

Tribal TANF: Seeking To Assist and Support Native American Families

By Carolyn Stalcup, SCTCA Administrative Coordinator



Sean Bear, left, with his mother Lorraine

Editor's note: The following article about Southern California Chairmen's Association (SCTCA) Tribal TANF was published in the SCTCA TANF Newsletter in 2019. It has been updated and is now reprinted in its entirety.

Tribal TANF (Temporary Assistance for Needy Families) is a grant-funded program that provides a variety of temporary benefits and services to low-income federally-recognized tribes, American Indian and Alaska Native families, with an emphasis on employment.

Tribal TANF temporarily provides families with monthly cash assistance to help take care of their basic living needs, while simultaneously working with the adults in the home to gain or maintain employment that will sustain their family long-term.

Our staff works with each family to develop a personalized plan together to assist them in succeeding in their employment field. The plan identifies how job-ready each adult on the case is and what he or she needs to obtain or maintain employment or advance within their employment field. The plan also identifies any challenges the family may have that may prevent them from succeeding and develops goals and steps to overcome those challenges.

As for job readiness, an adult is job-ready if he or she has the work experience or training to enter into a job. Folks may want to complete additional training or obtain a degree before

(Continued on page 4)

The Basics of Back-To-School Night

Contributed by Karin Giron, Education Coordinator, SCTCA TANF Escondido

Now that it's September, Native American students are back in class.

Most schools host Back-to-School nights shortly after the beginning of the new school year. It's one of the best ways to begin to build that all important home-school connection among parents, their children and their teachers.

Such a connection through a traditional Back-to-School night can be especially important for parents with children in kindergarten through eighth grade. Here's what to expect now that the school year has begun.

(Continued on page 2)





The Southern California Tribal Chairmen's Association (SCTCA) publishes the Tribal Temporary Assistance for Needy Families (TANF) Newsletter throughout the year at:

SCTCA / TANF
P.O. Box 1470
Valley Center, CA 92082
E-mail: gtaylor@sctca.net
(760) 746-0901 Ext. 118

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The purpose of the Tribal TANF Newsletter is to provide the tribal communities with information about services provided by the TANF Programs and other important issues concerning our rural/urban communities and families.

SCTCA provides services to San Diego, Orange and Santa Barbara counties and the following reservations:

Agua Caliente	Los Coyotes	Santa Rosa
Barona	Manzanita	Santa Ysabel
Cahuilla	Mesa Grande	Santa Ynez
Campo	Morongo	Soboba
Ewiiapaayp	Pala	Sycuan
Inaja/Cosmit	Pauma	Torres Martinez
Jamul	Rincon	Viejas
La Jolla	San Manuel	
La Posta	San Pasqual	

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Back to School Night:

When: Schools usually schedule the event for a weekday evening. Unless otherwise specified, this is an adults-only night, so book a sitter.

Who: You'll be able to meet your child's teachers, aides, the principal, and other staff members, and of course your fellow parents.

Where: The evening typically begins with an introduction in the auditorium or gymnasium. Then you'll spend the remainder of the evening with your child's teacher/s.

What: The event gives you a glimpse of your child's daily life at school and an opportunity to learn about the curriculum. You can also sign up to join the PTA or other parent group.

Why: Research shows that parent involvement in schools helps students achieve more and schools thrive, whether they are Native American or non-Native. And joining the PTA is a great way to have a voice in school issues and decisions.

Visiting the Classroom:

Many teachers will have you sit in your child's seat. It makes it easier for them to keep track of which child goes with which parent — especially since a parent may not share the same last name as her child.

Your child's teacher will introduce herself and give an overview of students' daily routines, schedules, goals, and activities. She will also discuss her homework policy, discipline plan, and any other important information such as if she maintains a classroom homepage and how to contact her.

If your child has several teachers for different subjects, you may go from classroom to classroom doing this, usually in the same order your child would, so you experience a mini-day of school. For each subject, the teacher will outline the standards that he hopes to achieve that year and have the books he'll use available for you to review. If your child will need specific supplies for any special projects, you'll find out about that as well. The teacher will discuss how grades will be determined.

At each point, your child's teacher will likely stop and take any questions you have about the world of the classroom. Now's your chance to ask general questions and to clarify anything you find confusing. However, this is not a time to discuss your child's individual needs or progress — save that for parent/teacher conferences when the teacher knows your child better and can talk with you one-on-one.

988 Is the New Number for Suicide and Crisis Lifeline

Contributed by the Substance Abuse and Mental Health Services Administration (SAMHSA)



The 988 Suicide & Crisis Lifeline, formerly known as the National Suicide Prevention Lifeline, is now the easy-to-remember resource for reaching trained crisis counselors who can help with suicide, mental health and substance use-related crises.

In 2020, Congress designated the new 988 dialing code to be operated through the existing National Suicide Prevention Lifeline. All telephone service and text providers in the U.S. and the five major U.S.

territories were required by the Federal Communication Commission (FCC) to activate 988 no later than July 16, 2022.

In 2020, the U.S. had one death by suicide every 11 minutes. Suicide is a leading cause of death for people aged 10-34 years.

For Native Americans, suicide was the second leading cause of death for American Indian/Alaska Natives between 10-34. Some of the other statistics from the Department of Health and Human Services (HHS) regarding Native American are similarly grim:

- **The overall death rate from suicide for American Indian/Alaska Native adults is about 20 percent higher as compared to the non-Hispanic white population.**
- **In 2019, adolescent American Indian/Alaska Native females, ages 15-19, had a death rate that was five times higher than non-Hispanic white females in the same age group.**
- **In 2018, American Indian/Alaska Native males, ages 15-24, had a death rate that was twice that of non-Hispanic white males in the same age group.**
- **Violent deaths, unintentional injuries, homicide, and suicide, account for 75 percent of all mortality in the second decade of life for American Indian/Alaska Natives.**

The new 988 number, which also links to the Veterans Crisis Line, follows a three-year joint effort by the HHS, FCC and the U.S. Department of Veterans Affairs (VA) to put crisis care more in reach for people in need, including Native Americans.

"988 is more than a number, it is a message: we're there for you. Through this and other actions, we are treating mental health as a priority and putting crisis care in reach for more Americans," said HHS Secretary Xavier Becerra, who has been meeting with states across the country about the transition to 988.

DISPATCHES Canada



An Indigenous Peoples leader meets Pope Francis in Canada

In late July, Pope Francis traveled to Canada to do what no Pope before him had done: personally and formally apologize on behalf of the Catholic Church to the country's Indigenous Peoples.

"I am deeply sorry — sorry for the ways in which, regrettably, many Christians supported the colonizing mentality of the powers that oppressed the Indigenous peoples," Francis said in his native Spanish, according to the *Washington Post*.

"I ask forgiveness, in particular, for the ways in which many members of the church and of religious communities cooperated, not least through their indifference, in projects of cultural destruction and forced assimilation promoted by the governments of that time, which culminated in the system of residential schools...It is painful to think of how the firm soil of values, language and culture that made up the authentic identity of your peoples was eroded, and that you have continued to pay the price of this."

The pope's visit is a response to years of Indigenous requests for an acknowledgment from the Catholic Church, which ran a majority of the schools in the 19th and 20th centuries, noted the *Post*. Though Francis for much of his pontificate had declined to apologize, he faced mounting pressure after Indigenous groups last year said ground-penetrating radar had located hundreds of unmarked graves near former residential schools.

The 85-year-old Francis — who was frequently in a wheelchair throughout his Canadian visit — met with Indigenous leaders throughout his trip. He had apologized earlier this year to the nation's Indigenous Peoples, but that was at the Vatican in Rome. He traveled to Canada for five days to personally apologize, which was accepted by most — but not all — Indigenous survivors of the residential schools.

One survivor - Helen Charlie, 63, flew in for the event from Whitehorse, Yukon. She told the *Post* though the pope didn't apologize for the broader church, he did apologize in personal terms that she found moving. "It was like he took the blame for everything," she said after the event, as she moved toward the stage, hoping to meet him. She said she wanted to touch the pope's shirt, take him close and ask him to pray for the many people she knew who died young — including from alcoholism that she attributed in part to residential school experiences.

"I cried while he talked," Charlie told the *Post*.

Victor Buffalo, another survivor, said his relationship with his parents, who also attended residential schools, was strained for many decades after he left the school in 1961.

"The greatest thing that we lost was love," Buffalo told the *Post*. "The love of a family, the love of a mother, the love of a father."

— Gary P. Taylor

Tribal TANF: Seeking To Assist and Support Native American Families

entering into employment, but the family's immediate needs are addressed first. Therefore, we put all our energy into supporting the family where it is currently at.

Our staff works very close with each family to assist in every way possible to encourage the family in a direction of self-sufficiency. This accomplishment not only strengthens the family but also strengthens the community.

On Cash Aid and other Assistance

Contributed by SCTCA TANF staff

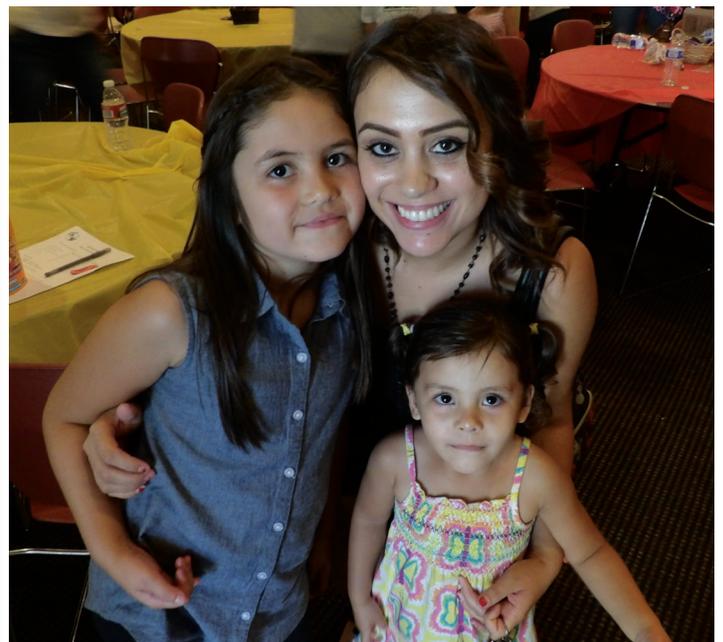
The Tribal TANF program provides cash aid and other assistance necessary to promote the empowering of Native American families to become self-sufficient so they can support and nurture themselves, their children and community. The cash aid award is designed to be temporary and assist with the purchase of basic needs. The monthly cash aid assistance may be supplemented by other resources, such as commodities/CalFresh for food, Women, Infants & Children (WIC) and Medi-Cal for health needs.

Tribal TANF provides many other resources designed to the end of dependency on government assistance by removing barriers to employment and promoting job readiness. TANF services are considered successful when participants complete various programs that allow them to gain full-time permanent employment. We provide a large variety of services, incentives, and assistance to support this goal. We encourage each of you to identify how you can make the most of your TANF case by contacting your Career/Vocational Development Specialist. We look forward to assisting you on your path to self-sufficiency.



SCTCA Tribal TANF: A Quick Overview

- Provide TANF participants support and services which will reduce and/or remove challenges to employment and enable them to pursue training and education which will lead to employment and self-sufficiency.
- Provide TANF participants support and services which will increase their employability skills which will enable them to become more competitive in the employment arena.
- Provide TANF school-age children support and services which will enable them to attend school regularly and successfully complete their current grade and progress on to the next grade level each year
- Provide TANF participants support and culturally relevant services and activities which will increase cultural pride and self-sufficiency; support and strengthen family cohesion; teach traditional values; strengthen community involvement; and build supportive social networks.



TANF Participants: Prepare for a Successful Interview Before Applying for the Job

By Gary P. Taylor, SCTCA TANF

Before a TANF participant applies for a job, he or she should do whatever they can to prepare for a successful job interview.

For some people, writing a resume and cover letter is difficult. For others, the actual job interview can be the most stressful and difficult part of seeking employment.

The following tips – compiled by professionals and employers - are designed to help TANF participants prepare themselves before the interview, during the interview and after the interview.

Tips for Job Interview Success:

Prepare yourself

- Have a professional voicemail greeting
- Review and know your resume
- Be prepared to fill out an application, have a completed Master Application to copy information from
- Practice questions and answers about your work history
- Prepare everything you'll need to bring (extra resumes, cover letters, and references)
- Remember, first impressions are lasting

Appearance

- Dress code varies depending on the position, type of company and industry
- Dress conservatively in muted tones such as black, blue, beige, grey or white
- Personal Hygiene: Wear little or no perfume or cologne.
- Hair: Nicely trimmed beard or mustache. Hair pulled back and away from face. The goal is to be presentable appear neat and organized
- Accessories: Make-up, jewelry and other accessories to a minimum

Research the company

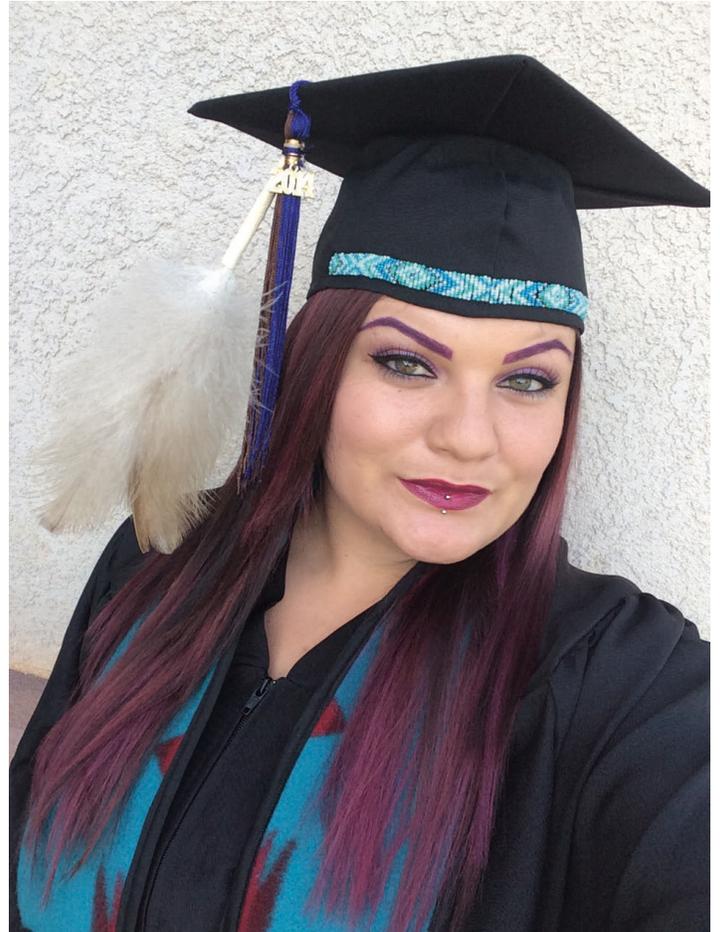
- What do they do? What is their Mission Statement?
- Where are they located? Get accurate directions and parking information – DON'T BE LATE

How early should you arrive?

- Arrive no more than approximately 20 minutes early
- Appear confident: Firm handshake, smile, eye contact, and good posture, be enthusiastic

Interview Questions

- Do one or more mock interviews
- What excites you about the company or organization?
- What skills do you possess that they are seeking?
- Don't forget to ask the employer questions (Example: What are the next steps in the interview process?)



After the Interview

- Express your interest in the position before you conclude
- Ask the interviewer(s) for a business card for your thank-you letter
- Email and mail a Thank-You Card/Letter within the following 24 hours of interview
- Thank you letter should include appreciation for the interviewer's time. You should also express your continued interest and enthusiasm for the position.

Participants are encouraged to take advantage of your Tribal TANF Career Development Specialist's resources and services.

For TANF Participants, Ten Tips to Keeping Your Job

Contributed by SCTCA TANF Escondido staff

SCTCA TANF assists participants seeking a job in designing, developing and presenting resumes and cover letters to prospective employers.

Once a participant accepts a job offer and begins work, there are some things that can be done to assure an employer you are dedicated to the job.

In order to ensure that you are able to keep this new job and enjoy career growth, here are what could be considered to be the top 10 tips for career success:

Attendance - Be on time. The workers who are late to work, take a long lunch hour, use a ton of sick time, and/or leave early every day aren't going to win any points with their boss. Be punctual and be there, instead of making excuses for why you can't be at work.

Call In - If you know you will be tardy or absent, and this should happen rarely, call in. Most companies treat regular absences or tardiness without notice much more seriously than simple absence or tardiness due to unexpected circumstances or emergencies.

Be a Team Player - The employees who don't get along well with others, who gossip about other workers, or who aren't willing to pitch in to help, aren't going to be appreciated. Those who are able to see the big picture and who are also willing to pitch in without worrying about who will get the credit, will be greatly appreciated.

Be Flexible. When the company needs someone to change shifts, work weekends, put in some overtime, or work a different schedule, think about volunteering if your personal schedule permits. When changes in work priorities present themselves, be willing to go with the flow. Flexibility can be a key component of hanging on to your job.

Try Your Best - Always finish an assignment, no matter how much you would rather be doing something else, and give 100% effort to your work. It is always good to have something to show for the time you have spent. If you are giving your best, it will show.

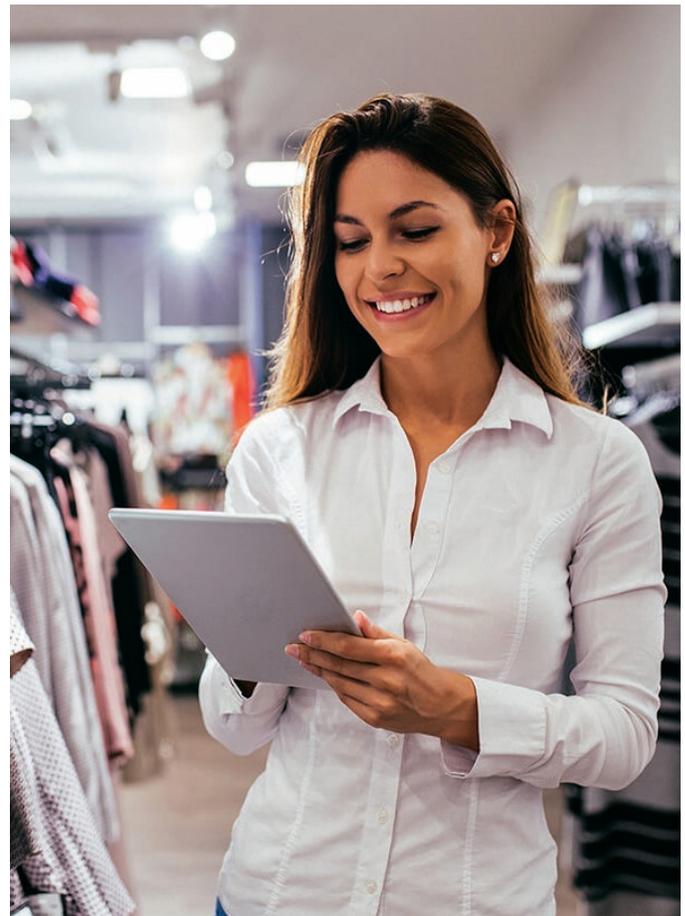
Show a Positive Attitude - No one wants to be around someone who is a "downer". A positive person tends to be solution oriented and have a "can do" attitude that team members enjoy. Opportunity tends to present itself to positive people but it shuns the negative.

Ask Questions - When you don't know, ask. There is no such thing as a "stupid question." One of the most common causes of poor job performance is employee fear of asking questions. Good Managers would prefer you ask, learn and succeed rather than guess, fumble and fail.

Avoid Cell Phone Use - Follow your company's telephone guidelines- Be sure to follow your new company's policies regarding answering incoming or making outgoing calls. Avoid making and receiving personal calls, unless absolutely necessary. If they are absolutely required, keep them short.

Work Hard - Your supervisor wants you to become productive as soon as possible. A productive person is regarded as a good employee. This goes along with trying your best but involves consistency. If you consistently work hard, your boss will take notice.

Look for Opportunities to Serve – Whether it is your customer or your coworker, always be ready to give a helping hand. Those who will become leaders must first learn how to serve.





SOUTHERN CALIFORNIA
TRIBAL CHAIRMEN'S ASSOCIATION
TRIBAL TANF

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Empowering Families... Strengthening Communities...

Tribal Temporary Assistance for Needy Families (**TANF**) is a federal and state funded program that provides cash assistance and supportive services to Native American families who are in need.

The Southern California Tribal Chairmen's Association (SCTCA) offers the **Tribal TANF** program to all Native American families residing in the counties of San Diego, Santa Barbara and Orange.

Services provided include:

- Monthly Cash Aid Assistance
- Training Opportunities
- Job Preparation / Job Search
- Assistance with overcoming Employment Challenges
- Child Care Assistance
- Transportation Assistance for training activities
- Academic Incentives
- Family Engagement and Empowerment Activities
- Adult & Family Counseling Services

Contact us today for more information or to apply

ORANGE COUNTY

Orange Office

218 W. Lincoln Avenue
Orange CA 92865
(714) 450-9240

SANTA BARBARA COUNTY

Santa Ynez Office

185 W. Hwy 246, Suite 102
Buellton, CA 93427
(866) 855-8263

SAN DIEGO COUNTY

Escondido Office

350 East Grand Ave, Suite 100
Escondido, CA 92025
(866) 428-0901

La Mesa Office

8100 La Mesa Blvd., Suite 100
La Mesa, CA 91942
(866) 913-3725

Manzanita Office

39A Crestwood
Mailing: P.O. Box 1292
Boulevard, CA 91905
(866) 931-1480

Pala Office

36146 Pala Temecula Rd., Bldg G
Mailing: 35008 Pala Temecula Rd.,
PMB 70
Pala, CA 92059
(888) 806-8263

M-F / 8:00am-4:30pm / Closed Holidays

www.sctca.net



A Few Recipes for the End of Summer

Contributed by Susie Linton, Director, SCTCA Food Distribution

Summer is coming to an end – but that doesn't mean it's the end of some delicious recipes.

There's BLTA Salad – instead of the sandwich, it's a salad with mixed greens, tomatoes – and, of course, bacon.

There's also Three Sisters Soup, a traditional Native American dish. SCTCA Food Distribution will be making this very tasty soup and giving out samples to participants in September.

And finally there is a California Avocado Wrap, filled with avocado, chicken breast, blueberries and Greek yogurt.

Each of the three recipes are end of the summer dishes that are fairly easy to make with minimal preparation time.

BLTA Salad

Prep time: 10 minutes

Cook time: 10 minutes

Course: Salad, Entree

Cuisine: American

Servings: 4 people

Calories: 55 calories

Ingredients:

4 pieces **bacon** cooked to a crisp

6 cups **lettuce mixed greens**, washed and ready to eat

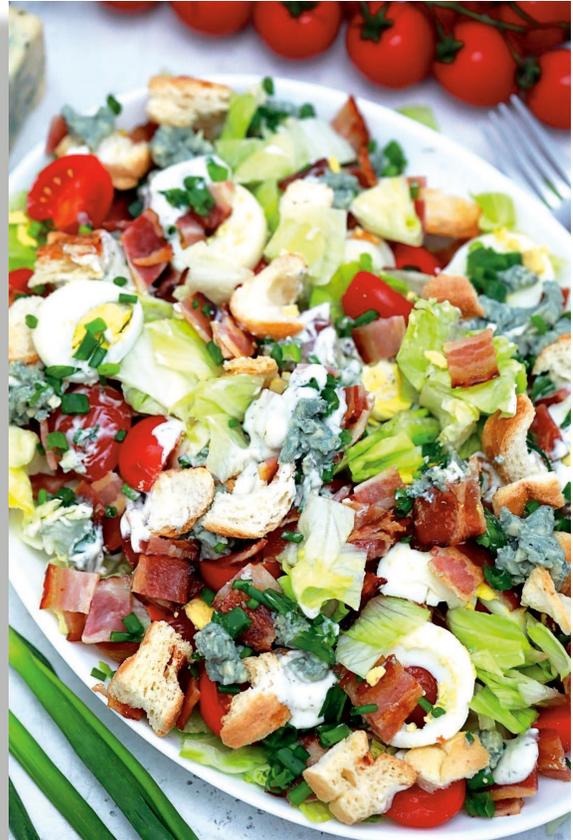
2 cups **cherry tomatoes**

1 each **avocado** diced

2 tablespoons **Italian dressing**

Directions:

1. Toss the greens and dressing together
2. Place the salad on plates.
3. Top with tomatoes, avocado, and a few pieces of broken bacon.
4. Croutons are optional.



Three Sisters Soup

Ingredients:

1 1/2 Tablespoons **vegetable oil**

3/4 cup diced **carrot**

1 cup chopped **onion**

4 cloves **garlic**, minced or 1 teaspoon garlic powder

2 cups diced **summer** or **winter squash** (fresh or frozen)

1 1/2 cups **corn** (fresh or frozen) or a 15-oz can (drained and rinsed)

1 1/2 cups **cooked beans** (any type) or a 15-oz can (drained and rinsed)

1 can (15 ounces) diced **tomatoes** or 2 cups diced fresh

3 1/2 cups low-sodium **broth** (any type)

1 teaspoon **cumin**

1/4 teaspoon **pepper**

Directions:

1. Wash hands with soap and water.
2. Heat oil in a large pan on medium heat. Add **carrot and onion** and saute until onions have begun to turn slightly brown, about 8 to 10 minutes.
3. Add **garlic, squash and corn** and continue to stir for another 3 to 4 minutes.
4. Add **beans, tomatoes, broth, cumin and pepper**.
5. Allow soup to come to a boil and then turn heat down to a simmer until all vegetables are tender to taste (15 to 30 minutes, depending on the vegetables used).
6. Refrigerate leftovers within 2 hours.



California Avocado Wrap

Prep time: 15 minutes

Servings: 4 people

*Fresh avocado doubles for dressing and filling complementing **blueberries, carrots, arugula and chicken** in this appetizing summer wrap.*

Ingredients:

- 1 ripe **avocado** (seeded, peeled, and cut into chunks)
- 1/2 cup plain **nonfat Greek yogurt**
- 1 teaspoon **lime juice** 1/2 cup **blueberries**
- 1/2 cup **carrots** (grated)
- 1/4 cup **red onion** (chopped)
- 2 cups **fresh arugula** (chopped)
- 12 ounces cooked **chicken breast** (cubed)
- 4 8" whole **wheat tortillas**

Directions:

1. Wash hands with soap and water.
2. Mash half the avocado chunks with yogurt and lime juice in a medium bowl.
3. Add remaining filling ingredients, including the rest of the avocado chunks; mix gently.
4. Top each tortilla with 1/4 of filling mixture.
5. Roll tuck in ends. Slice in half diagonally, securing with toothpicks, if needed.



UNITY Conference Draws Thousands of Native American Youth to San Diego

By Karin Giron, Education Coordinator, SCTCA TANF Escondido

Editor's note: This article was first published in the August 2018 issue of the SCTCA TANF Newsletter. It marked the UNITY Conference's celebration of the traditions and culture of Native Americans

In the first week of July, over 2,300 Native American youth representing tribes throughout the country gathered at the Town & Country Resort and Convention Center in San Diego for the 42nd Annual National UNITY Conference.

In line with year's theme- Answering the Call of our Ancestors- the Local Planning Committee (LPC), headed by Elena Hood and Harold Arres, collaborated with UNITY to ensure the traditions and cultures of Southern California Native American tribes were featured throughout the five days of the conference.

In the early stages of planning, the LPC hosted planning meetings at several reservations to collect input and ideas. It was a consensus that the LPC properly welcome attendees to the region. Therefore, on July 5th, the conference began with a Bird Gathering, which was coordinated by the LPC and funded by local tribes. The Bird Gathering showcased song styles from groups throughout Southern California led by Junior Cuero, Wayne Nelson, Mike Morales, Walter Holmes, Jacob Alvarado, and Daniel Murphy. In addition, attendees were also welcomed to the area by a feed and also had an opportunity to learn about the local tribes from the Barona Cultural Museum and Ami Admire.

At the conclusion of the Bird Gathering, Spiritual Advisor, SleepyEye LaFromboise, Sisseton Wahpeton Sioux/Tonawanda Seneca, led the lighting of the UNITY fire, which has been

a tradition at the annual conference for the past twenty-three years. Once lit, the fire remains burning throughout the conference. The ceremony included a welcome and prayer from H. Paul Cuero Jr., Vice Chairman of the Campo Kumeyaay Nation.

The evening's general session opened with a Grand Entry, which included the American Indian Warrior Association carrying in the eagle staff and flags as they led the Parade of Nations. Each youth council selected two representatives dressed in traditional attire to carry in their tribal nation's flag. Once all the tribal councils were recognized, Christian Parrish Takes the Gun, known professionally as Supaman, of the Apsáalooke, provided the keynote.

Supaman is a rapper, fancy dancer, motivational speaker and member of Mag 7. During his keynote, he recounted his difficult childhood on Crow Agency. Supaman said he was the son of alcoholics who lost custody of their children due to their addiction. After spending a few years in foster care, he finally returned to live with his parents, only to find himself in the same cycle of abuse and alcoholism a few years later.

It wasn't until his father died due to an alcohol-related incident that caused his mother finally stop drinking. Supaman said that living through those years is the reason that he vowed to never use alcohol and drugs. The evening ended with a special viewing of Taboo and Mag 7's new "One World" music video, which was



Youth in traditional attire gather around tribal elder Randy Edmonds

filmed on the Pechanga Indian Reservation in Temecula.

Each morning's general session also included a blessing from a local tribal representative and cultural performance coordinated by the LPC. On Friday, July 6th, Jamie LaBrake, Sycuan Band of the Kumeyaay Nation, and Blue Eagle Vigil, Viejas Band of Kumeyaay Indians, began the day with a blessing and bird songs. The second day's cultural presentation was provided by the 2017 Heard Museum World Teen Champion Hoop Dancer, Nanabah Kadenehii, Navajo.

The keynote was provided by Matika Wilbur, Swinomish and Tulalip. She is founder of Project 562 in which she has travelled throughout the country and photographed hundreds of tribes in an effort to accurately portray contemporary Native Americans. Through her efforts, she's not only visually capturing tribal members, but she is documenting traditions, cultures, and the history of the people told by tribal members.

On Saturday, July 7th, respected Tribal Elder Randy Edmonds, Kiowa/Caddo, provided the morning blessing and brief history of the Indian relocation program. He also spoke about the efforts of the San Diego Urban community to maintain a cultural and traditional connection while residing in metropolitan areas. He was also the emcee of the cultural performance, which featured Powwow dancers from the Soaring Eagles and Fancy Moccas. Edmonds introduced each dance style by providing information about the origins of each dance.

On the fourth day of the conference, the morning blessing was provided by Chris Devers, former tribal chairman of the Pauma Band of Luiseño Indians. The cultural performance featured the Rincon Youth Storytellers, directed by Ami Admire. The Storytellers comprises youth ranging from 3rd to 12th grade. The ensemble utilize the Luiseno language to share traditions, songs, stories, games and prayers.



Christopher Parrish Takes the Gun, also known as Supaman

During the conference, they told the story of "How Stink Bug Became Black" and also featured artwork by one of their members, Anthony Hurtado. The keynote address was provided by Brooke Simpson, Haliwa-Saponi, who was a top three finalist on NBC's "The Voice." According to Mary Kim Titla, UNITY's Executive Director, Simpson's personal story will encourage and inspire attendees to pursue their passions and goals despite any adversity.

The conference also had an array of activities for the students to participate in from the moment they woke up until their midnight curfew. Each day began with a WELLNESS WARRIORS FITNESS ACTIVITY and ended at the UNITY FIRE for talking circles, storytelling, and prayer ceremonies.

The conference also included the following: Youth Leaders Training; Advisor/Chaperone Training; Youth Entrepreneurship Summit (YES!) presented by Chris James, CEO National Center for American Indian Enterprise Development and Sam McCracken, General Manager, Nike N7. Sessions also included the Regional Caucuses for youth councils; A CULTURAL EXCHANGE; CAMPUS TOURs at UCSD and SDSU, 3-ON-3 BASKETBALL TOURNAMENT coordinated by UCSD; the inaugural Indigenous Bowl Game coordinated by the 7G Foundation; TALENT SHOW; an Educational and Career Expo and multiple workshops. The conference also featured the annual UNITY Gala, followed by the UNITY Dance.

On the last day of the conference, the blessing was provided by Kenny Meza, former Chairmen of the Jamul Indian Village. The final cultural presentation was performed by renowned Native Blues Artist Tracy Lee Nelson, La Jolla Band of Luiseno Indians.

The closing ceremony began with the retreat of the eagle staff and colors by Richard DeCrane, Kenny Meza, Tracy Lee Nelson, to the UNITY fire. At the fire, the three men danced in victory prior to putting out the fire. Kenny Meza once again provided a blessing for the attendees and local bird singers sang the final traveling songs.



A life-like cardboard cutout of a tribal member at the Unity Conference

A Painting, Photographs – And a Sculpted Image

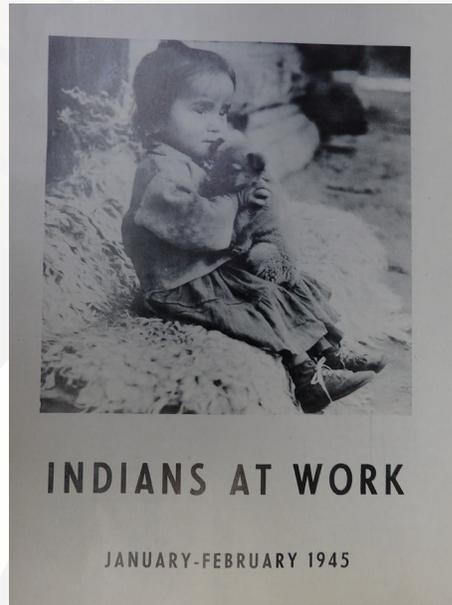
By Gary P. Taylor, SCTCA TANF

Native American art can take many forms.

Some art is through photographs or paintings. Some is in beadwork, or sculpture; still others are in drawings, illustrations and traditional colors. Such works of art have been on display throughout the years, both on and off the reservation.

On this page are some of those pieces. Each reflects some aspect of Native American culture. In one photograph, U.S. Army officers prepare for a funeral for a Native American veteran on the Mesa Grande Indian Reservation a decade ago; in another, a little Navajo girl holds a little puppy tightly on a 77-year-old magazine cover.

A vibrant painting depicts Indians long ago, at work, in a small village; and a sculpted image shows a Native American woman, eyes closed, beneath feathers and the unmistakable head of an eagle.



Class Calendars

Two Directions, Inc.
June 6th-Dec. 31st, 2022

2022 CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
Space #8 Classroom 1 Classes				
	Life Skills 9:00-11:00 am Laura Rizza (Soft skills, Building Healthy Families, Social skills, Survival skills, Em-ployability, Finances, & more)	* In Person/Virtual/and Distance Learning		Tribal Culture 9:00-11:00 am Heather Turnbull
Break 11:00-11:15				
	Culture Class 11:15-1:15 pm Heather Turnbull (Ribbon Shirts & skirts, gourd projects, Moccasin making, cradleboards, and much more)		Tribal Culture 11:15-1:15 pm Heather Turnbull (Basic Beading, Lazy Stitch, Applique, Rosette, Peyote stitch, gourd stitch, brick stitch, Loom work, & more)	Indep. Tribal Culture 11:15-1:15 pm
Break 1:15-1:30 pm				
	Independent Culture 1:30-4:30		Indep. Tribal Culture 1:30-4:30	
** Please contact Claudina to make arrangements for virtual/distance learning				

Two Directions, Inc.
June 6th— Dec. 31st, 2022

2022 CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
Space #8 Classroom 2 Classes				
9:00-11:00 Study Period	9:00-11:00 Study Period	9:00-11:00 Study period	9:00-11:00 Study Period	9:00-11:00 Diploma / HiSet/ *ABE
* In Person/Virtual/and Distance Learning				
Break 11:00-11:15				
11:15-1:15 Study Period	DMV Class 11:15-1:15 Laura Rizza (Permit Prep, Test scheduling, behind the wheel training)	11:15-1:15 Study Period	Diploma / HiSet/ *ABE 11:30-12:30 Josh M. (WASC accredited diploma program, HiSet 5 series and GED 4 series test prep; state-endorsed high school equivalency certificate, ABE; basic skills development, writing & math)	Diploma / HiSet/ *ABE 11:15-1:15 Josh M. Skills, college assessment prep, college, community college and online course support)
Break 1:15-1:30				
1:30-4:30 Study Period	1:30-4:30 Study Period	1:30-4:30 Study Period	1:30-4:30 Study Period <small>*Adult Basic Education</small>	No classes <small>*Adult Basic Education</small>
** Please contact Claudina to make arrangements for virtual/distance				

Two Directions, Inc.
June 6th—Dec. 31st, 2022

2022 CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
Space #39 Computer Lab Classes				
Self Paced Class 9:00-11:00 Staff	Computers 9:00-11:00 Staff	Computers 9:00-11:00 Staff	Intro to PCs 9:00-11:00 C. Illingworth	Computers 9:00-11:00 J. Murphy
* Classes offered but are not limited to; Introduction to Computers, Word, Excel, PowerPoint, Quick-Books, Keyboarding, Accounting, Business budgeting, Business Ethics, Business Management, Business Professionalism, Payroll Management, Small Business classes, Business Branding, Business Writing, Career Training, Entrepreneurship, Language Arts, Legal Classes, Medical Billing, Office Skills, and more classes.				
Break 11:00—11:15				
Self Paced Class 11:15-1:15 Staff	Computers 11:15-1:15 L. Rizza	Computers 11:15-1:15 Staff	Intro to PCs 11:15-1:15 C. Illingworth	Computers 11:15-1:15 J. Murphy
* In Person/Virtual/ and Distance Learning				
Break 1:15-4:15				
Self Paced Class 1:15—4:15 Staff	Self Paced Class 1:15—4:15 Staff	Self Paced Class 1:15—4:15 Staff	Self Paced Class 1:15—4:15 Staff	Computer Class closed @1:15 pm on Friday's
** Please contact Claudina to make arrangements for virtual/distance				

TWO DIRECTIONS COMPUTER LABS ARE OPEN AT ALL TIMES DURING BUSINESS HOURS.
 MAKE SURE TO SIGN IN AND OUT TO RECEIVE WORK PARTICIPATION HOURS.

35008 Pala Temecula Road PMB 4 Pala, CA 92059
Phone (760) 749-1196 Fax(760) 749-9152
Email : staff@twodirections.com

OFFICE CLOSURES:
Monday, September 5, 2022
 To observe Labor Day
 and
Friday, September 23, 2022
 to observe CA Indian Day

SEPTEMBER 2022 CALENDAR
BG ASSOCIATES INC.
 (NEW ADDRESS)
 210 S. JUNIPER ST., SUITE 212
 ESCONDIDO, CA 92025
 WWW.BGASSOCIATESINC.COM
 PH: (760) 737-0113
 FX: (760) 737-0581
 MONDAY-FRIDAY
 8:30AM-4:00PM

BG ASSOCIATES INC.
 PROVIDES INDIVIDUALIZED
 LEARNING TO
 ACCOMMODATE THE
 SCHEDULE & NEEDS OF
 PARTICIPANTS.
 CLASSES & TIMES ARE SUBJECT
 TO CHANGE DUE TO COVID-19
 RESTRICTIONS.

FOR CLASS INFORMATION, CONTACT KAYLEIGH at
 KGUACHENA@BGASSOCIATESINC.COM.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
IN PERSON CLASSES *OPEN LAB / JOB SEARCH / APPLIED SKILLS 8:30AM-4PM (VARIES BY CLIENT)	IN PERSON CLASSES *OPEN LAB / JOB SEARCH / APPLIED SKILLS 8:30AM-4PM (VARIES BY CLIENT)	IN PERSON CLASSES *OPEN LAB / JOB SEARCH / APPLIED SKILLS 8:30AM-4PM (VARIES BY CLIENT)	IN PERSON CLASSES *OPEN LAB / JOB SEARCH / APPLIED SKILLS 8:30AM-4PM (VARIES BY CLIENT)	IN PERSON CLASSES *OPEN LAB / JOB SEARCH / APPLIED SKILLS 8:30AM-4PM (VARIES BY CLIENT)
VIRTUAL CLASSES	VIRTUAL CLASSES	VIRTUAL CLASSES	VIRTUAL CLASSES	VIRTUAL CLASSES
IN PERSON AND VIRTUAL	IN PERSON AND VIRTUAL	IN PERSON AND VIRTUAL	IN PERSON AND VIRTUAL	IN PERSON AND VIRTUAL
SPANISH 9AM-11AM (available online/app & can be tracked by instructor) PHILLIP ROY: Are You Ready to Own Your Own Business? 9AM-11AM (lessons can be emailed) KEYBOARDING 9AM-12PM (available online & can be tracked by instructor) ABE/GED 9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting) APPLIED SKILL PRACTICE (GED) 11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting) *TUTORING ASSISTANCE (BY APPOINTMENT ONLY via Zoom, Google Meet, or other form of virtual face to face meeting)	SELF-SUFFICIENCY: FINANCIAL FREEDOM 9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting) KEYBOARDING 9AM-12PM (available online & can be tracked by instructor) COMPUTER SKILLS (GENERAL) 11:30AM-2:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting) PHILLIP ROY: Are You Ready to Own Your Own Business? 12PM-2PM (lessons can be emailed) *TUTORING ASSISTANCE (BY APPOINTMENT ONLY via Zoom, Google Meet, or other form of virtual face to face meeting)	LIFE SKILLS: (via Zoom, Google Meet, or other form of virtual face to face meeting) SELF MOTIVATION 9-11AM WORKPLACE ETIQUETTE 11:30AM-1:30PM SPANISH 9AM-11AM (available online/app & can be tracked by instructor) KEYBOARDING 9AM-12PM (available online & can be tracked by instructor) ABE/GED 12:30PM-2:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting) *TUTORING ASSISTANCE (BY APPOINTMENT ONLY via Zoom, Google Meet, or other form of virtual face to face meeting)	ABE/GED 9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting) COMPUTER SKILLS (GENERAL) 9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting) PHILLIP ROY: HEALTH CARE 9AM-11AM (lessons can be emailed) MATH/ENGLISH REFRESHER 11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting) *TUTORING ASSISTANCE (BY APPOINTMENT ONLY via Zoom, Google Meet, or other form of virtual face to face meeting)	SPANISH 9AM-11AM (available online/app & can be tracked by instructor) PHILLIP ROY: Are You Ready to Own Your Own Business? 9AM-11AM (lessons can be emailed) KEYBOARDING 9AM-12PM (available online & can be tracked by instructor) ABE/GED 9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting) APPLIED SKILL PRACTICE (GED) 11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting) *TUTORING ASSISTANCE (BY APPOINTMENT ONLY via Zoom, Google Meet, or other form of virtual face to face meeting)

SEPTEMBER 2022
 SCAIR Weekly Calendar
 Serving the Native American
 Community Since 1997



SCAIR, Inc.
 239 E. Main St. | El Cajon, CA 92020
 Monday-Friday | 8:00am-4:30pm
 888.21.SCAIR | 619.328.0676
 www.SCAIRinc.org

MONDAY
 8:00am-4:30pm
 In-Person or Virtual Classes Available
 Career Training Services
 Computer Training Services
 Academic Tutorial Services*
 Cultural Education
 Emergency Supportive Services
 Life Skills Training
 Youth Services
 Appointment via Tele-Medicine Only
 Counseling Services**
 9am, 10am, 11am & 1pm Appointments
 County Approved Typing Test
 9/5 | CLOSED
 Observance of Labor Day

TUESDAY
 8:00am-4:30pm
 In-Person or Virtual Classes Available
 Career Training Services
 Computer Training Services
 Academic Tutorial Services*
 Cultural Education
 Emergency Supportive Services
 Life Skills Training
 Youth Services
 Appointment via Tele-Medicine Only
 Counseling Services**
 9am, 10am, 11am & 1pm Appointments
 County Approved Typing Test

WEDNESDAY
 8:00am-4:30pm
 In-Person or Virtual Classes Available
 Career Training Services
 Computer Training Services
 Academic Tutorial Services*
 Cultural Education
 Emergency Supportive Services
 Life Skills Training
 Youth Services
 Appointment via Tele-Medicine Only
 Counseling Services**
 9am, 10am, 11am & 1pm Appointments
 County Approved Typing Test
 9/21 | 8:00am-4:30pm
 Career Training
 By Appointment Only
 Resume Development Training

THURSDAY
 8:00am-4:30pm
 In-Person or Virtual Classes Available
 Career Training Services
 Computer Training Services
 Academic Tutorial Services*
 Cultural Education
 Emergency Supportive Services
 Life Skills Training
 Youth Services
 Appointment via Tele-Medicine Only
 Counseling Services**
 9am, 10am, 11am & 1pm Appointments
 County Approved Typing Test
 9/1 | 4:00pm-4:30pm
 Sacred Pipe TUPE Program at SDAIYC
 9/15 | 2:00pm
 Sacred Pipe TUPE Packet Drop-Off (SDAIYC)

FRIDAY
 8:00am-4:30pm
 In-Person or Virtual Classes Available
 Career Training Services
 Computer Training Services
 Academic Tutorial Services*
 Cultural Education
 Emergency Supportive Services
 Life Skills Training
 Youth Services
 Appointment via Tele-Medicine Only
 Counseling Services**
 9/23 | CLOSED
 Observance of Native American Day

Native NetWORKS Program
Tribal TANF Program
American Indian Education Centers (AIEC) Program
Sacred Pipe Tobacco-Use Prevention Education (TUPE) Program
Howka Community Service Block
Grant (CSBG) Program
Emergency Food & Shelter Program
 *After hour tutoring requests available based on availability of Instructor.
 **Evening hours available based on availability of Clinicians.

Santa Ynez

Santa Ynez – SCTCA TANF • 185 W. Highway 246, Suite 102, Buellton, CA. 93427
 Office Hours Monday - Friday, 8am-4:30pm • Phone: (805) 688-1756 • Fax: (805) 688-6827

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Office Hours: 8AM - 4:30PM	Office Hours: 8AM - 4:30PM	Office Hours: 8AM - 4:30PM	Office Hours: 8AM - 4:30PM	Office Hours: 8AM - 4:30PM
	CAREER DEVELOPMENT 10AM - 1PM*	PARENTING 1PM - 3PM*	CAREER DEVELOPMENT 10AM - 1PM*	
JOB SEARCH**	JOB SEARCH**	JOB SEARCH**	JOB SEARCH**	JOB SEARCH**

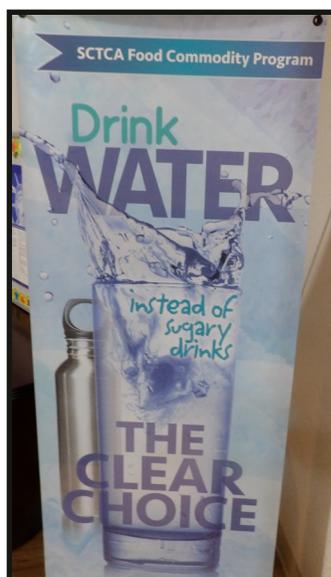
* By Appointment Only ** Must be Pre-Approved

Manzanita

Manzanita SCTCA Tribal Training Program • 39 A Crestwood, Boulevard, CA
 Phone: (619) 766-3236

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Culture/ Entrepreneurial Class 9AM-12PM	GED Prep 10AM-1PM	World of Work 9AM-12PM	GED Prep 10AM-1PM	Tutorial 9AM-12PM
Native Arts & Crafts 12:30PM-3:30PM	Computers 10AM-1PM	GED Prep 12:30PM-3:30PM	Computers 10AM-1PM	
	Parenting Class 12:30PM-3:30PM			

Commodity Distribution Schedule September 2022



COMMODITY DISTRIBUTION SCHEDULE FOR SEPTEMBER 2022		
DATE	LOCATION	TIME
SEPTEMBER 6, TUESDAY	RINCON	8 AM - 12 PM
SEPTEMBER 8, THURSDAY	PECHANGA PAUMA	9 AM - 10 AM 10:30 AM - 11:30 AM
SEPTEMBER 12, MONDAY	PALA	9 AM - 11:30 AM
SEPTEMBER 14, WEDNESDAY	MANZANITA/LA POSTA OLD CAMPO	9:30 AM - 10:45 AM 11:30 AM - 12:30 PM
SEPTEMBER 15, THURSDAY	VIEJAS BARONA	9 AM - 10 AM 11 AM - 12 PM
SEPTEMBER 19, MONDAY	MESA GRANDE SANTA YSABEL	9 AM - 10 AM 11 AM - 12 PM
SEPTEMBER 21, WEDNESDAY	CAMPO	10 AM - 12 PM
SEPTEMBER 26, MONDAY	SAN PASQUAL	8 AM - 12 PM
SEPTEMBER 27, TUESDAY	LOS COYOTES LA JOLLA	8:30 AM - 9:30 AM 11 AM - 12 PM



Coming in October:

- NYSP: A Summer of Education and Entertainment
- A Pictorial of Powwows and Gatherings
- Remembering Jim Thorpe