

TANF Participants Share Stories Of Struggle – And Success



Cheyenne Clark

Editor's Note: Over the years, individuals who have participated in Southern California Tribal Chairmen's Association (SCTCA) TANF have endured many personal and professional struggles. But many also have a long list of accomplishments and achievements, reaching educational and professional goals and overcoming challenges or difficulties. This month, here are the stories of three Escondido TANF participants, past and present, in their own words.

Cheyenne Clark

Yay!

It's so crazy that I've been with TANF for five years already.

When I started, I was at a hard time in life, barely finding out that I was going to be a single parent. But I wanted the best for my baby so I did what I needed to. TANF has helped me to be at home with my daughter until she was a year old.

When it came to putting her in daycare it was hard for me but TANF helped me find a place that I felt comfortable to leave her. Than I was able to start my journey with finding

(Continued on page 4)

Beading Class Includes Making Earrings And Medallions

By Karin Giron, Education Coordinator, SCTCA TANF Escondido

During Spring Break, Southern California Tribal Chairmen's Association (SCTCA) Escondido TANF and Pala TANF collaborated with Dancing Bear Indian Trader to offer a beading class for TANF youth.

Dancing Bear Indian Trader's Cultural Educator Richard DeCrane facilitated the beading class and taught the youth basic beading techniques, which they utilized to make a pair of earrings and medallions.

In addition to learning basic beading techniques, students learned what supplies and materials are needed for beading; how to create a pattern to bead; the cultural aspects of beading; how beads and other items were introduced through trade; and contemporary substitutes for traditional beading supplies.

DeCrane also modeled traditional forms of talking circles by talking to the youth about topics related to art, education and



Jonathan Campos

(Continued on page 2)



(Continued from page 1)

Beading Class Includes Making Earrings And Medallions

The Southern California Tribal Chairmen's Association (SCTCA) publishes the Tribal Temporary Assistance for Needy Families (TANF) Newsletter throughout the year at:

SCTCA / TANF
P.O. Box 1470
Valley Center, CA 92082
E-mail: newsletter@sctca.net
(760) 746-0901 Ext. 100

The newsletter is designed and printed by Tribal Print Source, a division of SCTCA.

The purpose of the Tribal TANF Newsletter is to provide the tribal communities with information about services provided by the TANF Programs and other important issues concerning our rural/urban communities and families.

SCTCA provides services to San Diego and Santa Barbara Counties and the following reservations:

Barona	Cahuilla
Campo	Ewiiapaayp
Inaja/Cosmit	Jamul
La Jolla	La Posta
Los Coyotes	Manzanita
Mesa Grande	Pala
Pauma	Rincon
San Pasqual	Santa Ysabel
Santa Ynez	Sycuan
Viejas	

PLEASE NOTE:

No articles or pictures published in the SCTCA TANF Newsletter may be reprinted or used in any manner without the expressed written permission of SCTCA. SCTCA is not responsible for any errors / mistakes on submissions added to our newsletter.

Publisher: SCTCA
Editor: Gary Taylor
Contributor: Colleen Turner
Printers: Tribal Print Source

Copyright ©2017



prevention (gangs and behavioral issues) while they beaded. The youth asked questions about how he learned to do beadwork and if he danced at powwows. This opened up the conversation for students to share their personal experiences with beading and participating in cultural gatherings.

The class was very beneficial to the youth, not only because they quickly learned a new beading technique but because they learned about Native American culture. 



“In addition to learning basic beading techniques, students learned what supplies and materials are needed for beading; how to create a pattern to bead; the cultural aspects of beading; how beads and other items were introduced through trade; and contemporary substitutes for traditional beading supplies.”

Pala

Social Security Announces Online Service To Replace Cards In California

From the Social Security Administration



The Social Security Administration introduced the expansion of online services for residents of California available through its mySocial Security portal at www.socialsecurity.gov/myaccount.

Nancy A. Berryhill, Acting Commissioner of Social Security, announced that residents of California can use the portal for many replacement Social Security number (SSN) card requests. This will allow people to replace their SSN card from the comfort of their home or office, without the need to travel to a Social Security office.

"I'm pleased to offer the residents of California the added convenience of replacing a Social Security card through the my Social Security portal," Acting Commissioner Berryhill said. "We will continue to work on innovative initiatives to provide people with safe, secure and convenient options for doing business with us online or in person."

The agency is conducting a gradual roll out of this service; California is one of the states, plus the District of Columbia, where this option is available. Throughout 2017, the agency will continue to expand the service option to other states. This service will mean shorter wait times for the public in the more than 1,200 Social Security offices across the country and allows staff more time to work with customers who have extensive service needs.

U.S. citizens age 18 or older and who are residents of California can request a replacement SSN card online by creating a mySocial Security account. In addition, they must have a U.S. domestic mailing address, not require a change to their record (such as a name change), and have a valid driver's license, or state identification card in some participating states.

my Social Security is a secure online hub for doing business with Social Security, and more than 29 million people have created an account. In addition to California residents replacing their SSN card through the portal, current Social Security beneficiaries can manage their account—change an address, adjust direct deposit, obtain a benefit verification letter, or request a replacement SSA-1099. Medicare beneficiaries can request a replacement Medicare card without waiting for a replacement form in the mail. Account holders still in the workforce can verify their earnings history and obtain estimates of future benefits by looking at their *Social Security Statement* online.

For more information about this new online service, visit www.socialsecurity.gov/ssnumber.



Karen Haynes

California State University San Marcos President Karen Haynes was on the Pala Indian Reservation in mid-April, delivering her annual Report to Tribal Nations.

Haynes has made it a point to travel to several reservations over the past few years to personally explain CSUSM's efforts to include Native Americans in all aspects of higher education.

This year was no different. The following is an excerpt of her remarks, delivered

to a crowd of about 50 tribal leaders and educators at the Pala Administrative Center:

We're proud to serve the highest per capita number of American Indian students in the 23-campus California State University system, and with more than 400 students at CSUSM who have self-identified as American Indian, we have the only growing number in the CSU. In fact, we have accepted 202 American Indian students for fall 2017.

...In 2007, we hired Tishmall Turner, a member of the Rincon Band of Luiseno Indians, as not only our first full-time tribal liaison, but the first in the California State University system from a local tribal community. Her work includes building a stronger and more vibrant campus community by connecting university and tribal knowledge in mutually beneficial ways. And the position of Tribal Liaison at CSUSM is still the only one in the entire 23-campus system.

...In December, we held our sixth annual Tribal Education Summit, which was initiated to assure that our region, working together, improves access to – and success in – higher education for American Indian students. Together, we are staying future-focused to strengthen a college-going culture for American Indians.

... We will continue to make progress -- our American Indian Studies major, in the final stages of the academic approval process, should be approved next month and we anticipate offering it this fall, providing our University with a critical academic field of study.

...Every day Cal State San Marcos graduates are applying their education to make a critical difference:

- *Alumni like Theresa Gregor, a descendant of Iipay Nation of Santa Ysabel, who went on to earn her Ph.D. and recently became the first tenure-track hire who is focused exclusively on American Indian Studies at Cal State Long Beach in over 40 years. Dr. Gregor remains an active member of the CSUSM community and is a former chair of our Native Advisory Council;*

- *Alumni like Maya Goodblanket, a member of the Cheyenne and Arapaho tribes, who is a Prevention and Early Intervention Family Preservation Case Manager for Indian Health Clinic on the Rincon Indian Reservation. Maya helps clients who suffer from a variety of mental health issues and need extra assistance in life to better themselves; and*

- *Alumni like Tommy Cooper, a descendant of the San Pasqual Band of Kumeyaay Indians, who earned both his bachelors and teaching credential at CSUSM and is now helping to prepare tomorrow's college students as a math and science teacher at All Tribes American Indian Charter School.*

All of this is impressive – and is a story that should be told, and is told, respectfully and with great enthusiasm by President Karen Haynes.



TANF Participants Share Stor

(Continued from page 1)

what I wanted to do it life - which is the health field. Until I got to that point I was enjoying classes at BG & Associates. Loved going there by the way. Then I wanted to go to school and all I had to do was ask Kelly (Kelly Allen, Career and Vocational Specialist at Escondido TANF) and he got me all the information I needed to start!

I was pregnant with my second daughter so it was tough, but after I had her I went right back to it! And graduated! And you guys were always there supporting me even at my graduation! TANF also supported me in my first job interview in a long time - I got that job. Each time I interviewed and got to make the choice where I really wanted to go. Now I'm working a full- time nursing job Monday through Friday. With room to move to another whenever I want, because now I have the confidence I need! TANF walked me through even hard step in my life as an adult the last five years. I really want to thank you all for that from my heart.

Erika Brimage

I am very fortunate to have the career that I have. My full-time job as property manager is going well and I plan on transferring to a new property this summer to gain further experience in this field.

The TANF program encouraged me to update my resume and helped pay for me to obtain my Real Estate license. I am currently working with clients and am on track to making my first sale. This year I can potentially double my annual income if I continue to stay motivated and gain more clients through open houses and other events that I have committed to attending regularly. I appreciate the assistance that TANF provided me and look forward to utilizing the goal-setting skills that I learned through the program to ensure I reach my full potential in my career and personal life. Thank you SCTCA TANF staff for all of your guidance.



Magdalena Garcia

Magdalena Garcia

Hi! It's me, Nena.

I am still working at Labcorp - October this year will be 2 years. I love my job and will be receiving a second raise in July.

I renewed my license so I am keeping up on my CEUs and all my certifications. 🖋️

ies Of Struggle – And Success



Christina Villalobos and her children

Christina Villalobos

For over a year now, I've been happily working at the Rincon Indian Health Council's Behavioral Health Department as a Patient Service Representative. If you've ever had to call IHC's Behavioral Health Department, I am the person who answers the calls on the other end. I am the first point of contact for scheduling and checking in clients seeking treatment. I love my position. It has allowed me a chance to learn a lot about the behavioral health setting and has inspired to pursue a career further in this field. Very recently, I applied for a Master's in Social Work graduate degree program. My application was accepted! However, at this point, I am going to hold off for one more year and re-apply for the 2018 term. I'd like to enjoy more quality time with my children before going back to school.

Right now, I'm completely satisfied with the balance between my work schedule and leisure time. My work schedule permits me to have weekends off, so I get to spend quality time with my kids, ride my bike, enjoy the company of family and friends, go hiking - just to name a few of the things that maintain my happiness. It took a very long time to get to this point, but it pays off! I owe it to my patience, hard-work, family, tribe, and last but not least, Tribal TANF for helping me get where I am today.

Native American Warrior Art Depicts

For nearly two centuries, artists have rendered scenes of battle and warfare involving Native Americans.

Some of the scenes depicted on this and the following page are well-known, such as Custer's Last Stand. Others are less known, even obscure. But they all illustrate in graphic detail images of warfare, battle or preparation for battle.

Before the vast Westward-expansion of America in the mid-19th century, Native American tribes protected territories from other tribes and engaged in skirmishes and battles. With the arrival of the first white settlers, though, warfare escalated to a new level of viciousness. Massacres, the killing of civilians - including women and children - and retaliatory attacks bloodied both sides. But as the fighting continued over the decades, the sheer numbers of white settlers eventually overwhelmed Native American tribes throughout the Midwest, the Plains and the South.

But Native Americans never lost their Warrior spirit or culture, and the illustrations and paintings on these two pages reflect the long history of victory and defeat.

- GARY TAYLOR



Long History of Victories and Defeats



At Pala TANF, A Course in Self-Defense

Travis Seay is not a man who speaks quietly.

His words are loud – and direct.

“Remember – you want to kick this person hard – you want him to feel it,” he tells a group of 10 employees at Southern California Tribal Chairmen’s Association (SCTCA) Pala TANF. Demonstrating a solid kick, Seay follows it up with an upward jab.

“At this point, you will definitely have your attacker’s attention,” he notes with a slight smile.

Seay is a certified Self-Defense Course Instructor and Martial Artist with over 20 years of experience. He is currently Head Instructor at Pro-Am Martial Arts Academy in Murrieta.

Over three days in late March, Seay taught 45 TANF employees and staff basic self-defense techniques that included proper striking points, chokes, grabs, holds, kicking and punching. He also taught defensive escapes and situational awareness.

During one of the 90-minute sessions, Seay pointed out several reasons why it is important for individuals – especially women – to learn techniques to defend themselves.

“If someone attacks you, you have to be prepared to respond,” he said. “First, you don’t know what this person intends to do to you. Second, you have to assume the worst – that he intends to hurt you – because he’s already attacked you. And so you need to know how to defend yourself. If you know how to kick him in the groin, or use your knee to smash into his face, you can do some damage to your attacker – and give yourself some time to get away.”

Seay had TANF employees break into pairs and practice the techniques after he had demonstrated them.

Kenia Ledezma, Eligibility Specialist at SCTCA TANF Escondido, kicked Seay hard in the groin (he was protected by



Travis Seay

a heavy pad.) He then had her follow up with a jab.

“I didn’t know any of those moves before,” Ledezma said. “It was a good learning experience – and a workout.”

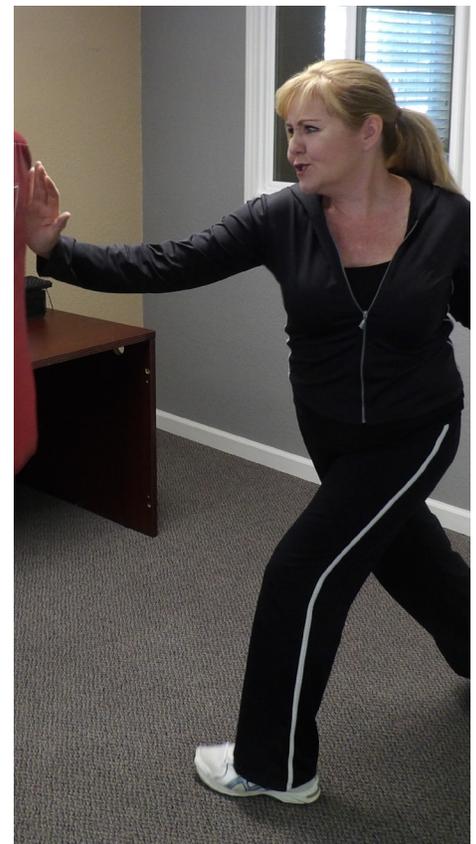
Seay told everyone in the room it was important not only to learn the defensive techniques, but to use them without hesitation if necessary.

“Think about what’s at stake,” he said. “Use what you know and strike as hard as you can.”

- GARY TAYLOR



Nicole Buttici-Weston



Denise Wille

Class Calendars

MAY 2017

Rincon

Two Directions, Inc.



SCTCA Two Directions • 35008 Pala Temecula Road PMB 4 Pala, CA 92059
 Phone: (760) 749-1196 • Fax: (760) 749-9152 • Email: staff@twodirections.com

Space #8 – Classroom 1 Classes: May 1st – Aug. 31st, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DMV Preparation 10:45AM–12:45PM Laura Rizza	Life Skills 8:30AM–10:30AM Beth Moffat		Tribal Culture 10:45AM–12:45AM Heather Turnbull	Tribal Culture 8:30AM–10:30AM Heather Turnbull
	Culture Class 10:45AM–12:45PM Heather Turnbull		Indep. Tribal Culture 1PM–4PM	Indep. Tribal Culture 10:45AM–12:45PM
	Independent Culture 1PM–4PM			

Space #8 – Classroom 2 Classes: May 1st – Aug. 31st, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Study Hall	Study Hall	Study Hall	Study Hall	Diploma/HiSet /*ABE 9:45AM–12:45PM J. Murphy
	Study Hall	Diploma/HiSet /*ABE 10:45AM–1:45PM J. Murphy	Study Hall	No classes
Study Hall	Study Hall	Study Hall <small>*ADULT BASIC EDUCATION</small>	Study Hall	No classes <small>*ADULT BASIC EDUCATION</small>

Space #39 – Computer Lab Classes: May 1st – Aug. 31st, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Self Paced Class 8:30AM–10:30AM Staff	MICROSOFT Word 8:30AM–10:30AM Wanda	Intro to PC's 8:30AM–10:30AM Charles	MICROSOFT Word 8:30AM–10:30AM Wanda	10 Key Class 8:30AM–10:30AM Wanda
Self Paced Class 10:45AM–12:45PM Staff	MICROSOFT Excel 10:45AM–12:45PM Wanda	Intro to PC's 10:45AM–12:45PM Charles	MICROSOFT Excel 10:45AM–12:45PM Wanda	Keyboarding 10:45AM–12:45PM Wanda
Self Paced Class 1PM–4AM Staff	Self Paced Class 1PM–4AM Staff	Computers Lab 1PM–4PM OPEN LAB	Self Paced Class 1PM–4AM Staff	Computer Class closed @ 12:45PM on Fridays

Two Directions Computer Labs are open at all times during business hours. Make sure to sign in and out to receive work participation hours.

Escondido

Escondido BG Associates – SCTCA TANF • 201 E. Grand Ave., Suite 2D, Escondido, CA 92025
Office Hours Monday - Friday, 8:30am–4:00pm • Phone: (760) 737-0113 • Fax: (760) 737-0581

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ABE/GED 9AM–11AM Spanish (online/app) 9AM–11AM Phillip Roy/ Health Care 9AM–11AM Keyboarding (online) 9AM–12PM Applied Skill Practice (GED) 11:30AM–1:30PM Open Lab/Job Search /Applied Skills 8:30AM–4PM (VARIES BY CLIENT)	Life Skills/ What Color Is My Parachute 9AM–11AM Life Skills/ Practical Life Skills 11:30AM–1:30PM Math/English Refresher 9AM–11AM Open Lab/ Job Search/ Applied Skills 8:30AM–4PM (VARIES BY CLIENT)	ABE/GED 9AM–11AM Spanish (online/app) 9AM–11AM Keyboarding 9AM–12PM Reading Horizons 9AM–10AM Computer Skills (GED Prep) 11:30AM–1:30PM Open Lab/Job Search /Applied Skills/ED2GO 8:30AM–4PM (VARIES BY CLIENT)	Phillip Roy/ Welding/ Mechanics 9AM–11AM Keyboarding 11:30AM–1:30PM Reading Horizons 11AM–1PM Computer Skills (General) 11AM–2PM Open Lab/Job Search /Applied Skills 8:30AM–4PM (VARIES BY CLIENT)	ABE/GED 9AM–11AM Phillip Roy Clerical/Office 9AM–11AM & 11:30AM–1:30PM Keyboarding (online) 9AM–12PM Reading Horizons 11AM–1PM Open Lab/Job Search /Applied Skills/ED2GO 8:30AM–4PM (VARIES BY CLIENT)

To sign up, contact: Kayleigh Omish-Guachena, Training Director at (760) 737-0113 ext.13, kguachena@bgassociatesinc.com

El Cajon

SCAIR Learning Center • 239 W. Main Street, El Cajon, CA 92020
Office Hours Monday - Friday, 9am–4pm • Phone: (619) 328-0676

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Job Readiness 9AM–4PM Career Development 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Quickbooks Certification Training 9:30AM–11:30AM Microsoft Computer Certification Training NOON–2PM Academic Tutoring (All Subjects) 9AM–5PM SCAIR Closed 5/29 MEMORIAL DAY	Career Development 9AM–4PM Job Readiness 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Quickbooks Certification Training 9:30AM–11:30AM Microsoft Computer Certification Training NOON–2PM Academic Tutoring (All Subjects) 9AM–5PM Traditional Parenting 5/9: NOON–2PM Ready to Work Training 5/23: 12:30PM–1:30PM	Career Development 9AM–4PM Job Readiness 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Quickbooks Certification Training 9:30AM–11:30AM Academic Tutoring (All Subjects) 9AM–5PM Microsoft Computer Certification Training NOON–2PM Sacred Pipe TUPE Program 5/3, 10, 17, 24 & 31 3:30PM–5:30PM Self-Reliance Training 5/3: 12:30PM–1:30PM Resume Development Training 5/17 z: 12:30PM–1:30PM	Job Readiness 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Quickbooks Certification Training 9:30AM–11:30AM Parenting Training 11AM–1PM Academic Tutoring (All Subjects) 9AM–5PM Microsoft Computer Certification Training NOON–2PM Coffee with the Director 5/18 NOON–1PM	Academic Tutoring (All Subjects) 9AM–3PM Job Readiness 9AM–4PM Career Development 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Independent Computer Lab 9AM–4PM

**No Microsoft Computer Certification Training

Santa Ynez

Santa Ynez – SCTCA TANF • 185 W. Highway 246, Suite 102, Buellton, CA. 93427
Office Hours Monday - Friday, 8am–4:30pm • Phone: (805) 688-1756 • Fax: (805) 688-6827

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Monday Office Hours: 8AM - 4:30PM	Career Building 9AM	Life Skills 9AM	Parenting 9AM	Friday Office Hours: 8AM - 4:30PM
	Open Lab/ Job Search 12:30PM-2PM	Open Lab/ Job Search 12:30PM-2PM	Open Lab/ Job Search 12:30PM-2PM	
	Basic Computers Skills 2PM	Career Networking 2PM	Basic Computers Skills 2PM	

Manzanita

Manzanita SCTCA Tribal Training Program • 39 A Crestwood, Boulevard, CA
Phone: (619) 766-3236

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Culture/ Entrepreneurial Class 9AM-12PM	GED Prep 10AM-1PM	World of Work 9AM-12PM	GED Prep 10AM-1PM	Tutorial 9AM-12PM
Native Arts & Crafts 12:30PM-3:30PM	Computers 10AM-1PM	GED Prep 12:30PM-3:30PM	Computers 10AM-1PM	
	Parenting Class 12:30PM-3:30PM			

Commodity Distribution Schedule – May 2017

May 2017



<u>DATE</u>	<u>LOCATION</u>	<u>TIME</u>
MAY 4, THURSDAY	SAN PASQUAL	9 AM – 12 NOON
MAY 8, MONDAY	LOS COYOTES LA JOLLA	9 AM – 10 AM 11 AM – 12 NOON
MAY 9, TUESDAY	BARONA VIEJAS	9 AM – 10 AM 11 AM – 12 NOON
MAY 11, THURSDAY	MESA GRANDE SANTA YSABEL	9 AM – 10 AM 11 AM – 12 NOON
MAY 15, MONDAY	RINCON	9 AM – 12 NOON
MAY 16, TUESDAY	MANZANITA/LA POSTA OLD CAMPO	9:45 AM – 11 AM 11:30 AM – 12:30 PM
MAY 18, THURSDAY	PAUMA PECHANGA	9 AM – 10 AM 11AM – 12 NOON
MAY 22, MONDAY	PALA	9 AM – 11:30 AM
MAY 24, WEDNESDAY	CAMPO	10 AM – 12 NOON
OFFICE CLOSURE: MONDAY MAY 29 TH (MEMORIAL DAY)		



Coming in June:

- Where was this year's annual Native American High School Graduation Celebration?
- How many graduates were honored?
- What were the awards and scholarships presented at the event?

In our next issue, read about – and see the pictures – of the SCTCA Native American High School Graduation Celebration.