

NYSP Students: A Summer of Education, Cultural Classes, Trips – and Some Fun

By Karin Giron, Education Coordinator, SCTCA TANF Escondido



This year, Southern California Tribal Chairmen's Association (SCTCA) and its Escondido TANF, San Diego TANF, Manzanita TANF and Pala TANF staffers collaborated to provide students from all sites the opportunity to participate in the Native Youth Success Program (NYSP).

The NYSP – which was from late June through early August - consisted of the following events and activities:

- American Indian Recruitment's (AIR) Summer Program (10 meetings)
- Workshop: Reaching Self-Sufficiency
- Workshop: Cooking Basics
- Workshop: Empowering Our Youth
- Workshop: Indigenous Art Class
- Southern Indian Health Conference

Nearly a dozen students from the Escondido and San Diego TANF sites attended the various events offered. Pala TANF students didn't attend the NYSP summer program because some attended their Education Center summer programs. Manzanita TANF students didn't attend our summer program because they attended the Campo Education Centers summer program and activities coordinated by the Manzanita TANF Education Coordinator.

SCTCA's TANF Youth Summer Program provided students ages 13-18 the opportunity to participate in varied activities that focused on academics, culture, and prevention services.

(Continued on page 4)

Ten Tips to Keeping Your Job

By Kelly Allen, Career and Vocational Development Specialist, SCTCA Escondido TANF

So you did it; you developed a great resume and cover letter, and you polished your interviewing skills to present yourself well. And now you've landed the new job you worked so hard to obtain. This is not the time to slack off and relax. Now is the time to put your nose to the proverbial grindstone and get to work! In order to ensure that you are able to keep this new job and enjoy career growth, there are a number of critical practices you should follow. Here are what I would consider to be the top 10.

Attendance - Be on time. The workers who are late to work, take a long lunch hour, use a ton of sick time, and/or leave early every day



(Continued on page 2)



The Southern California Tribal Chairmen's Association (SCTCA) publishes the Tribal Temporary Assistance for Needy Families (TANF) Newsletter throughout the year at:

SCTCA / TANF
 P.O. Box 1470
 Valley Center, CA 92082
 E-mail: newsletter@sctca.net
 (760) 746-0901 Ext. 100

The newsletter is designed and printed by Tribal Print Source, a division of SCTCA.

The purpose of the Tribal TANF Newsletter is to provide the tribal communities with information about services provided by the TANF Programs and other important issues concerning our rural/urban communities and families.

SCTCA provides services to San Diego and Santa Barbara Counties and the following reservations:

- | | |
|--------------|--------------|
| Barona | Cahuilla |
| Campo | Ewiiapaayp |
| Inaja/Cosmit | Jamul |
| La Jolla | La Posta |
| Los Coyotes | Manzanita |
| Mesa Grande | Pala |
| Pauma | Rincon |
| San Pasqual | Santa Ysabel |
| Santa Ynez | Sycuan |
| Viejas | |

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 Editor: Gary Taylor
 Contributor: Colleen Turner
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Ten Tips to Keeping Your Job

aren't going to win any points with their boss. Be punctual and be there, instead of making excuses for why you can't be at work.

Call In - If you know you will be tardy or absent, and this should happen rarely, call in. Most companies treat regular absences or tardiness without notice much more seriously than simple absence or tardiness due to unexpected circumstances or emergencies.

Be a Team Player - The employees who don't get along well with others, who gossip about other workers, or who aren't willing to pitch in to help, aren't going to be appreciated. Those who are able to see the big picture and who are also willing to pitch in without worrying about who will get the credit will be greatly appreciated.

Be Flexible - When the company needs someone to change shifts, work weekends, put in some overtime, or work a different schedule, think about volunteering if your personal schedule permits. When changes in work priorities present themselves, be willing to go with the flow. Flexibility can be a key component of hanging on to your job.

Try Your Best - Always finish an


assignment, no matter how much you would rather be doing something else, and give 100% effort to your work. It is always good to have something to show for the time you have spent. If you are giving your best, it will show.

Show a Positive Attitude - No one wants to be around someone who is a "downer." A positive person tends to be solution oriented and have a "can do" attitude that team members enjoy. Opportunity tends to present itself to positive people but it shuns the negative.

Ask Questions - When you don't know, ask. There is no such thing as a "stupid question." One of the most common causes of poor job performance is employee fear of asking questions. Good managers would prefer you ask, learn and succeed rather than guess, fumble and fail.

Avoid Cell Phone Use - Follow your company's telephone guidelines. Be sure to follow your new company's policies regarding answering incoming or making outgoing calls. Avoid making and receiving personal calls, unless absolutely necessary. If they are absolutely required, keep them short.

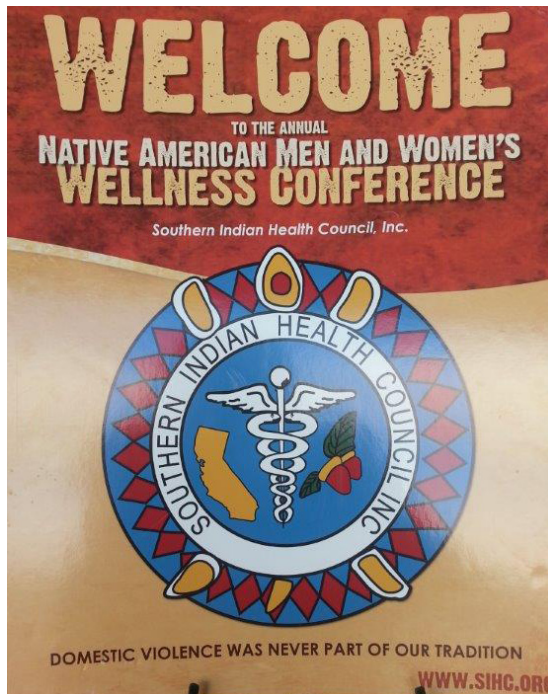
Work Hard - Your supervisor wants you to become productive as soon as possible. A productive person is regarded as a good employee. This goes along with trying your best but involves consistency. If you consistently work hard, your boss will take notice.

Look for Opportunities to Serve - Whether it is your customer or your coworker, always be ready to give a helping hand. Those who will become leaders must first learn how to serve. 



SIHC Wellness Conference Includes Workshops, Activities For Children and Adults

By Jennifer Chambers, Caseworker, SCTCA TANF Pala



Southern Indian Health Council (SIHC) will hold its 18th Annual Native American Men and Women's Wellness Conference in late October at the Barona Golf Event Center.

As in the past, the day-long conference on Thursday October 26 will offer numerous workshops. Last year's conference included topics such as bullying, diabetes, sexual assault and domestic violence, self-esteem and body image, suicide prevention, the Indian Child Welfare Act and recovering from traumatic loss. This year, various community agencies will also be present and will have informational booths available throughout the conference. Agencies in earlier conferences included the San Diego Sheriff's Department, Indian Health Council, Mental Health America, San Diego County Health and Human Services Agency, Center for Community Solutions and Intertribal Long Term Recovery Foundation.

There should also be numerous activities for children and adults alike. Last year, activities included free manicures and chair massages, a photo booth and a "Smoothie Bike" that ran a blender mixing fresh fruit smoothies as participants pedaled. Free health screenings and flu shots were also available and raffle prizes were given out throughout the day. And everyone in attendance received an SIHC tote bag and a t-shirt bearing the motto of the conference: "Domestic Violence was Never Part of Our Tradition."

The conference will also provide health screenings, flu shots and brochures and pamphlets with health information. Native American speakers will also deliver remarks on traditional medicine. 🖤



The 5th annual California American Indian & Indigenous Film Festival (CAIFF) will be held over three days in early November at the Pechanga Resort and Casino in Temecula.

CAIFF will screen more than a dozen movies, shorts and documentaries beginning on the afternoon of Thursday Nov. 2 and concluding with a final feature film on the evening of Saturday Nov. 4.

The festival is presented for the fifth consecutive year by the California Indian Culture and Sovereignty Center (CICSC) at California State University San Marcos (CSUSM). CAIFF, because it is located in Southern California, "is in an area that is home to the largest number of Indian reservations in the region and we are able to reach unprecedented numbers of tribal people and the surrounding community," noted CICSC. "The festival offers an event that promises not only exclusive viewings, but includes three days of interactive dialogues with film industry professionals, selected panel discussions and opportunity for Q&A sessions after each screening."

In previous years, CAIFF's first night was at CSUSM. This year, all three days of the event will be at Pechanga. And, for the first time, there will be a charge of \$15 for admission (excluding specific presentations for younger audiences.)

"The CAIFF offers audiences in Southern California the finest work in American Indian film and media on an annual basis," according to CICSC's online site describing the festival. "CAIFF highlights the best of current films from American Indian filmmakers, producers, directors, and actors working through Indian Country."

One of this year's most prominent films featured at CAIFF is *RUMBLE: The Indians Who Rocked the World*. "This revelatory documentary brings to light the profound and overlooked influence of Indigenous people on popular music in North America," noted CICSC's web site. "Focusing on music icons like Link Wray, Jimi Hendrix, Buffy Sainte-Marie, Taboo (The Black Eyed Peas), Charley Patton, Mildred Bailey, Jesse Ed Davis, Robbie Robertson, and Randy Castillo, *RUMBLE: The Indians Who Rocked the World* shows how these pioneering Native American musicians helped shape the soundtracks of our lives."

CICSC wrote that "the idea for *RUMBLE* came about when guitarist Stevie Salas, an Apache Indian and one of the film's executive producers, realized that no one outside of the music business knew about the profound contribution of these Native musicians. Renewed attention to this missing chapter in the history of American music led to the publishing of Brian Wright-McLeod's *The Encyclopedia of Native Music*, an exhibit at the Smithsonian National Museum of the American Indian, and eventually this documentary."

CAIFF has drawn hundreds of tribal members over the past four years. And it has drawn several thousand non-Natives, including an increasing number of teenagers and children who attend some of the festival's youth-oriented presentations.

CAIFF is a grassroots university-community collaborative organized by CICSC and CSUSM in partnership with regional tribal and university supporters. 🖤

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EDUCATION

Through a series of workshops at AIR, the youth learn how to attain a college degree, including coursework requirements, the application process, financial aid application process, college classes for high school students and networking opportunities. Students also practiced their critical thinking skills on a weekly basis through a series of writing exercises. Higher education was a reoccurring theme because of the impact education can have on their future aspirations, careers, lifestyles and tribal communities.

The Self-Sufficiency workshop, facilitated by Stephanie Magana, taught the students the importance of implementing the 7 Habits of Highly Effective Teens into their academics and personal life to ensure a successful school year. The critical role education has in reaching self-sufficiency was also discussed in the workshop.

CULTURE

Students also participated in a series of cultural activities and had the opportunity to meet with community members. This experience was very valuable, especially for the urban TANF youth who don't usually participate in cultural activities.

This year cultural activities included visiting ancestral Kumeyaay Villages at La Jolla Shores and Torrey Pines, learning about traveling migration patterns of the Kumeyaay, identifying traditional plant based foods, learning the origins of bird singing in Kumeyaay territory and listening to storytelling by community members. The youth also participated in hands-on activities that included creating native artwork (painting and war bonnets) and

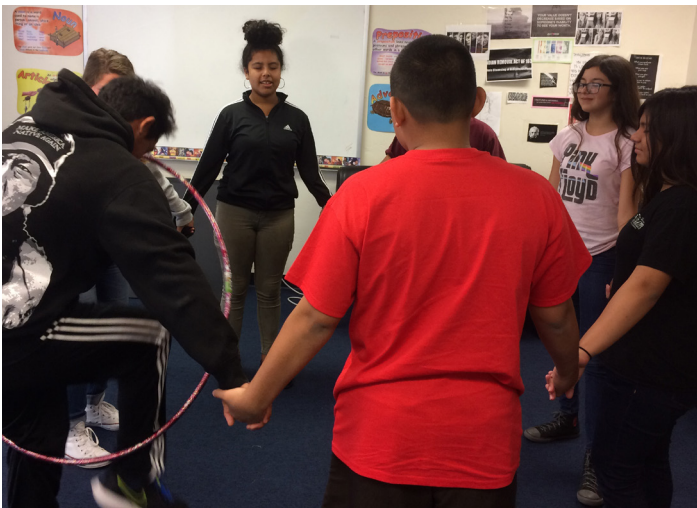
preparing a meal utilizing indigenous foods. The summer program also informed students that Native American communities are struggling with many issues, such as loss of ancestral lands, loss of indigenous plants and the environmental impacts of housing developments on sacred sites. More importantly, they learned that an educated individual can make a huge difference in their tribal communities.

PREVENTION

In the Empowering Our Youth Workshop, students learned leadership skills, how to work in teams and to improve communication and understand one another. The youth learned how resilient they are and how empowering shared experience can be in building community and moving forward. At SIHC's youth conference, students learned about domestic violence, sexual assault, human trafficking, suicide prevention and substance abuse. It was also important students learned about the prevalence of human trafficking in San Diego because, according to the workshop facilitator, youth have been recruited into human trafficking from all high schools in the county.

Overall, it was a successful Summer Program with good youth participation. The ability for SCTCA TANF Education Coordinators to collaborate in the planning and execution of the summer program was a determining factor in its success. We are also grateful to SCTCA TANF Transportation for assisting with the transportation of youth.





Indian Country Magazine Halts Publication

By Gary Taylor, Reporting for SCTCA TANF

Indian Country magazine has halted publication through the end of the year.

The magazine – part of the *Indian Country Today Media Network* (ICTMN) – had launched a colorful new monthly version in April that included dozens of news stories, features and photographs documenting Native American culture.

Just six months later, though, the magazine has halted publication as its parent company “is taking a hiatus to consider alternative business models,” according to Ray Halbritter of the Oneida Indian Nation.

In a lengthy note published Sept. 4 on the *Indian Country Today* website, Halbritter wrote that “during the hiatus, new posts, new magazines and new books will not appear on the site and email newsletters will not be sent while we consider a new way forward.”

ICTMN’s website has ceased active operations. However, it will remain accessible and maintained in its current form through January 31, 2018. Halbritter also noted paid magazine subscribers with active, unfulfilled portions of their subscriptions will be reimbursed automatically.

Halbritter acknowledged that financial losses have forced ICTMN to suspend all publications.

“ICTMN has faced the same challenges that other media outlets have faced,” he wrote. “It is no secret that with the rise of the Internet, traditional publishing outlets have faced unprecedented adversity. These economic headwinds have resulted in ICTMN operating at an enormous—and unsustainable—financial loss, and now have caused us to take a hiatus to explore new partnerships or economic strategies for ICTMN.”

Halbritter did not indicate whether *Indian Country* magazine will be part of any new economic strategy by ICTMN.

In his note to readers, Halbritter lauded the magazine and the web site for its coverage of Native American issues.

“Over the last few years, ICTMN has aggressively covered the critical issues facing *Indian Country*—and has done so in ways that have

empowered Natives to tell our unique stories from our perspective,” he wrote. “We reported extensively on challenges to the Indian Child Welfare Act with a series of stories spanning several high-profile cases; produced human-interest stories and analysis of the latest studies regarding Intergenerational Trauma; corrected the historical record by presenting authentic, proven Native traditions about events and people, such as Pocahontas; celebrated the cultural achievements of Native artists, thinkers, actors and musicians; continued *Indian Country Today*’s groundbreaking coverage (now spanning decades) on murdered and missing Indigenous women; and worked tirelessly to report directly from the field in *Standing Rock* on the opposition to the Dakota Access Pipeline”.

On this and the following page are some of the photographs that have appeared over the years in *Indian Country* magazine or ICTMN. 🖋️







Native American Health and Wellness Conference

(619) 445-1188

www.SIHC.org

THURSDAY, OCTOBER 26, 2017

SCHEDULE

- 7:30AM Wellness Walk
- 8:00AM Conference Begins
- 4:30PM Closing and Last Raffle

LOCATION

Barona Golf Event Center
1932 Wildcat Canyon Road
Lakeside, California 92040

REGISTRATION

Complete below form and return to Nicole B.
ext. 200
e-mail: nblanchard@sihc.org
fax: (619) 659-9782

VENDOR OR EXHIBITOR

Contact Talia McGuire-Haywood
ext. 214
e-mail: tmcguire-haywood@sihc.org
fax: (619) 659-9782

FREE REGISTRATION

EVERYONE IS WELCOME

Please note: To ensure a positive experience for all attendees and participants, all attendees and participants must be legally authorized to be in the presence of children and youth. This is a drug and alcohol free event. SIHC reserves the right to ask unauthorized attendees and participants to leave. SIHC reserves the right to photograph the event and activities and utilize the photos for promotion, advertising, or any communication regarding the Clinic. You may request not to be photographed. This project is funded by a combination of the County of San Diego Prevention and Early intervention (PEI) Contract, DVPI, MSPI, and BIA.



Class Calendars

OCTOBER 2017

Rincon

Two Directions, Inc.



SCTCA Two Directions • 35008 Pala Temecula Road PMB 4 Pala, CA 92059
Phone: (760) 749-1196 • Fax: (760) 749-9152 • Email: staff@twodirections.com

Space #8 – Classroom 1 Classes: Sep. 1st – Dec. 31st, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DMV Preparation 10:45AM–12:45PM Laura Rizza	Life Skills 8:30AM–10:30AM Beth Moffat		Tribal Culture 10:45AM–12:45AM Heather Turnbull	Tribal Culture 8:30AM–10:30AM Heather Turnbull
	Culture Class 10:45AM–12:45PM Heather Turnbull		Indep. Tribal Culture 1PM–4PM	Indep. Tribal Culture 10:45AM–12:45PM
	Independent Culture 1PM–4PM			

Space #8 – Classroom 2 Classes: May 1st – Aug. 31st, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Study Hall	Study Hall	Study Hall	Study Hall	Diploma/HiSet /*ABE 9:45AM–12:45PM J. Murphy
	Study Hall	Diploma/HiSet /*ABE 10:45AM–1:45PM J. Murphy	Study Hall	No classes
Study Hall	Study Hall	Study Hall <small>*ADULT BASIC EDUCATION</small>	Study Hall	No classes <small>*ADULT BASIC EDUCATION</small>

Space #39 – Computer Lab Classes: May 1st – Aug. 31st, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Self Paced Class 8:30AM–10:30AM Staff	MICROSOFT Word 8:30AM–10:30AM Wanda	Intro to PC's 8:30AM–10:30AM Charles	MICROSOFT Word 8:30AM–10:30AM Wanda	10 Key Class 8:30AM–10:30AM Wanda
Self Paced Class 10:45AM–12:45PM Staff	MICROSOFT Excel 10:45AM–12:45PM Wanda	Intro to PC's 10:45AM–12:45PM Charles	MICROSOFT Excel 10:45AM–12:45PM Wanda	Keyboarding 10:45AM–12:45PM Wanda
Self Paced Class 1PM–4AM Staff	Self Paced Class 1PM–4AM Staff	Computers Lab 1PM–4PM OPEN LAB	Self Paced Class 1PM–4AM Staff	Computer Class closed @ 12:45PM on Fridays

Two Directions Computer Labs are open at all times during business hours. Make sure to sign in and out to receive work participation hours.

Escondido

Escondido BG Associates – SCTCA TANF • 201 E. Grand Ave., Suite 2D, Escondido, CA 92025
 Office Hours Monday - Friday, 8:30am–4:00pm • Phone: (760) 737-0113 • Fax: (760) 737-0581

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ABE/GED 9AM–11AM Spanish (online/app) 9AM–11AM Phillip Roy/ Health Care 9AM–11AM Keyboarding 9AM–12PM Applied Skill Practice (GED) 11:30AM–1:30PM Open Lab/Job Search /Applied Skills 8:30AM–4PM (VARIES BY CLIENT)	Life Skills/ What Color Is My Parachute 9AM–11AM Phillip Roy/ Mechanics 9AM–11AM Keyboarding 11:30AM–1:30PM Life Skills/ Practical Life Skills 11:30AM–1:30PM Open Lab/ Job Search/ Applied Skills 8:30AM–4PM (VARIES BY CLIENT)	ABE/GED 9AM–11AM Spanish (online/app) 9AM–11AM Keyboarding 9AM–12PM Reading Horizons 9AM–10AM Computer Skills (GED Prep) 11:30AM–1:30PM Open Lab/Job Search /Applied Skills/ED2GO 8:30AM–4PM (VARIES BY CLIENT)	Phillip Roy/ Welding 9AM–11AM Math/English/ GED Refresher 9AM–11PM (VARIES BY CLIENT) Reading Horizons 11AM–1PM Computer Skills (General) 11AM–2PM Open Lab/Job Search /Applied Skills 8:30AM–4PM (VARIES BY CLIENT)	ABE/GED 9AM–11AM Phillip Roy Clerical/Office 9AM–11AM & 11:30AM–1:30PM Keyboarding (online) 9AM–12PM Reading Horizons 11AM–1PM Open Lab/Job Search /Applied Skills/ ED2GO 8:30AM–4PM (VARIES BY CLIENT)

To sign up, contact: Kayleigh Omish-Guachena, Training Director at (760) 737-0113 ext.13, kguachena@bgassociatesinc.com

El Cajon

SCAIR Learning Center • 239 W. Main Street, El Cajon, CA 92020
 Office Hours Monday - Friday, 9am–4pm • Phone: (619) 328-0676

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Job Readiness 9AM–4PM Career Development 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Quickbooks Certification Training 9:30AM–11:30AM Microsoft Computer Certification Training NOON–2PM Academic Tutoring (All Subjects) 9AM–5PM	Career Development 9AM–4PM Job Readiness 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Quickbooks Certification Training 9:30AM–11:30AM Microsoft Computer Certification Training NOON–2PM Academic Tutoring (All Subjects) 9AM–5PM Traditional Parenting 10/10 NOON–2PM Ready to Work Training 10/24 12:30PM–1:30PM	Career Development 9AM–4PM Job Readiness 9AM–4PM Counseling Services 9AM–4PM Quickbooks Certification Training 9:30AM–11:30AM Academic Tutoring (All Subjects) 9AM–5PM Microsoft Computer Certification Training NOON–2PM Sacred Pipe TUPE Program 10/4, 11, 18 & 25 3:30PM–5:30PM Self-Reliance Training 10/11 12:30PM–1:30PM Resume Development Training 10/18 12:30PM–1:30PM	Job Readiness 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Quickbooks Certification Training 9:30AM–11:30AM Parenting Training 11AM–1PM Academic Tutoring (All Subjects) 9AM–5PM Microsoft Computer Certification Training NOON–2PM Coffee with the Director 10/19 NOON–1PM	Academic Tutoring (All Subjects) 9AM–3PM Job Readiness 9AM–4PM Career Development 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Independent Computer Lab 9AM–4PM

**No Microsoft Computer Certification Training

Santa Ynez

Santa Ynez – SCTCA TANF • 185 W. Highway 246, Suite 102, Buellton, CA. 93427
 Office Hours Monday - Friday, 8am–4:30pm • Phone: (805) 688-1756 • Fax: (805) 688-6827

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Monday Office Hours: 8AM - 4:30PM	Career Building 9AM	Life Skills 9AM	Parenting 9AM	Friday Office Hours: 8AM - 4:30PM
	Open Lab/ Job Search 12:30PM-2PM	Open Lab/ Job Search 12:30PM-2PM	Open Lab/ Job Search 12:30PM-2PM	
	Basic Computers Skills 2PM	Career Networking 2PM	Basic Computers Skills 2PM	

Manzanita

Manzanita SCTCA Tribal Training Program • 39 A Crestwood, Boulevard, CA
 Phone: (619) 766-3236

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Culture/ Entrepreneurial Class 9AM-12PM	GED Prep 10AM-1PM	World of Work 9AM-12PM	GED Prep 10AM-1PM	Tutorial 9AM-12PM
Native Arts & Crafts 12:30PM-3:30PM	Computers 10AM-1PM	GED Prep 12:30PM-3:30PM	Computers 10AM-1PM	
	Parenting Class 12:30PM-3:30PM			

Commodity Distribution Schedule – October 2017



COMMODITY DISTRIBUTION SCHEDULE FOR OCTOBER 2017

<u>DATE</u>	<u>LOCATION</u>	<u>TIME</u>
OCTOBER 5, THURSDAY	BARONA VIEJAS	9 AM – 10 AM 11 AM – 12 NOON
OCTOBER 9, MONDAY	LOS COYOTES LA JOLLA	9 AM – 10 AM 11 AM – 12 NOON
OCTOBER 11, WEDNESDAY	SAN PASQUAL	9 AM – 12 NOON
OCTOBER 12, THURSDAY	MESA GRANDE SANTA YSABEL	9 AM – 10 AM 10:30 AM – 12 NOON
OCTOBER 16, MONDAY	RINCON	9 AM – 12 NOON
OCTOBER 17, TUESDAY	PAUMA PECHANGA	9 AM – 10 AM 11 AM – 12 NOON
OCTOBER 19, THURSDAY	MANZANITA/LA POSTA OLD CAMPO	9:45 AM – 11 AM 11:30AM – 12:30 PM
OCTOBER 23, MONDAY	PALA	9 AM – 11:30 AM
OCTOBER 25, WEDNESDAY	CAMPO	10 AM – 12 NOON



Coming in November:

- When is Native American Heritage Month?
- What are some of the commemorations and celebrations?
- What cultural and historical events are remembered?

In our next issue, read about – and see the photographs – celebrating Native American Heritage Month.