

## VEGGIES

Canned carrots, green beans, tomato sauce, dehy potato, fresh celery, romaine lettuce, broccoli, baby carrots, red potatoes \& russet potatoes

## FRUITS

Canned pears, apple sauce cups, prunes, avocados, lemons \& green apples

## JUICES

Apple, cranapple, grape \& tomato

## BEANS

Canned red kidney, refried, dry pinto \& great northern beans

## EGGS

Fresh eggs \& egg mix

## MEATS \& FISH

Frozen ground beef, pork chops, roast, bison stew meat, canned beef and chicken

## PEANUT PRODUCT

Fruit n nut mix \& Peanut butter

## FATS

Vegetable oil \& real butter
Fruit n nut mix \& Peanut butter
FATS
Vegetable oil \& real butter


MILK
Evaporated skim milk, dry milk \& 1\% milk

## CHEESE

Block and sliced

RICE/CRACKERS/PASTAS
Rice, egg noodle, macaroni, crackers
\& whole wheat tortillas


## FLOURS

Cornmeal, wheat flour, blue cornmeal, bakery mix \& all purpose white flour

## CEREAL/HOT CEREAL

Bran Flakes, oat cereal \& oatmeal

SOUP
Tomato \& cream of chicken


