

JULY SELECTIONS

FRUITS

Apricots, pears, prunes, fresh red grapes, honey dew & nectarines

JUICES

Cranapple, orange & tomato

VEGGIES

Canned spaghetti sauce, dehy potatoes, mixed vegetables, kernel corn, frozen veggie stir-fry, fresh broccoli, cauliflower, romaine lettuce, onions, spinach & russet potatoes

BEANS

Canned kidney, refried, dry pinto & great northern beans

EGGS

Fresh eggs & egg mix

MEATS & FISH

Frozen pork chops, roast, deli turkey breast, and canned beef

PEANUT PRODUCT

Peanuts, peanut butter & fruit & nut mix

FATS

Vegetable oil, buttery spread & butter

MILK

Evaporated skim milk, dry milk & 1% milk

CHEESE

Block and sliced

RICE/CRACKERS/PASTAS

Rotini, rice, egg noodles, crackers & whole wheat tortillas

CEREAL/HOT CEREAL

Rice cereal, farina & oatmeal

FLOURS

Cornmeal, wheat flour, blue cornmeal, bakery mix & all purpose white flour

SOUP

Tomato, chunky beef stew & cream of chicken soup

BONUS

Walleye, Wild Rice



Disclaimer*

All items subject to change due to availa-