

# FEBRUARY SELECTIONS

## FRUIT

Pears apricots, prunes, and fresh mixed fruit  
& Frozen strawberries

## JUICES

Cherry-apple, grape, orange and tomato

## VEGGIES

Canned carrots, diced tomatoes , green  
beans & sliced potatoes and fresh broccoli  
cabbage, baby carrots, romaine lettuce & red  
potatoes, russet potatoes

## BEANS

Canned refried & red kidney and dry pinto &  
great northern

## EGGS

Fresh eggs & egg mix

## MEATS & FISH

Frozen hamburger & bison stew meat and  
canned beef and chicken

## PEANUT PRODUCT

Peanut butter



♥ HAPPY  
Valentine's  
DAY ♥



February  
29  
Leap Day

## FATS

Vegetable Oil, real butter

## MILK

Evaporated skim milk, dry milk & 1% milk

## CHEESE

Block & sliced

## GRAINS & PASTA

Macaroni, rice, egg noodles, crackers & whole  
wheat tortillas

## FLOURS

Cornmeal, wheat flour, blue cornmeal,  
bakery mix & all purpose white flour

## CEREAL

Corn flakes farina & oatmeal

## SOUP

Chunky beef stew and cream of chicken

## BONUS ITEM

Frozen Catfish

