and infrastructure in your community, including health care, senior centers, jobs, political representation, roads, schools, and businesses. More than \$675 billion in federal funding flows back to states and local communities each year based on census data.



### Your census responses are safe and secure.

The Census Bureau is required by law to protect any personal information we collect and keep it strictly confidential. The Census Bureau can only use your answers to produce statistics. In fact, every Census Bureau employee takes an oath to protect your personal information for life. Your answers cannot be used for law enforcement purposes or to determine your personal eligibility for government benefits.

### By law, your responses cannot be used against you.

By law, your census responses cannot be used against you by any government agency or court in any way—not by the Federal Bureau of Investigation (FBI), not by the Central Intelligence Agency (CIA), not by the Department of Homeland Security (DHS), and not by U.S. Immigration and Customs Enforcement (ICE). The law requires the Census Bureau to keep your information confidential and use your responses only to produce statistics.

During the conference, tribal representatives asked state and federal officials questions about a wide variety of Census issues, including how the count will be conducted on reservations, completing the Census paperwork and matters of confidentiality.

Several tribal members pointed out confidentiality is one of the main reasons tribal members often refuse to complete a Census survey or answer any questions from Census officials who either call or appear at their home, either on or off the reservation.

Mark A. Cervantes, Tribal Partnership Specialist, San Diego County, U.S. Census Bureau, acknowledged the reluctance of some tribal members to respond, but he noted the Census itself declares that no personal information can be shared.

"Under Title 13 of the U.S. Code, the Census Bureau cannot release any identifiable information about individuals, households, or businesses, even to law enforcement agencies," the Bureau noted. "The law states that the information collected may only be used for statistical purposes and no other purpose."

In addition, the Bureau emphasized that "all Census staff take a lifetime oath to protect your personal information, and any violation comes with a penalty of up to \$250,000 and/or up to five years in prison."

Census officials also noted that, for the first time, individuals will be able to respond to the Census online. If tribal members do not want to fill out any paperwork or respond over the phone or in person, they will be able to answer Census questions online.

The official date of the 2020 Census is April 1, 2020.



# Upcoming 2020 Census

By Gary P. Taylor, SCTCA TANF



## Did You Know?

- Census data is the basis for over \$1 billion dollars that annually flows into **Indian Country** to build tribal **housing** and make improvements, maintain and construct **roads**, and provide **employment and training** programs.
- American Indians and Alaska Natives historically have experienced some of the **highest Census undercount rates** of any population in the U.S.
- American Indians were generally **not counted up until 1890** and then substantially undercounted until about 1980 when all U.S. residents were allowed to indicate their own race rather than having it determined by a census enumerator.
- Census answers are **private and confidential**: by law, the Census Bureau cannot share an individual's or a household's answers with any person or agency, e.g. not the IRS, not law enforcement entities, nor tribal housing authorities.

Source: NCAI Indian Country Counts

## CENSUS DAY: APRIL 1, 2020

### How to Be Counted as American Indian or Alaska Native in the 2020 Census

**Selecting American Indian or Alaska Native (AI/AN) on the 2020 census form is a matter of self-identification.** No proof is required. No one will ask you to show a tribal enrollment card or a Certificate of Degree of Indian Blood (CDIB).

**Householder Question** - Whether a household is counted as an AI/AN household depends entirely on the race of "Person 1" the first person listed on the census form. If that person says he or she is AI/AN, then the household will be counted as one with an AI/AN "householder."

**Option to Check Multiple Race Boxes** - The option to check off multiple races means that an AI/AN person can identify as both Native and as a member of another race, such as white, Black or Asian.

- If the person checks off only the AI/AN box on the form, the person counts as **AI/AN "Alone"** meaning that this is the person's only race. If the person checks the AI/AN box and one or more boxes for another race, the person is included in the count as **AI/AN "Alone or in Combination"** (with one or more other races.)
- The Census Bureau does publish information on the "Alone or in Combination" population. However, many standard profiles of the population lump those who check AI/AN and another racial group into a single category as "Two or More Races," along with all non-Indians who also report multiple races.



#NativePeopleCount  
#CACensus2020  
#Census2020

*The only way to ensure that you are included in all the counts as American Indian or Alaska Native is to check just that **ONE** box on the form.*

Source: NCAI Indian Country Counts



#NativePeopleCount  
#CACensus2020  
#Census2020

California Indian Manpower Consortium, Inc.

[www.cimcinc.org/NativePeopleCount.html](http://www.cimcinc.org/NativePeopleCount.html)



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## CENSUS DAY: APRIL 1, 2020

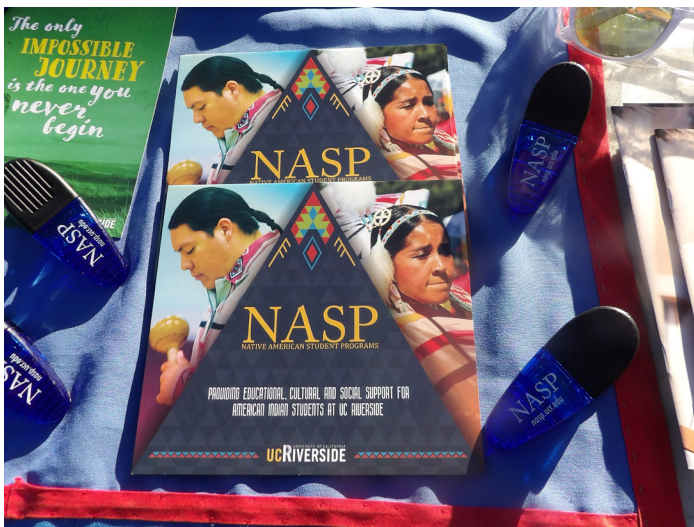


# San Pasqual College Fair Attracts Native American Students

booths and listened to representatives tell them about their schools. Most of the students were in high school, but there were also quite a few middle school boys and girls who also attended the event.

Joshua Gonzales, Director of Native American Student Programs at the University of California Riverside, emphasized the various academic and cultural programs for Indians available at the university.

He was handing out copies of the colorful Summer 2019 edition of UCR, the university's magazine, pointing out an article on efforts to increase attendance rates among Native American students.







"We are doing everything we can to bring more Native American students to our university," Gonzales said. "We want Native Americans to know we have cultural activities, we have events and activities that celebrate the culture and traditions of their ancestors and families."

Several of the students stopped by every booth and took whatever information was provided by the representatives.

"Take whatever you like," Rosa Barr-Williams, Admissions Officer at California State University San Marcos, told any student who came to her booth.

Barr-Williams said she enjoyed coming to the College Fair to talk to Native American students in particular about educational opportunities.

"A lot of the kids know exactly where we are, but they don't all the things we have to offer them as Native American students," she said, as she answered questions from students about various majors and courses of study.

Also in attendance at the College Fair were representatives from the University of California San Diego; Arizona State University; Palomar College; Mira Costa College; Redlands University; and California State University San Bernardino.





# Rincon Food Distribution Provides Fall Recipes – And A New Product

If it's fall, it's time for several new recipes from Southern California Tribal Chairmen's Association (SCTCA) Rincon Food Distribution.

Throughout September, recipes for three dishes have been provided at the Food Distribution office on the Rincon Indian Reservation. One of the recipes was prepared onsite and given to those receiving their monthly food items.

"We gave several people the pulled pork stew as soon as it was ready," Sass said. "They really liked it."

Sass prepared the stew using ingredients from the food-stuffs and products provided through Food Distribution. All the ingredients were placed on a table near the stove, showing everyone who passed by every ingredient required in the recipe.

In addition to the recipes, Food Distribution also has a new product for recipients – fresh eggs.

"Instead of powdered eggs, now we have fresh eggs in a carton," said Susie Linton, Food Distribution Director.

No eggs are needed for the following three recipes – but there is a lot of vegetables and meat:

- Gary P. Taylor



## BROCCOLI AND CORN BAKE

MAKES ABOUT 6 SERVINGS

### Ingredients

Nonstick cooking spray  
1 can (14 ¾ ounces) low sodium cream style corn  
1 package (10 ounces frozen broccoli, cooked)  
1 egg, beaten  
½ cup crackers (like saltines), crushed  
¼ cup margarine  
Topping  
6 crackers (like saltines), crushed  
1 tablespoon melted margarine

### Directions:

Preheat oven to 350 degrees F. Spray ½ quart casserole dish with nonstick cooking spray. Mix corn, broccoli, egg, cracker crumbs and margarine together and place in casserole dish. Mix topping ingredients together in small bowl. Sprinkle over corn mixture. Bake for 40 minutes. Serve warm.

## MASHED CAULIFLOWER

SERVES 4



Mashed cauliflower tastes similar to mashed potatoes but with fewer carbs. Top with chopped herbs and grated cheese if you like.

### Ingredients:

1 medium head cauliflower, trimmed and cut into small florets (about 6 to 7 cups)  
1 tablespoon extra virgin olive oil  
Sea salt and ground black pepper, to taste

### Directions:

Bring a large pot of salted water to a boil. Add cauliflower and cook until very tender, about 10 minutes. Reserve ¼ cup of the cooking liquid and then drain well and transfer cauliflower to a food processor. Add oil and reserved water, 1 tablespoon at a time and puree until smooth. (Or mash cauliflower with a potato masher). Season with salt and pepper and serve.

### Nutritional Information:

Per serving: 110 calories (80 from fat), 9g total fat, 1g saturated fat, 0mg cholesterol, 330mg sodium, 8g carbohydrates (3g dietary fiber, 3g sugar), 3g protein







### **Pulled Pork Sandwich with Cabbage and Carrot Slaw**

*Makes 8 servings*

#### **Ingredients**

2 lbs thawed, fully cooked pulled pork  
8 whole wheat dinner rolls or slider buns  
1 head cabbage, shredded  
2 carrots, shredded  
1/4 cup vegetable oil  
1/4 cup vinegar  
1/4 teaspoon salt  
1/4 teaspoon black pepper

#### **Directions**

1. Heat thawed pulled pork to the temperature recommended by the manufacturer and set aside.
2. In a medium bowl, mix the shredded cabbage and carrots.
3. In a small bowl, mix the vegetable oil, vinegar, salt and pepper.
4. Add the dressing to the cabbage mixture and coat thoroughly.
5. To make a sandwich, add pulled pork to the bottom sandwich bun and top with 1-2 tablespoons of slaw. Place the top portion of the bun on the slaw and enjoy!

*Recipe adapted from SNAP Recipes. Food and Nutrition Services. United States Department of Agriculture*

### **Pulled Pork Chile Stew**

*Makes 6 servings*

#### **Ingredients**

2 tablespoons vegetable oil  
1 yellow onion, diced  
1 cup carrots, diced  
2 chile peppers, diced (Hatch or jalapeño)  
3 cloves garlic, diced  
Salt and pepper, to taste  
1 1/2 lbs cooked pulled pork  
1/4 cup all-purpose flour  
4 cups chicken broth  
1 (15 ounce) can diced tomatoes  
2 cups potatoes, cubed  
1/2 teaspoon ground cumin

#### **Directions**

1. In a large pot, heat oil over medium heat. Add onion and carrot and cook for 5 minutes. Add chile peppers and garlic and cook for 2 minutes.
2. Season with salt and pepper. Stir in pulled pork and all-purpose flour.
3. Slowly stir in the chicken broth then add the tomatoes, potatoes, and cumin.
4. Bring the stew to a boil then reduce the heat and cover.
5. Simmer for 20-25 minutes. Stir every 5 minutes until potatoes are tender.

*Recipe adapted from All Recipes*

# Red Cloud's Visit To The White House: Strong Words Against Broken Promises

By Gary P. Taylor, SCTCA TANF

In the summer of 1870, the Sioux Chief Red Cloud was invited to the White House to meet with President Ulysses S. Grant.

The Warrior Chief was not inclined to go.

He did not want to travel to Washington, did not want to hear more promises from the Great White Father or those around him.

But as the days passed, Red Cloud began to reconsider. Perhaps it would be wise to meet with the Great White Father so he could tell him directly that the Sioux did not want a reservation on the Missouri and did not want the white man to take their land.

Dee Brown, in his book *Bury My Heart At Wounded Knee*, recounts the trip:

*"Red Cloud selected 15 Oglalas to accompany him, and on May 26 the party boarded a special coach on the Union Pacific and started the long journey eastward. It was a great experience, riding on their old enemy the Iron Horse. Omaha (a city named for Indians) was a beehive of white people, and Chicago (another Indian name) was terrifying with its noise and confusion and buildings that seemed to reach to the sky. The white men were as thick and numerous and aimless as grasshoppers, moving always in a hurry but never seeming to get to whatever place they were going to."*

After a five-day trip, Red Cloud and the Oglalas arrived in Washington. They were greeted by Ely Parker, Commissioner of Indian Affairs, who was a Seneca Chief. His Indian name was Donehogawa, and he had been at Grant's side since the Civil War, even drawing up the terms of surrender presented to Confederate General Robert E. Lee at Appomattox.

Red Cloud did not trust or distrust Parker; he did not know him. But he had heard of him, knew he was close



Red Cloud

to the Great White Father – and was impressed that Parker could read and write as well or better than most white men.

The day after their arrival, Parker took Red Cloud and the Oglalas on a tour of Washington, including visiting the United States Senate, the Navy Yard and the Arsenal. They were then greeted by Grant at a White House reception later that night that was attended by not only the President and Congressmen, cabinet members and other government officials but by foreign diplomats as well.

Brown, in his book, wryly noted the large reception was only partly a grand gesture, as it was filled with guests "who had come to stare at these wild men in the midst of Washington."

Red Cloud did not meet with Grant alone that night; that would come several days later. But in the days before, the Sioux Chief met with various government officials, including the Secretary of Interior Jacob Cox. Red Cloud did not trust him, or any other Interior officials, and he delivered an impassioned speech before them. Some excerpts, from *Bury My Heart At Wounded Knee*:

*"I was raised on this land where the sun rises – now I come from where the sun sets. Whose voice was first sounded on this land? The voice of the red people who had but bows and arrows. The Great Father says he is good and kind to us. I don't think so. I am good to his white people. From the word sent me I have come all the way to his house. My face is red; yours is white. The Great Spirit has made you to read and write, but not me. I have not learned. I come here to tell my Great Father what I do not like in my country. You are all close to the Great Father, and are a great many chiefs. The men the Great Father sends to us have no sense – no heart."*

*"I do not want my reservation on the Missouri; this is the fourth time I have said so...I was born at the forks of the Platte (in Nebraska) and I was told that the land belonged to me from north, south, east and west."*

*"...They held a paper for me to sign, and that is all I got for my land. I know the people you send out there are liars. Look at me. I am poor and naked. I do not want war with the government. I want you to tell all this to my Great Father."*

Red Cloud's words were recorded in detail by interpreters, and these were virtually the same words he spoke to President Grant when the two met in the White House on June 9, 1870, according to Brown.

Grant was persuaded by Red Cloud. Before the Sioux Chief left Washington, Interior Department officials told him the Oglala would be allowed to live off the permanent reservation, in hunting grounds that had been their original land.

Red Cloud had traveled to the White House and won a victory off the battlefield. But, like so many other of the Warrior Chief's past victories, it would be only temporary – for him, and his people. ■



# Barona Powwow: Traditional Dance and Dress

*Photos by Karin Giron, Education Coordinator, SCTCA TANF Escondido*

**On** the final weekend of August, tribal members from throughout the region gathered for the Barona Powwow.

Over three days and two nights, dozens of tribal members – children and adults – danced in traditional dress on the large grass. During the day, they danced under the unrelenting summer sun; at night, under the bright lights that cut through the dark.

They danced in front of hundreds of people who attended the Powwow, including family members, tribal leaders, friends and non-Natives, all observing a tradition that is endured for centuries.

*- Gary P. Taylor*







"What treaty have the Sioux made with the white man that we have broken? Not one. What treaty have the white man ever made with us that they have kept? Not one.

"When I was a boy the Sioux owned the world; the sun rose and set on their land; they sent ten thousand men to battle. Where are the warriors today? Who slew them? Where are our lands? Who owns them? What law have I broken? Is it wrong for me to love my own? Is it wicked for me because my skin is red? Because I am a Sioux; because I was born where my father lived; because I would die for my people and my country?"

- *Sitting Bull*



# Class Calendars

OCTOBER 2019

## Rincon

SCTCA Two Directions • 35008 Pala Temecula Road PMB 4 Pala, CA 92059  
Phone: (760) 749-1196 • Fax: (760) 749-9152 • Email: staff@twodirections.com

Two Directions, Inc.



### Space #8 – Classroom 1 Classes: May 1st – Oct. 31st, 2019

| MONDAY | TUESDAY   | WEDNESDAY | THURSDAY   | FRIDAY  |
|--------|---|-----------|--|---|
|        | <b>Life Skills</b><br>8:30AM–10:30AM<br>Beth Moffat         |           | <b>DMV Preparation</b><br>8:30AM–10:30PM<br>Beth Moffat      | <b>Tribal Culture</b><br>8:30AM–10:30AM<br>Heather Turnbull |
|        | <b>Culture Class</b><br>10:45AM–12:45PM<br>Heather Turnbull |           | <b>Tribal Culture</b><br>10:45AM–12:45PM<br>Heather Turnbull | <b>Indep. Tribal Culture</b><br>10:45AM–12:45PM             |
|        | <b>Independent Culture</b><br>1PM–4PM                       |           | <b>Indep. Tribal Culture</b><br>1PM–4PM                      |   |

### Space #8 – Classroom 2 Classes: May 1st – Oct. 31st, 2019

| MONDAY     | TUESDAY    | WEDNESDAY   | THURSDAY   | FRIDAY  |
|------------|------------|---|------------|---|
| Study Hall | Study Hall | Study Hall  | Study Hall | <b>Diploma/HiSet /*ABE</b><br>9:45AM – 12:45PM<br>J. Murphy |
|            | Study Hall | <b>Diploma/HiSet /*ABE</b><br>10:45AM – 1:45PM<br>J. Murphy | Study Hall | No classes  |
| Study Hall | Study Hall | Study Hall  | Study Hall | No classes  |
|            |            | *ADULT BASIC EDUCATION                                      |            | *ADULT BASIC EDUCATION                                      |

### Space #39 – Computer Lab Classes: May 1st – Oct. 31st, 2019

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|--|--|--|--|
| <b>Self Paced Class</b><br>8:30AM–10:30AM<br>Staff  | <b>MICROSOFT Word</b><br>8:30AM–10:30AM<br>Wanda   | <b>Intro to PC's</b><br>8:30AM–10:30AM<br>Wanda  | <b>MICROSOFT Word</b><br>8:30AM–10:30AM<br>Wanda   | <b>10 Key Class</b><br>8:30AM–10:30AM<br>Wanda   |
| <b>Self Paced Class</b><br>10:45AM–12:45PM<br>Staff | <b>MICROSOFT Excel</b><br>10:45AM–12:45PM<br>Wanda | <b>Intro to PC's</b><br>10:45AM–12:45PM<br>Wanda | <b>MICROSOFT Excel</b><br>10:45AM–12:45PM<br>Wanda | <b>Keyboarding</b><br>10:45AM–12:45PM<br>Wanda   |
| <b>Self Paced Class</b><br>1PM–4AM<br>Staff         | <b>Self Paced Class</b><br>1PM–4AM<br>Staff        | <b>Computers Lab</b><br>1PM–4PM<br>OPEN LAB      | <b>Self Paced Class</b><br>1PM–4AM<br>Staff        | Computer Class<br>closed @ 12:45PM<br>on Fridays |

Two Directions Computer Labs are open at all times during business hours. Make sure to sign in and out to receive work participation hours.

# Escondido

Escondido BG Associates – SCTCA TANF • 201 E. Grand Ave., Suite 2D, Escondido, CA 92025  
Office Hours Monday - Friday, 8:30am–4:00pm • Phone: (760) 737-0113 • Fax: (760) 737-0581

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|---|--|--|---|
| <b>ABE/GED</b><br>9AM–11AM   | <b>Life Skills/<br/>What Color Is My<br/>Parachute</b><br>9AM–11AM                      | <b>ABE/GED</b><br>9AM–11AM   | <b>Phillip Roy/<br/>Welding</b><br>9AM–11AM  | <b>ABE/GED</b><br>9AM–11AM  |
| <b>Spanish (online/app)</b><br>9AM–11AM  |   | <b>Spanish (online/app)</b><br>9AM–11AM  | <b>Math/English/<br/>GED Refresher</b><br>9AM–11PM<br>(VARIES BY CLIENT)           | <b>Phillip Roy<br/>Clerical/Office</b><br>9AM–11AM &<br>11:30AM–1:30PM                        |
| <b>Phillip Roy/<br/>Health Care</b><br>9AM–11AM                                    | <b>Phillip Roy/<br/>Mechanics</b><br>9AM–11AM   | <b>Keyboarding</b><br>9AM–12PM   | <b>Reading Horizons</b><br>11AM–1PM  | <b>Keyboarding (online)</b><br>9AM–12PM   |
| <b>Keyboarding</b><br>9AM–12PM   | <b>Keyboarding</b><br>11:30AM–1:30PM  | <b>Reading Horizons</b><br>9AM–10AM  | <b>Computer Skills<br/>(General)</b><br>11AM–2PM                                   | <b>Reading Horizons</b><br>11AM–1PM   |
| <b>Applied Skill Practice<br/>(GED)</b><br>11:30AM–1:30PM                          | <b>Life Skills/<br/>Practical Life Skills</b><br>11:30AM–1:30PM                         | <b>Computer Skills<br/>(GED Prep)</b><br>11:30AM–1:30PM                                  | <b>Open Lab/Job Search<br/>/Applied Skills</b><br>8:30AM–4PM<br>(VARIES BY CLIENT) | <b>Open Lab/Job Search<br/>/Applied Skills/<br/>ED2GO</b><br>8:30AM–4PM<br>(VARIES BY CLIENT) |
| <b>Open Lab/Job Search<br/>/Applied Skills</b><br>8:30AM–4PM<br>(VARIES BY CLIENT) | <b>Open Lab/<br/>Job Search/<br/>Applied Skills</b><br>8:30AM–4PM<br>(VARIES BY CLIENT) | <b>Open Lab/Job Search<br/>/Applied Skills/ED2GO</b><br>8:30AM–4PM<br>(VARIES BY CLIENT) |  |   |

To sign up, contact: Kayleigh Omish-Guachena, Training Director at (760) 737-0113 ext.13, kguachena@bgassociatesinc.com

# El Cajon

SCAIR Learning Center • 239 W. Main Street, El Cajon, CA 92020  
Office Hours Monday - Friday, 9am–4pm • Phone: (619) 328-0676

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|---|--|--|--|
| <b>Job Readiness</b><br>9:00AM–4:00PM                               | <b>Job Readiness</b><br>9:00AM–4:00PM                               | <b>Job Readiness</b><br>9:00AM–4:00PM  | <b>Job Readiness</b><br>9:00AM–4:00PM  | <b>Academic Tutoring<br/>(All Subjects)</b><br>9:00AM–3:00PM |
| <b>Career Development</b><br>9:00AM–4:00PM                          | <b>Career Development</b><br>9:00AM–4:00PM                          | <b>Career Development</b><br>9:00AM–4:00PM                                       | <b>Individual Training Plan</b><br>9:00AM–4:00PM   | <b>Job Readiness</b><br>9:00AM–4:00PM                        |
| <b>Individual Training Plan</b><br>9:00AM–4:00PM                    | <b>Individual Training Plan</b><br>9:00AM–4:00PM                    | <b>Individual Training Plan</b><br>9:00AM–4:00PM                                 | <b>Counseling Services</b><br>9:00AM–4:00PM  | <b>Career Development</b><br>9:00AM–4:00PM                   |
| <b>Counseling Services</b><br>9:00AM–4:00PM                         | <b>Counseling Services</b><br>9:00AM–4:00PM                         | <b>Counseling Services</b><br>9:00AM–4:00PM                                      | <b>Academic Tutoring<br/>(All Subjects)</b><br>9:00AM–5:00PM   | <b>Individual Training Plan</b><br>9:00AM–4:00PM             |
| <b>Academic Tutoring<br/>(All Subjects)</b><br>9:00AM–5:00PM        | <b>Academic Tutoring<br/>(All Subjects)</b><br>9:00AM–5:00PM        | <b>Academic Tutoring<br/>(All Subjects)</b><br>9:00AM–5:00PM                     | <b>QuickBooks Certification<br/>Training</b><br>9:30AM–11:30PM   | <b>Counseling Services</b><br>9:00AM–4:00PM                  |
| <b>QuickBooks Certification<br/>Training</b><br>9:30AM–11:30PM      | <b>QuickBooks Certification<br/>Training</b><br>9:30AM–11:30PM      | <b>QuickBooks Certification<br/>Training</b><br>9:30AM–11:30PM                   | <b>Parenting Training</b><br>11:00AM–1:00PM  | <b>Independent Computer Lab</b><br>9:00AM–4:00PM             |
| <b>Microsoft Computer<br/>Certification Training</b><br>NOON–2:00PM | <b>Microsoft Computer<br/>Certification Training</b><br>NOON–2:00PM | <b>Microsoft Computer<br/>Certification Training</b><br>NOON–2:00PM              | <b>Microsoft Computer<br/>Certification Training</b><br>NOON–2:00PM  |  |
|   | 10/8   NOON–2:00PM<br><b>Traditional Parenting<br/>Pre-Training</b> | AS NEEDED BY PARTICIPANTS  <br>1:00PM<br><b>Resume Development<br/>Trainings</b> | 10/10 & 24   3:30PM–5:30PM<br><b>Sacred Pipe TUPE Program</b><br><br>10/24   10:00AM–2:00PM<br><b>Harvest Training</b> |  |



# Santa Ynez

Santa Ynez – SCTCA TANF • 185 W. Highway 246, Suite 102, Buellton, CA. 93427  
Office Hours Monday - Friday, 8am–4:30pm • Phone: (805) 688-1756 • Fax: (805) 688-6827

| MONDAY                                      | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY                                      |
|---|---|--|---|---|
| <b>Monday Office Hours:</b><br>8AM - 4:30PM | <b>Career Building</b><br>9AM<br><br><b>Open Lab/<br/>Job Search</b><br>12:30PM-2PM<br><br><b>Basic Computers<br/>Skills</b><br>2PM | <b>Life Skills</b><br>9AM<br><br><b>Open Lab/<br/>Job Search</b><br>12:30PM-2PM<br><br><b>Career<br/>Networking</b><br>2PM | <b>Parenting</b><br>9AM<br><br><b>Open Lab/<br/>Job Search</b><br>12:30PM-2PM<br><br><b>Basic Computers<br/>Skills</b><br>2PM | <b>Friday Office Hours:</b><br>8AM - 4:30PM |

# Manzanita

Manzanita SCTCA Tribal Training Program • 39 A Crestwood, Boulevard, CA  
Phone: (619) 766-3236

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY                      |
|--|---|---|---|-----------------------------|
| <b>Culture/<br/>Entrepreneurial Class</b><br>9AM-12PM<br><br><b>Native Arts &amp; Crafts</b><br>12:30PM-3:30PM | <b>GED Prep</b><br>10AM-1PM<br><br><b>Computers</b><br>10AM-1PM<br><br><b>Parenting Class</b><br>12:30PM-3:30PM | <b>World of Work</b><br>9AM-12PM<br><br><b>GED Prep</b><br>12:30PM-3:30PM | <b>GED Prep</b><br>10AM-1PM<br><br><b>Computers</b><br>10AM-1PM | <b>Tutorial</b><br>9AM-12PM |

## Commodity Distribution Schedule October 2019



| <u>DATE</u>           | <u>LOCATION</u>                 | <u>TIME</u>                            |
|-----------------------|---------------------------------|--|
| OCTOBER 7, MONDAY     | LOS COYOTES<br>LA JOLLA         | 9 AM – 10 AM<br>11 AM – 12 NOON        |
| OCTOBER 9, WEDNESDAY  | RINCON                          | 9 AM – 12 NOON                         |
| OCTOBER 10, THURSDAY  | PAUMA<br>PECHANGA               | 9 AM – 10 AM<br>10:30 AM – 11:30 AM    |
| OCTOBER 14, MONDAY    | MANZANITA/LA POSTA<br>OLD CAMPO | 9:45 AM – 11 AM<br>11:30 AM – 12:30 PM |
| OCTOBER 16, WEDNESDAY | PALA                            | 9 AM – 11:30 AM                        |
| OCTOBER 17, THURSDAY  | BARONA<br>VIEJAS                | 9 AM – 10 AM<br>11 AM – 12 NOON        |
| OCTOBER 21, MONDAY    | CAMPO                           | 10 AM – 12 NOON                        |
| OCTOBER 23, WEDNESDAY | SAN PASQUAL                     | 9 AM – 12 NOON                         |
| OCTOBER 24, THURSDAY  | MESA GRANDE<br>SANTA YSABEL     | 9 AM – 10 AM<br>11 AM – 12 NOON        |



## Coming in November:

- A Celebration of Native American Heritage Month
- Resumes and Interviews: Preparing for the Job
- Archives: Remembering Alcatraz