



Tribal Temporary Assistance for Needy Families

September 2025 – Volume 28 Issue 9

Back to School: Escondido, Pala and San Diego TANF Welcome Students with 'Superhero' Power and Wave of Activities

By Marcos Trejos, Administrative Assistant, Escondido TANF Photos by Escondido and Pala TANF staff

Editor's note: The Escondido, Pala and San Diego TANF offices held their annual Back to School events in July. Dozens of students, parents and families attended the events. The following are the stories and pictures from Back to School 2025.



Our Back to School Event, "Finding Your Inner Superhero," was held on July 11, 2025, at the California State University San Marcos Student Union Ballroom.

The event- a collaboration between the Escondido and Pala TANF offices - was a resounding success in both educating and empowering participants. With a focus on academic readiness and cultural connection, the event showcased the Native Youth Success Program (NYSP) and celebrated the power of education within tribal communities.

"Finding Your Inner Superhero" began with a warm and grounding blessing delivered by Chris Devers, Tribal Elder from the Pauma Band of Luiseno Indians. His words set a thoughtful tone for the day. The blessing was followed by an engaging presentation on NYSP led by Escondido Education Coordinator Ashley Beck and Pala Education Coordinators Keith Vasquez and Brenda Bequette.

The three Education Coordinators provided a comprehensive overview of NYSP—its purpose, benefits and the requirements expected of families participating in the program. Their presentation emphasized the value



(Continued on page 4)

Back-to-School at Orange County TANF Features Healthy Habits and Cultural Connection

By Laura De La Torre Baeza, Education Coordinator, Orange County Tribal TANF

On Saturday, June 28th, 2025, families gathered for the Orange County TANF Back-to-School event. The Family Engagement was designed to support a strong start to the school year with Southern California Tribal Chairmen's Association (SCTCA) TANF by emphasizing healthy habits and cultural connection.

The event featured guest speakers from Sacred Path Indigenous Wellness Center, which provided insightful presentations and program information centered around cultural identity, wellness, and community support. Their contributions helped set a meaningful tone for the day while reinforcing the importance of cultural roots, education and daily life.



(Continued on page 2)



































The Southern California Tribal Chairmen's Association (SCTCA) publishes the Tribal Temporary Assistance for Needy Families (TANF) Newsletter throughout the year at:

SCTCA / TANF P.O. Box 1470 Valley Center, CA 92082 E-mail: gtaylor@sctca.net (760) 746-0901 Ext. 118

The newsletter is designed and printed by Tribal Print Source, a division of SCTCA.

The purpose of the Tribal TANF Newsletter is to provide the tribal communities with information about services provided by the TANF Programs and other important issues concerning our rural/urban communities and families.

SCTCA provides services to San Diego, Orange and Santa Barbara counties and the following reservations:

Agua Caliente Los Coyotes Santa Rosa Barona Manzanita Santa Ysabel Cahuilla Mesa Grande Santa Ynez Campo Morongo Soboba Ewiiaapaayp Pala Svcuan Torres Martinez Inaja/Cosmit Pauma Jamul Rincon Viejas La Jolla San Manuel La Posta San Pasqual

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Contributor: Colleen Turner, Editor and Contributor, 1998-2018

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Escondido Tribal TANF:

(760) 746-0901 Toll-free: (866) 428-0901

San Diego Tribal TANF:

(619) 460-3400 Toll-free: (866) 913-3725

Manzanita Tribal TANF:

(619) 766-9039 Toll-free: (866) 931-1480

Pala Tribal TANF:

(760) 742-8690 Toll-free: (888) 806-8263

Santa Ynez Tribal TANF:

(805) 688-1756 Toll-free: (866) 855-8263

Orange County Tribal TANF:

(714) 450-9240



Each family received a packet containing a PowerPoint presentation of TANF school year requirements. Educational materials focused on building healthy routines and practical tools such as a family calendar and habit tracker. These resources were designed to encourage healthy habits and help families establish strong routines at home.

Interactive family engagement activities were also a key part of the event, offering opportunities for communication, creativity, and quality time together. These activities were well-received and created a fun, welcoming environment for families to connect.

Participant surveys confirmed the event's success. Nearly all families reported a clear understanding of TANF school requirements and found the healthy habits information to be useful. Many indicated they planned to use the calendar and habit tracker at home. The family activities were consistently praised for fostering bonding, creativity, and togetherness.

The Back-to-School Family Engagement event successfully met its goals of promoting healthy back to school habits, encouraging cultural connection, and strengthening family engagement. The event served as a valuable and enjoyable experience for all who attended.

Photos by Veronica Streb and Salina Anderson





BACK TO SCHOOL:

"Educational materials focused on building healthy routines and practical tools such as a family calendar and habit tracker. These resources were designed to encourage healthy habits and help families establish strong routines at home."

At Orange County TANF, A Mother Expresses Gratitude

By Britney Cabrera

Editor's note: Britney Cabrera is a participant at Southern California Tribal Chairmen's Association (SCTCA) Orange County TANF. In the following letter sent in July, Cabrera expresses her gratitude for all the assistance she has received from Orange County TANF and its staff.



Britney Cabrera, right, working outreach earlier this summer

Orange County TANF has been an amazing support for me and my two boys. This program really helped me get back on my feet after being in debt and experiencing the COVID-19 lockdown.

In particular, I would like to thank the staff- Salina Andersen, Laura De La Torra Baeza and Lorena Ortega - for making the entire process as straightforward as possible. I couldn't have done it without their support and kindness.

As part of TANF, I earned my Assistant Teacher Certificate and continued working toward my AA degree in Early Childhood Education. I'm currently working for a Native American non-profit and will be completing my Community Health Worker (CHW) certification at the end of the month. My experience and education also helped me create Developmental Playgroups (DPGs) for Native families.

Because of this program, I'm inspired to give back to my community, because I know how much support means. TANF has also helped my kids thrive. I really appreciated these opportunities, whether it was help with childcare or incentives that let my older son take violin lessons.

There is much more I could say, but these are just a few examples of how TANF has changed our lives. My best wishes go out to the entire TANF team for their efforts- you are doing an amazing job. You are making a lasting difference even when the work becomes overwhelming. That sense of gratitude from the families you support is real—and I'm forever thankful. Thank you, ladies!

——— DISPATCHES ———

California



On the fourth Friday in September, the state will celebrate California Native American Dav.

It will mark the 58th year the state has honored Native Americans, their tribes, cultures and traditions. And, as in years past, a day-long celebration will be held at the capitol in Sacramento, including Native Americans traveling from throughout the state to attend the event.

This year, though, there is additional importance to the day.

In June, State Assemblyman James Ramos, a Democrat from San Bernardino and a Native American, introduced a bill that would formally recognize California Native American Day and "the enhancement of California Indian culture."

Ramos - a member of the Serrano/Cahuilla tribe - became the first California Native American state lawmaker when he was elected in 2018. In his bill, Ramos cites many aspects of Indian cultural history, including individual contributions:

"WHEREAS, One notable example of the preservation and teaching of that varied cultural history is Robert Levi, a Torres-Martinez Desert Cahuilla Indian from the Torres-Martinez Indian Reservation, who was instrumental in retaining and teaching Desert Cahuilla bird songs to connect all with ancient knowledge of the world and tell the story of how the ancestors came to the homelands."

Other passages note the importance of previous bills passed in the State Legislature:

"WHEREAS, Significant legislation has been passed to address the crisis of Missing and Murdered Indigenous People, including Assembly Bill 1314 (2022), an act establishing the Feather Alert, a notification system for missing or murdered indigenous people; Assembly Bill 2108 (2024), an act refining the notification practices of the foster care system when youth go missing; and Assembly Bill 2348 (2024), an act making the process for requesting a Feather Alert much easier for families when loved ones go missing."

And, included near the end of the measure, is this:

"WHEREAS, This is the seventh California Native American Day since Governor Gavin Newsom issued an executive order apologizing for the historical wrongs tolerated, encouraged, subsidized, and committed by state actors against California Native Americans; and

"WHEREAS, We can never undo the wrongs inflicted on the people who have lived on this land that we now call home, but we can work together to build bridges, tell the truth about California's past, and begin to heal deep wounds."

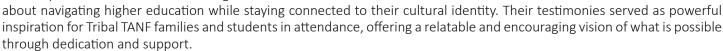
The bill has not yet been passed in the State Legislature, but its message about Native Americans- and their history in Californiais one that should not be ignored.

- Gary P. Taylor

of education and proactive planning for the future. To reinforce the information shared, the team hosted a TANF Trivia activity, with prizes and additional giveaways as incentives. The enthusiasm and participation from the students was notable, with many expressing in afterevent evaluations a newfound interest in pursuing higher education.

Following TANF Trivia, a student panel organized by the American Indian Student Alliance (AISA) at CSUSM took center stage. The panel featured Native American students who shared personal stories of their academic journeys, detailing how they prepared for college, overcame challenges, and found community and support through AISA.





Overall, the back to school event was widely praised for its informative content, welcoming atmosphere and cultural resonance. Families left with a clearer understanding of NYSP and how to access valuable resources offered through CSUSM. Young participants expressed excitement about their academic futures and a strengthened sense of identity and motivation.

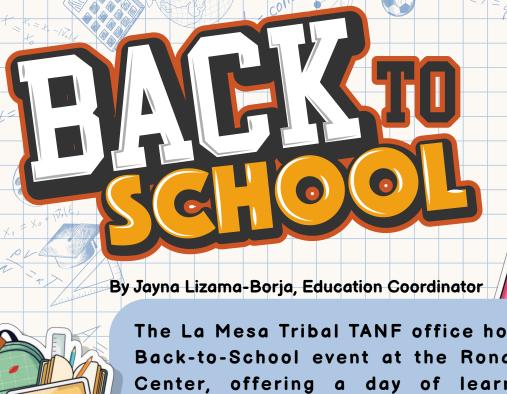
One parent said while she was sitting at the table with her teenage daughter, the girl exclaimed, "Mom I want to go to college!"

Collaboration between Tribal TANF and CSUSM was seamless, demonstrating a shared commitment to providing high-quality, impactful programming for our tribal families. The event reaffirmed our collective role in nurturing future generations through education, culture and community.

"Finding Your Inner Superhero" was more than a back-to-school event. It was a meaningful step toward educational empowerment and cultural celebration. We look forward to continuing our work in uplifting and equipping Native American youth and their families through collaborative events like this one.













Right:
Families
participate in
making
magnetic
frames for
their family
photos.



Center:
Students
dissect fish
in an
educational
workshop led
by The Living
Coast
Discovery
Center
educators.





Right: Families make dreamcatchers led by Juanito Hunter, who is Northern Cheyenne, Mandan, Arikara, and Pueblo from San Juan, and an enrolled member of the Mandan Hidatsa Arikara Nation, from Twin Buttes, North Dakota.



La Mesa Tribal TANF

CELEBRATING OUR 2025 GRADUATES





IRENE JENKINS

Congratulations 2025 Graduates!
Joshua Carrisoza-Durbin, Albert
Gumataotao, Irene Jenkins, David Navarrette,
Aliah-Milan Sebastian, and Jonathan Ackerman



JONATHAN ACKERMAN

5



SEBASTIAN

Special highlight from David Navarrette's graduation speech:

"Looking back at everything I've lived, learned, and laughed through,
High School has been so much more than just classes, tests, and grades.
It's been a place where we've grown – not just academically, but as people.
I've made friendships that turned into family, faced challenges that taught me
resilience, and experienced moments I'll never forget".



Suicide Awareness



September is Suicide Awareness month. The topic of suicide is one that a lot of people try to avoid talking about, but is one that really needs to be discussed. It is my hope that we can be more open to having conversations about suicide.

What are the signs to look for?

The American Association of Suicidology stated that some of the most common suicide warning signs include, but are not limited to:

- **Discussing death or suicide**: Frequently talking about death, dying, or suicide.
- Feelings of hopelessness: Feelings that nothing can ever be fixed no matter what they do.
- Changes in behavior: These changes might involve a person's daily routines, social interactions, habits, or overall demeanor.
 Significant changes that seem out of character for the person or that persist over time.
- Self-isolation: When a person starts withdrawing from friends, family, or activities they once loved., Self-isolation can also lead to increased feelings of loneliness, hopelessness, and despair, all of which can contribute to suicidal thoughts.
- Making plans: If someone begins giving away
 personal belongings or making arrangements for
 when they are gone, this can signal active
 suicidal thoughts. Other actions might include
 researching suicide methods, acquiring means to
 die by suicide, or scouting locations.

If you have any questions or would like to discuss this further please contact Cyndie Gilliam, LMFT, TANF Therapist @ 760-330-3913 or cgilliam@sctca.net



How you can help

It can be hard to know what to do when someone is thinking about suicide. If you are concerned about someone who might be suicidal, here are several things you can do to help:

- 1. When somebody you know shows warning signs, ask them directly: "Are you thinking about killing yourself?"
- 2. Ask if they've thought about how they would do it and separate them from anything they could use to hurt themselves.
- 3. If someone is thinking about suicide, listen to their reasons for feeling hopeless and in pain. Listen with compassion and empathy without judgement.
- 4.Help them create a safety plan. The website https://www.mysafetyplan.org has a form that can be used.
- 5. Help them connect to additional support. Let them know they can <u>call or text 988</u>. They can reach out to a supportive family members, friends, faith-based leaders, coaches, co-workers, health care professionals or therapists. Dialing 211 is another way to find local resources. These resources can also help you to process your feelings.
- 6.Check in with the person you care about on a regular basis. Making contact with them in the days and weeks after a crisis can be a good support. Send a caring message. It could be a phone call, text, email, or even a letter.

Class Calendars

Two Directions, Inc.

September 1st—September 30th, 2025

Monday 8:00am-4:30pm	Tuesday 8:00am-4:30pm	Wednesday 8:00am-4:30pm	Thursday 8:00am-4:30pm	Friday 8:00am-4:30pm
	In Person / Virtu	al / Distance Learning clas	ses offered daily	
Computer Training offered but not limited to: Word, Excel, PPoint, QuickBooks, Job Search, Office Skills, Keyboarding (In Person 9:00am-12pm) ABE / Diploma / HiSet / GED Second Language	Computer Training offered but not limited to: Word, Excel, PPoint, QuickBooks, Job Search, Office Skills, Keyboarding ABE / Diploma / HiSet / GED Second Language	Computer Training offered but not limited to: Word, Excel, PPoint, QuickBooks, Job Search, Office Skills, Keyboarding (In Person 9:00am-12pm) ABE / Diploma / HiSet / GED Second Language	Computer Training offered but not limited to: Word, Excel, PPoint, QuickBooks, Job Search, Office Skills, Keyboarding ABE / Diploma / HiSet / GED Second Language	Computer Training offered but not limited to: Word, Excel, PPoint, QuickBooks, Job Search, Office Skills, Keyboarding (In Person 9:00am-1:15pm) ABE / Diploma / HiSet / GED - Assessment Testing (In Person 9:00am-1:15pm)
Life Skills offered but not limited to: Financial Literacy, Parenting, Soft Skills, Social Skills and more	Life Skills offered but not limited to: Financial Lit- eracy, Parenting, Soft Skills, Social Skills and more (In Person 9:00am-11:00am) Culture (In Person 11:15 am- 1:15pm)	Life Skills offered but not limited to: Financial Literacy, Parenting, Soft Skills, Social Skills and more Culture and Beading	Life Skills offered but not limited to: Financial Literacy, Parenting, Soft Skills, Social Skills and more (In Person 9:00am- 11:00am) Beading (In Person 11:15 am-	Second Language (In Person 9:00am-1:15pm) Life Skills offered but not limited to: Financial Literacy, Parenting, Soft Skills, Social Skills and more Beading (In Person 9:00am-11:00am
Career Training offered but not limited to: Resume Building, Career Exploration, Classes per specific career goals like small business, or web design, and more	Drivers Education / Be- hind the Wheel Training (In Person 11:15 am- 1:15pm)	Career Training offered but not limited to: Resume Building, Career Exploration, Classes per specific career goals like small business, or web design, and more	1:15pm) Career Training offered but not limited to: Resume Building, Career Exploration, Classes per specific career goals like small business, or web design, and more	Career Training offered but not limited to: Resume Building, Career Exploration, Classes per specific career goals like small business, or web design, and more
Two Directions, Inc. offers classes based on Assessment Testing, Educational, and Career Goals.				
*Additional Tutorial Assistance Available by appointment 7041 West Tribal Road, CA				

M	Ianzanita Tribal Training Program Class Schedule				September 2025		
ın	Mon	Tue	Wed	Thu	Fri	Sat	
	I 8 to 10 am Work Study 10 to 1:00 pm Life Skills: Cultural Entrepreneurship 1 to 2:30 pm Life Skills: Commu- nication/Emotional Skills 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	2 8 to 10 am Work Study 10 to 11:30 am Computer/ Technology Literacy: Word MO 100 11:30 to 1 pm GED Prep: Language Arts 1 to 2:30 pm Life Skills: Relationship Skills 2:30 to 4:30 pm Work Study	3 8 to 10 am Work Study 10 to 11:30 am GED Prep: Language Arts 10 to 11:30 am Life Skills: Gardening for Self-Sustainability 11:30 to 1 pm GED Prep: Math 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	4 8 to 10 am Work Study 10 to 11:30 am GED Prep: Language Arts 10 to 11:30 am Life Skills: Gardening for Self-Sustainability 11:30 to 1 pm GED Prep: Math 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	5 8 to 4:30pm Work Study	6	
	8 8 to 10 am Work Study 10 to 1:00 pm Life Skills: Cultural Entrepreneurship 1 to 2:30 pm Life Skills: Communication/Emotional Skills 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	9 8 to 10 am Work Study 10 to 11:30 am Computer/ Technology Literacy: Word MO 100 11:30 to 1 pm GED Prep: Language Arts 1 to 2:30 pm Life Skills: Relationship Skills 2:30 to 4:30 pm Work Study	10 8 to 10 am Work Study 10 to 11:30 am GED Prep: Language Arts 10 to 11:30 am Life Skills: Gardening for Self-Sustainability 11:30 to 1 pm GED Prep: Math 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	11 8 to 10 am Work Study 10 to 11:30 am GED Prep: Language Arts 10 to 11:30 am Life Skills: Gardening for Self-Sustainability 11:30 to 1 pm GED Prep: Math 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	12 8 to 4:30pm Work Study	13	
	15 8 to 10 am Work Study 10 to 1:00 pm Life Skills: Cultural Entrepreneurship 1 to 2:30 pm Life Skills: Commu- nication/Emotional Skills 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	16 8 to 10 am Work Study 10 to 11:30 am Computer/ Technology Literacy: Word MO 100 11:30 to 1 pm GED Prep: Language Arts 1 to 2:30 pm Life Skills: Relationship Skills 2:30 to 4:30 pm Work Study	17 8 to 10 am Work Study 10 to 11:30 am GED Prep: Language Arts 10 to 11:30 am Life Skills: Gardening for Self-Sustainability 11:30 to 1 pm GED Prep: Math 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	18 8 to 10 am Work Study 10 to 11:30 am GED Prep: Language Arts 10 to 11:30 am Life Skills: Gardening for Self-Sustainability 11:30 to 1 pm GED Prep: Math 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	19 8 to 4:30pm Work Study	20	
	22 8 to 10 am Work Study 10 to 1:00 pm Life Skills: Cultural Entrepreneurship 1 to 2:30 pm Life Skills: Commu- nication/Emotional Skills 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	23 8 to 10 am Work Study 10 to 11:30 am Computer/ Technology Literacy: Word MO 100 11:30 to 1 pm GED Prep: Language Arts 1 to 2:30 pm Life Skills: Relationship Skills 2:30 to 4:30 pm Work Study	24 8 to 10 am Work Study 10 to 11:30 am GED Prep: Language Arts 10 to 11:30 am Life Skills: Gardening for Self-Sustainability 11:30 to 1 pm GED Prep: Math 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	25 8 to 10 am Work Study 10 to 11:30 am GED Prep: Language Arts 10 to 11:30 am Life Skills: Gardening for Self-Sustainability 11:30 to 1 pm GED Prep: Math 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	26 Closed– No Classes Native American Day	27	
	29 8 to 10 am Work Study 10 to 1:00 pm Life Skills: Cultural Entrepreneurship 1 to 2:30 pm Life Skills: Communication/Emotional Skills 1 to 2:30 pm Job Prep: Applying for a Job 2:30 to 4:30 pm Work Study	30 8 to 10 am Work Study 10 to 11:30 am Computer/ Technology Literacy: Word MO 100 11:30 to 1 pm GED Prep: Language Arts 1 to 2:30 pm Life Skills: Relationship Skills 2:30 to 4:30 pm Work Study					

OFFICE CLOSURES:

londay, September 1, 2025

For Labor Day.

Friday, September 26, 2025

For CA Indian Day.

SEPTEMBER 2025 CALENDAR

BG ASSOCIATES INC. 210 S. JUNIPER ST., SUITE 212 ESCONDIDO, CA 92025

FX: (760) 737-0581

WWW.BGASSOCIATESINC.COM

MONDAY-FRIDAY 8:30AM-4:00PM

BG ASSOCIATES INC. PROVIDES INDIVIDUALIZED LEARNING TO **ACCOMMODATE THE SCHEDULE & NEEDS OF PARTICIPANTS.**

CLASSES & TIMES ARE SUBJECT TO CHANGE



FOR CLASS INFORMATION, CONTACT KAYLEIGH at KGUACHENA@BGASSOCIATESINC.COM.

MONDAY **TUESDAY**

WEDNESDAY

IN PERSON CLASSES

OPEN LAB / JOB SEARCH /

APPLIED SKILLS / DRIVER'S PREP

8:30AM-4PM (VARIES BY CLIENT)

VIRTUAL CLASSES

IN PERSON AND VIRTUAL

9AM-11AM (via Zoom, Google Meet,

9AM-11AM (available online/app &

9AM-11AM (lessons can be emailed)

9AM-12PM (available online & can be tracked by instructor)

APPLIED SKILL PRACTICE (GED)
11:30AM-1:30PM (via Zoom,
Google Meet, or other form of virtual
face to face meeting)

SY APPOINTMENT ONLY via Zoom, oogle Meet, or other form of virtual ice to face meeting)

TUTORING ASSISTANCE

PHILLIP ROY: HEALTH CARE

r other fo neeting)

SPANISH

KEYBOARDING

IN PERSON CLASSES

*OPEN LAB / JOB SEARCH / APPLIED SKILLS / DRIVER'S PREP

8:30AM-4PM (VARIES BY CLIENT) VIRTUAL CLASSES

IN PERSON AND VIRTUAL

ABE/GED

9AM-11AM (via Zoom, Google Me or other form of virtual face to face eeting)

SPANISH

9AM-11AM (available online/app &

KEYBOARDING

9AM-12PM (available online & can be racked by instructor)

APPLIED SKILL PRACTICE (GED) 11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting)

*TUTORING ASSISTANCE

IN PERSON CLASSES

OPEN LAB / JOB SEARCH / APPLIED SKILLS / DRIVER'S PREP 8:30AM-4PM (VARIES BY CLIENT)

VIRTUAL CLASSES

ED2GO.COM/ COURSES IN PERSON AND VIRTUAL

LIFE SKILLS:

LIFE SKILLS:
(via Zoom, Google Meet, or other form
of virtual face to face meeting)
WHAT COLOR IS MY PARACHUTE

9-11AM PRACTICAL LIFE SKILLS 11:30AM-1:30PM

9AM-11AM (available online/app & can be tracked by instructor)

COMPUTER SKILLS (GENERAL) 11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting)

KEYBOARDING

9AM-12PM (available online & car be tracked by instructor)

*TUTORING ASSISTANCE Google Meet, or other form of virtua to face meeting)

THURSDAY IN PERSON CLASSES

OPEN LAB / JOB SEARCH / APPLIED SKILLS / DRIVER'S PREP

8:30AM-4PM (VARIES BY CLIENT) VIRTUAL CLASSES

IN PERSON AND VIRTUAL

COMPUTER SKILLS (GENERAL) 9AM-12PM (via Zoom, Google Meet, or other form of virtual face to face meeting)

9AM-11AM (available online/app & an be tracked by instructor)

PHILLIP ROY: HEALTH CARE

9AM-11AM (lessons can be emailed)

SELF-SUFFICIENCY:

12:30PM-2:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting)

KEYBOARDING 9AM-12PM (available online & can be tracked by instructor)

*TUTORING ASSISTANCE (BY APPOINTMENT ONLY via Zoom, Google Meet, or other form of virtual face to face meeting)

IN PERSON CLASSES

OPEN LAB / JOB SEARCH / APPLIED SKILLS / DRIVER'S PREF 8:30AM-4PM (VARIES BY CLIENT)

VIRTUAL CLASSES

ED2GO.COM/ COURSES

IN PERSON AND VIRTUAL

9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting)

9AM-11AM (available online/app & an be tracked by instructor)

PHILLIP ROY: HEALTH CARE

9AM-11AM (lessons can be emailed)

KEYBOARDING

9AM-12PM (available online & can be tracked by instructor)

APPLIED SKILL PRACTICE (GED) 11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting)

*TUTORING ASSISTANCE

BY APPOINTMENT ONLY via Zoom, Google Meet, or other form of virtual ace to face meeting)

SCAIR, Inc.

239 E Main St. • El Cajon, CA 92020 Monday-Friday • 8:00am-4:30pm 888.21.SCAIR • 619.328.0676 www.SCAIRInc.org



SEPTEMBER 2025

TUESDAY

Daily services:

Available 8:30-4:00

Career Training

Typing Practice

Microsoft Training

Computer Training

Academic Tutorial

Life Skills Training

Youth Services

College Preparation

Serving the Native American Community Since 1997

MONDAY

8:00am-4:30pm Daily services:

Available 8:30-4:00

Career Training

Typing Practice

Microsoft Training

Computer Training

Academic Tutorial

Life Skills Training

Youth Services

College Preparation

8:00am-4:30pm

WEDNESDAY

8:00am-4:30pm

Daily services:

Available 8:30-4:00 Career Training

Typing Practice Microsoft Training

Computer Training Academic Tutorial Life Skills Training

Youth Services College Preparation 8:00am-4:30pm **Daily services:**

Career Training

Available 8:30-4:00

THURSDAY

Typing Practice Microsoft Training Computer Training Academic Tutorial Life Skills Training Youth Services

College Preparation

FRIDAY

8:00am-4:30pm

Daily services:

Available 8:30-4:00

Career Training **Typing Practice** Microsoft Training

Computer Training Academic Tutorial

Life Skills Training Youth Services College Preparation

Coffee with the Director 9/2: 10:00am

Parenting Support Group Every Wednesday 9:00-10:00am

By appointment only: Counseling Services Youth Academic Tutorial Services County Approved Typing Tests

*After hour tutoring and counseling requests available based on availability of instructors and clinicians

Please visit www.SCAIRInc.org for more information about SCAIR's programs or scan the QR code here:



SEPTEMBER 2025

Santa Ynez

Santa Ynez – SCTCA TANF • 185 W. Highway 246, Suite 102, Buellton, CA. 93427 Phone: (805) 688-1756 • Fax: (805) 688-6827

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Career Development 10am - 1pm*	Parenting 1pm - 3pm*	Career Development 10am - 1pm*	
Job Search**				JOB SEARCH**
	Job Search**	Job Search**	Job Search**	

^{*} By Appointment Only

Commodity Distribution Schedule September 2025

USDA FOOD DISTRIBUTION SCHEDULE FOR SEPTEMBER 2025

DATE	LOCATION	<u>TIME</u>
SEPT 3 RD , WEDNESDAY	PALA	9 AM – 11 AM
SEPT 4 TH , THURSDAY	MANZANITA OLD CAMPO	930 AM – 1030 AM 11 AM –12 PM
SEPT 8 TH , MONDAY	VIEJAS BARONA	9 AM – 10 AM 11 AM – 12 PM
SEPT 10 TH , WEDNESDAY	MESA GRANDE SANTA YSABEL	9 AM – 10 AM 11 AM -12 PM
SEPT 11 [™] , THURSDAY	CAMPO	10 AM – 12 PM
SEPT 15 TH , MONDAY	SAN PASQUAL	8 AM – 12 PM
SEPT 17 TH , WEDNESDAY	LOS COYOTES LA JOLLA	9 AM – 10 AM 11 AM – 12 PM
SEPT 18 TH , THURSDAY	RINCON	8 AM – 12 PM
SEPT 22 ND , MONDAY	PECHANGA PAUMA	9 AM – 10 AM 11 AM – 12 PM

OFFICE CLOSURES: LABOR DAY - SEPT 1ST & CA INDIAN DAY - SEPT 26TH

A HOUSEHOLD CANNOT PARTICIPATE IN THE FOOD COMMODITY PROGRAM IF THEY ARE ON THE CALFRESH (FOOD STAMPS) PROGRAM. YOU CAN PARTICIPATE IN ONLY ONE OF THE ABOVE PROGRAMS.

WRONG INFORMATION ON APPLICATION, DUAL PARTICIPATION, SELLING, OR EXCHANGING USDA FOOD COMMODITIES COULD BE A BASIS FOR DISQUALIFICATION FROM THE FOOD COMMODITY PROGRAM.

IF YOU DO NOT PICK UP ON YOUR SCHEDULED RESERVATION DAY, YOU MUST MAKE AN APPOINTMENT TO PICK UP AT THE WAREHOUSE. CALL OUR OFFICE FOR AN APPOINTMENT.

^{**} Must be Pre-Approved



Coming in October:

- Domestic Violence Awareness Month
- Seneca Nation Buys Lacrosse Team
- A TANF Success Story