

OCTOBER SELECTIONS

BONUS

Wild rice

FRUITS

Canned apricots, mixed fruit, raisins, green grapes & mixed fruit

JUICES

Grape, orange and tomato

VEGGIES

Canned green beans, mixed vegetables, spinach, spaghetti sauce, fresh carrots, green peppers, yellow squash & red potatoes

BEANS

Canned pinto and red kidney beans, dry pinto & great northern beans

EGGS

Fresh eggs & egg mix

MEATS & FISH

Frozen whole chicken, ground bison, turkey deli meat, canned beef and canned chicken

PEANUT PRODUCT

Peanuts, peanut butter & fruit & nut mix



FATS

Butter spread vegetable oil & real butter

MILK

Evaporated skim milk, dry milk & 1% milk

CHEESE

Block and sliced

RICE/CRACKERS/PASTAS

Spaghetti, rotini, rice, macaroni, crackers & whole wheat tortillas

CEREAL/HOT CEREAL

Oatmeal, farina & corn flakes cereal

FLOURS

Cornmeal, wheat flour, blue cornmeal, bakery mix & all purpose white flour

SOUP

Vegetable soup & chunky beef stew



Disclaimer*

All items subject to change due to availability.