



# At FutureStitch, It's About Much More than the Job

By Gary P. Taylor, SCTCA TANF

Tasha Almanza has been working at FutureStitch for more than five months.

And she absolutely loves it.

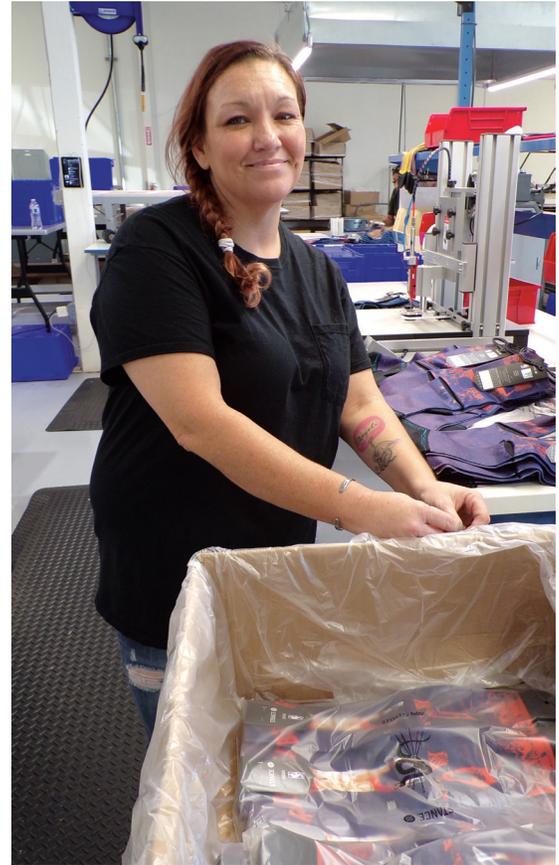
"I am so happy to be here," she said, a broad smile on her face. "This is such a wonderful place to work. I've never had a job like this. Everyone here cares about you and what is going on in your life. It has been like that from my very first day."

Almanza – a participant at Southern California Tribal Chairmen's Association (SCTCA) TANF Escondido – works making colorful, intricately designed socks at FutureStitch. She is one of 21 employees at the company's Oceanside location, making socks for men and women (see sidebar on page 5 for more about FutureStitch). The company currently has business relationships with, among others, the National Basketball Association, Major League Baseball, GQ Magazine, TOMS and Stance.

The company's Oceanside office is in a fairly non-descript, warehouse-sized building on the eastern side of the city. It's not far from a small regional airport – planes take off and land throughout the day, clearly visible from the warehouse.

But what goes on inside that warehouse isn't business as usual. In fact, it's a business that is unusual in who it employs, why it employs them – and what it believes in.

At FutureStitch, individuals with previous arrests or who have been incarcerated, have criminal records or are facing ongoing legal proceedings are still eligible for employment. Whereas many employers tend to ignore or reject such applicants



Tasha Almanza

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# SIHC Podcasts Emphasize Range of Health Issues

By Karin Giron, Education Coordinator, SCTCA TANF Escondido



During Southern Indian Health Council's (SIHC) 24th Annual Native American Health and Wellness Conference in October, I found out SIHC had launched a new podcast- "It's Wellness Time."

I really enjoy listening to podcasts because they fit into my often-busy life. I usually turn on a podcast while doing household chores, crafting or even driving. In addition to decreasing my screentime, podcasts give me an opportunity to learn new things in a traditional storytelling format.

In their "It's Wellness Time" podcasts, SIHC discusses different health-related topics. Guests from various fields speak about topics of interest to the community and provide helpful information. In addition, they will have special guests from our community who will share their life experiences that will

(Continued on page 2)



The Southern California Tribal Chairmen's Association (SCTCA) publishes the Tribal Temporary Assistance for Needy Families (TANF) Newsletter throughout the year at:

SCTCA / TANF  
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E-mail: gtaylor@sctca.net  
(760) 746-0901 Ext. 118

The newsletter is designed and printed by Tribal Print Source, a division of SCTCA.

The purpose of the Tribal TANF Newsletter is to provide the tribal communities with information about services provided by the TANF Programs and other important issues concerning our rural/urban communities and families.

SCTCA provides services to San Diego, Orange and Santa Barbara counties and the following reservations:

Agua Caliente	Los Coyotes	Santa Rosa
Barona	Manzanita	Santa Ysabel
Cahuilla	Mesa Grande	Santa Ynez
Campo	Morongo	Soboba
Ewiiaapaayp	Pala	Sycuan
Inaja/Cosmit	Pauma	Torres Martinez
Jamul	Rincon	Viejas
La Jolla	San Manuel	
La Posta	San Pasqual	

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SCTCA is not responsible for any errors / mistakes on submissions added to our newsletter.

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(Continued from page 1)

inspire new generations. They will also provide a spot for the community to share their talents or have a story to share with the community.

If you can play an instrument, sing, do poetry, or have a story, contact SIHC to be a guest on their podcast. You can send them an email to [podcast@sihc.org](mailto:podcast@sihc.org). For more information or to listen to the first episodes, visit their website [www.sihc.org](http://www.sihc.org). The following list of podcasts from October and November can be heard at that website:

**NOV 30, 2022:** Intuitive Eating with Amy Cochran, RD.

The formula they proposed is very simple: eat when you feel like it, stop when you're full, and don't pay for heartbreak or stress with an ice cream binge or a fast food meal. Although from time to time, it is okay to do it. All about eating intuitively with an expert on the subject, Amy Cochran, Registered Dietician – Nutritionist. We had a great conversation where she talked about her favorite toppings on pizza, and no, pineapple is not one of them.

**NOV 16, 2022:** The Covid Vaccine with Zoe Zhou, Pharm.D.

In this episode, we discuss the Covid Vaccine with Zoe Zhou Pharm. D., our Vaccine Coordinator at Southern Indian Health Council. Zoe answered common questions that we had about the Covid vaccine. Should I have gotten the vaccine? Can I get the Flu and Covid Vaccines together? Should I get the Boosters? Does the vaccine interact with my DNA? And more...

**NOV 2, 2022:** Men's Health With Dr. Blessing

In this episode, we talk with Dr. Blessing about men's health; he helps us understand the most common diseases in men and how to deal with them, in addition to knowing what superpower he would like to have.

**OCT 19, 2022:** Mental Health With Kassandra Mason, LMFT

In this first episode, we talk to Kassandra Mason, the Director of Behavioral Health at Southern Indian Health Council. We talked about the importance of seeking mental help and how covid affected us in our daily lives. If you want to contact the Behavioral Health department, dial (619)445-1188 Ext. 200, or if you wish to contact Kassandra, send her an email at [kmason@sihc.org](mailto:kmason@sihc.org)

**OCT 10, 2022:** Who we are?

This is our introductory episode where we talk about who we are, and the services we provide to the community. Initial Prayer: Chairman John Christman, Viejas Band Of Kumeyaay Indians Guest: Mary Johnson, Campo Band Of Mission Indians Final Message: Laura Caswell, CEO of Southern Indian Health Council, Inc.

***CORRECTION: In a photograph in the December issue of the SCTCA TANF Newsletter, Chris Devers was mistakenly identified as Chairman of the Pauma Band of Luiseno Mission Indians. Temet Aguilar is Tribal Chairman. The SCTCA TANF Newsletter apologizes for the error.***

# Walking Shield Provides Christmas Gifts to American Indian Families

By Gary P. Taylor, SCTCA TANF

In early December, boxes and boxes of Christmas gifts were stacked on wooden pallets outside the Costa Mesa offices of Walking Shield.

The non-profit organization – which serves American Indian families throughout the Southern California region – distributed Christmas gifts to tribes and reservations and several organizations. Some of those gifts were given to Southern California Tribal Chairmen’s Association (SCTCA) TANF. Staff from SCTCA brought the gifts from Costa Mesa to TANF offices in Escondido, Pala, San Diego and Manzanita.

At those offices, the gifts were unboxed, sorted by age and then placed in large Christmas gift bags. The gifts were for children ranging from toddlers to teenagers. The gift bags were then presented before Christmas to TANF families and children living on or off the reservation in San Diego County.

As noted on its website, “Walking Shield’s mission is to improve the quality of life for American Indian families by coordinating programs that provide shelter, health care, community development support, educational assistance, employment development and humanitarian aid.

“Walking Shield was founded in 1986... and is a non-profit organization that partners with tribal governments, urban Indian service organizations, state and federal government funding agencies, non-profit grantees, corporate businesses and foundations to bring our services to our nation’s American Indian communities most in need.”



## DISPATCHES Viejas



On countless occasions over the past decades, the Viejas Band of Kumeyaay Indians have endured rolling electricity blackouts.

Tribal members and their families living on the reservation in eastern San Diego County have had their electricity shut off for hours – sometimes even days – because of fire, threats of fire or adverse weather conditions.

But such shutdowns may soon become a thing of the past.

In early November, the tribe received a \$31 million grant for a “cutting-edge, long duration battery storage facility,” according to the *San Diego Business Journal*.

“The Viejas Band of Kumeyaay Indians has secured a \$31 million California Energy Commission (CEC) grant,” the *Journal* reported. “At a news conference at its casino in Alpine, the Tribe’s chairman, John Cristman, said the funds will be used to build a cutting-edge, long-duration battery storage facility for renewable energy to be used by tribal members as well as at the Tribe’s casino, hotel and outlet mall in East County.”

“We have generations in this valley, it goes back thousands of years,” Cristman said at the news conference. “That’s how long we’ve been here, and we’re going to stay here. And staying here means we have to be stewards of our own land, of our own environment. The next generation (will) be able to follow this and keep going forward, with renewable energy.”

The energy storage system also will provide renewable backup power and support statewide grid reliability in the event of an emergency, the *Journal* noted. The grant is among the largest given to an Indian tribe in California history by the CEC.

Indian Energy LLC will build the system. The company is a privately held, Native American-owned and operated microgrid developer founded in 2009 based in Anaheim. Indian Energy has offices in San Diego and in Baja, Mexico.

As noted in the *Journal*, “Indian Energy will integrate more than 30,000 photovoltaic solar panels on its parking garage carports and other areas around the casino and hotel. The panels will be capable of outputting 15 megawatts of clean power, with 60 megawatt-hour advanced long-duration energy storage.”

Construction is expected to start Jan. 9 and could be completed as early as next summer, according to Indian Energy founder and CEO Allen G. Cadreau. Similar grids are in use outside of the U.S., but officials said this system is one of the first of its kind in the country. The Viejas project will use non-lithium long-duration technologies, which offer up to 10 hours of power, according to the *Journal*.

The CEC grant is the first awarded under the state’s new \$140 million Long-Duration Energy Storage Program. The program is part of Gov. Gavin Newsom’s \$54 billion commitment to fight climate change and use world-leading measures to cut pollution, deploy clean energy and new technologies, and protect public health.

# At FutureStitch, It's About Much More than the Job



*Rewinding machine at FutureStitch*

because of their backgrounds, FutureStitch does the opposite: it welcomes those people – especially women.

“We welcome justice-impacted people,” said FutureStitch CEO and founder Taylor Shupe. “We believe there is value in resiliency. Our goal is to help stop the cycle of incarceration.”

The company, founded in 2017, has designed, produced and shipped millions of pairs of socks and other knitted garments across the country and worldwide. The company’s worksites employ more than 500 people. In Oceanside, it employs several individuals who have previous criminal convictions.

“My visit to FutureStitch afforded me one of the most profound conversations of my life with Taylor Shupe,” said Erik De Haro, Case Manager at SCTCA TANF Escondido. De Haro has worked to place TANF participants at the company – there are now two, including Almanza.

“Few circumstances have aligned in a way that benefited our participants as dramatically as securing employment with their Oceanside work site,” De Haro said. He noted FutureStitch Human Resources Director Sarah Porter “has curated a work environment that not only promotes productivity, but healing- a vision that her and the rest of the FutureStitch team actively facilitate.

“It’s a privilege to coordinate with a company that advocates for their employees by implementing pay equity and engaging in fair chance employment.”

For her part, Porter said FutureStitch is about much more than simply providing a job for individuals.

“We are using the printing and production of socks

for a bigger mission,” she said. “We are trying to disrupt this stereotype that people who have made mistakes are somehow...less than others. In fact, people who have made mistakes can be even more robust in trying to overcome whatever barriers are in front of them.”

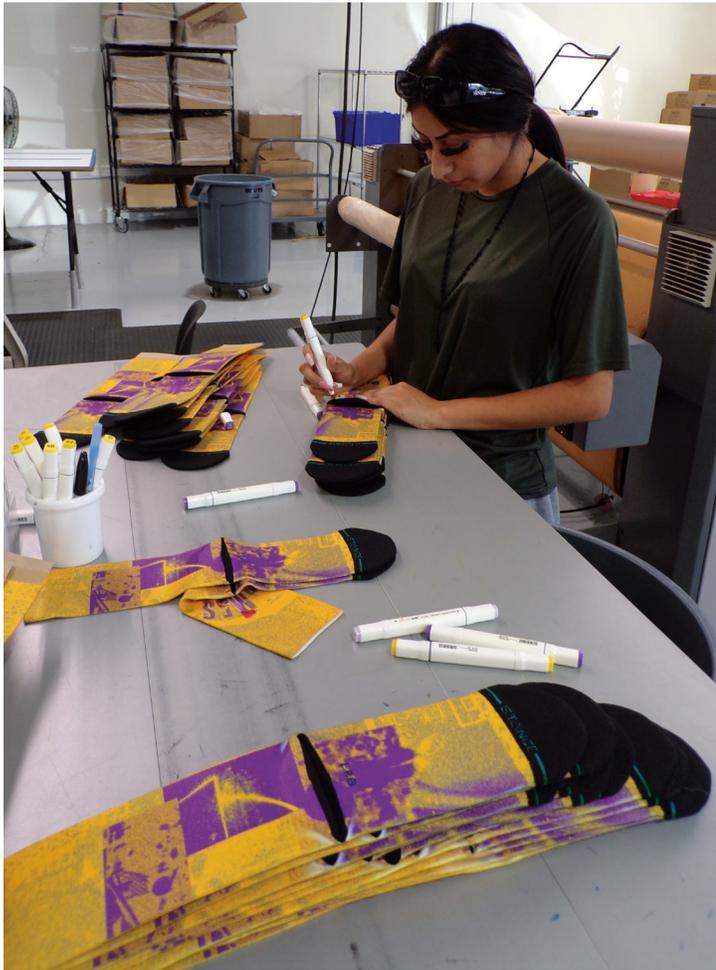
On a cool October morning, Porter walked throughout the warehouse, pointing out the machinery situated throughout the building. At some workstations, employees laid out the socks before they were tagged; at others, the socks were being sewn and stitched; at still another, workers were placing the Stance tabs on the top of the finished socks.

Porter stopped at each station, talking and joking with various employees. She spoke openly and enthusiastically about the women who work there.

“The ladies working here are amazing,” Porter said, gesturing towards several employees busy at their work stations. “It’s more than just a job to them. It’s about talking about parenting, about meditation, about their lives. They are very positive. They all have an openness in mind, body and spirit.”

Porter said FutureStitch encourages its employees to talk about issues in their lives – things that are bothering them, things that are improving, things ahead of them. “We want everyone working here to observe their feelings and not get swept up in them,” she said. “We want people to feel encouraged, not discouraged.”

It is this substitution of healthy things in place of potentially destructive things that can help so many people, Porter said.



Top: Elesvan works at her station. Bottom: Finished socks.



## About FutureStitch

FutureStitch is a knit manufacturer responsible for producing tens of millions of socks, compression sleeves, and knit shoe uppers per year. FutureStitch has a strategic partnership with Lonati—the most premium circular knitting machinery in the world—manufacturing knitted goods in the United States, Turkey, and China.

FutureStitch operates with high-quality consumer brands such as NIKE, Under Armour, Stance, Reigning Champ, Crocs, Brooks, Everlane, Toms, and others, to design, develop, and manufacture premium sock businesses. With a deep material library, FutureStitch produces superior casual, dress, and sport performance socks. The company has its own proprietary software to assist in the design, development, and knit manufacturing of custom socks, along with an advanced digital IP library, which allows for sock customization and small-batch production at lightning-fast lead times.

FutureStitch is a sustainable sock factory that prides itself on eco-friendly construction, low energy usage, and green raw materials, as well as knit treatments that increase the value and lifespan of their products. The organization takes pride in its high social score and its mission to create jobs for disadvantaged labor populations.

FutureStitch exists at the intersection of highest-quality products, eco innovation, and social responsibility

*From the FutureStitch website*

“We have a nutrition workshop, and out of those workshops come many beautiful discussions. In many ways the discussions act as a support group for anyone who is speaking, anyone who is listening. It’s an open forum, a space for individuals to talk about anything, including personal recovery and accountability.”

For Almanza, getting hired by FutureStitch provided an opportunity for her to avoid incarceration. De Haro worked with both Almanza and the company to obtain a position for her.

She likely would have been sentenced to jail over the summer, but the judge decided to allow her to continue working at FutureStitch instead. Since then, Almanza has been working as much as she can.

Almanza is an example of what FutureStitch is striving to do, Porter said. “FutureStitch is so much more than just a place of employment. We want to create relationships and to create bonds. We want to help every person who works here. We want to help people who may have been treated unfairly in life.

Avi Cohen, FutureStitch Chief Technology Officer (CTO), believes the company provides a rare opportunity for women.

“What I really want to do is help those life has not treated well,” said Cohen, who has been CTO since 2017. “I would like to see a workplace that becomes more like a homeplace for people, especially for women who have not had a place where there was a home feeling.”

Towards that end, Cohen noted the company doesn’t come down harshly on employees who sometimes can’t make it to work or make their scheduled shift. “We understand sometimes things come up,” he said. “Once things are taken care of, they can return to work.”

Cohen – who relocated from Israel eight years ago – said his years of living and working in a kibbutz showed him the value of community and helping others. He said FutureStitch seeks to establish relationships with its workers that are not bound by traditional employer/employee boundaries.

“I hope FutureStitch and its concept will expand,” he said. “I am especially hopeful it will open up opportunities for many more women.”

For many women, including Almanza, it already has.



*Sophia works on socks at the stitching machine*



*Clockwise: Ana, left, and Miremah; Stance brand socks; display of founder's grandmother's 1932 sewing machine*



# Best Pictures of 2022

In 2022, the SCTCA TANF Newsletter published more than 400 pictures. Most of the pictures were part of various stories and articles. Some were simply photos of illustrations or paintings or other works of Native American art.

While most of the photographs are in color, quite a few are black and white – some modern, some historic.

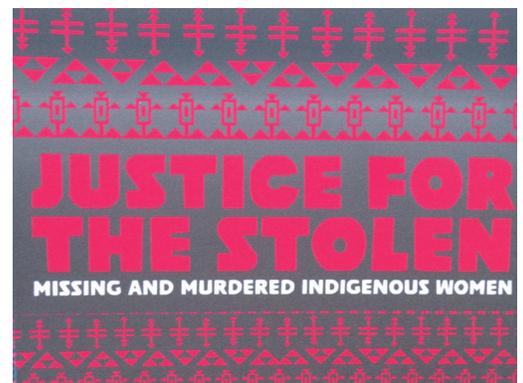
As we've noted in the past, the photographs depict various aspects of Native American culture and traditions, whether on or off the reservation. The pictures also capture aspects Native American life past and present.

On this and the following page are some of our our Best Pictures of 2022.

*Gary P. Taylor*



# Images, Illustrations – and People



# Best Unpublished Pictures of 2022: Unseen Photographs Tell a Story

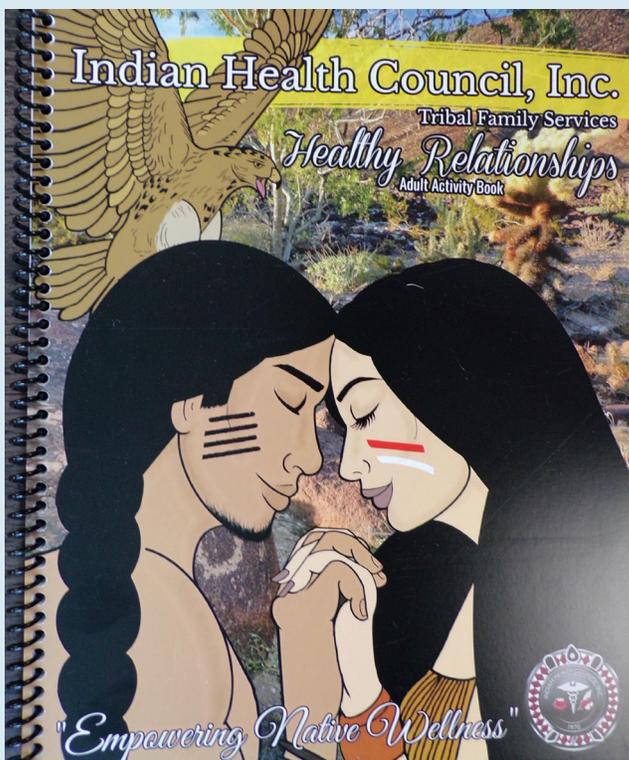
In the course of a single year, dozens of decisions must be made about which photographs to publish in the SCTCA TANF Newsletter. Some decisions are simple- others are not. In every issue, some very good photos are not published for a variety of reasons.

While most of the photographs are in color, quite a few are black and white – some modern, some historic.

As we've noted in the past, the photographs depict various aspects of Native American culture and traditions, whether on or off the reservation. The pictures also capture aspects Native American life past and present.

On this and the following page are some of our our Best Unpublished Pictures of 2022.

*Gary P. Taylor*







# SET THEM UP FOR SUCCESS IN AND OUT OF THE CLASSROOM.

**Support kids' overall health and wellness by being informed.**

It's important to talk with kids about the risks of underage drinking and substance use from a young age, and continue those conversations as they get older and become more independent. For tips on how—and when—to begin the conversation, visit

[www.underagedrinking.samhsa.gov](http://www.underagedrinking.samhsa.gov)

#TalkTheyHearYou

PEP20-03-01-037



**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration

# Class Calendars

Two Directions, Inc.  
June 6th-Dec. 31st, 2022

**2022 CLASS SCHEDULE**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Space #8 Classroom 1 Classes</b>				
	<b>Life Skills</b> 9:00-11:00 am <b>Laura Rizza</b> (Soft skills, Building Healthy Families, Social skills, Survival skills, Em-ployability, Finances, & more)	<b>* In Person/Virtual/and Distance Learning</b>		<b>Tribal Culture</b> 9:00-11:00 am <b>Heather Turnbull</b>
Break 11:00-11:15				
	<b>Culture Class</b> 11:15-1:15 pm <b>Heather Turnbull</b> (Ribbon Shirts & skirts, gourd projects, Moccasin making, cradleboards, and much more)		<b>Tribal Culture</b> 11:15-1:15 pm <b>Heather Turnbull</b> (Basic Beading, Lazy Stitch, Applique, Rosette, Peyote stitch, gourd stitch, brick stitch, Loom work, & more)	<b>Indep. Tribal Culture</b> 11:15-1:15 pm
Break 1:15-1:30 pm				
	<b>Independent Culture</b> 1:30-4:30		<b>Indep. Tribal Culture</b> 1:30-4:30	
<b>** Please contact Claudina to make arrangements for virtual/distance learning</b>				

Two Directions, Inc.  
June 6th— Dec. 31st, 2022

**2022 CLASS SCHEDULE**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Space #8 Classroom 2 Classes</b>				
9:00-11:00 Study Period	9:00-11:00 Study Period	9:00-11:00 Study period	9:00-11:00 Study Period	9:00-11:00 Diploma / HiSet/ *ABE
<b>* In Person/Virtual/and Distance Learning</b>				
Break 11:00-11:15				
11:15-1:15 Study Period	<b>DMV Class</b> 11:15-1:15 <b>Laura Rizza</b> (Permit Prep, Test scheduling, behind the wheel training)	11:15-1:15 Study Period	<b>Diploma / HiSet/ *ABE</b> 10:30-12:30 <b>Josh M.</b> (WASC accredited diploma program, HiSet 5 series and GED 4 series test prep; state-endorsed high school equivalency certificate, ABE; basic skills development, writing & math)	<b>Diploma / HiSet/ *ABE</b> 11:15-1:15 <b>Josh M.</b> Skills, college assessment prep, college, community college and online course support)
Break 1:15-1:30				
1:30-4:30 Study Period	1:30-4:30 Study Period	1:30-4:30 Study Period	1:30-4:30 Study Period <small>*Adult Basic Education</small>	No classes <small>*Adult Basic Education</small>
<b>** Please contact Claudina to make arrangements for virtual/distance</b>				

Two Directions, Inc.  
June 6th—Dec. 31st, 2022

**2022 CLASS SCHEDULE**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Space #39 Computer Lab Classes</b>				
<b>Self Paced Class</b> 9:00-11:00 <b>Staff</b>	<b>Computers</b> 9:00-11:00 <b>Staff</b>	<b>Computers</b> 9:00-11:00 <b>Staff</b>	<b>Intro to PCs</b> 9:00-11:00 <b>C. Illingworth</b>	<b>Computers</b> 9:00-11:00 <b>J. Murphy</b>
* Classes offered but are not limited to; Introduction to Computers, Word, Excel, PowerPoint, QuickBooks, Keyboarding, Accounting, Business budgeting, Business Ethics, Business Management, Business Professionalism, Payroll Management, Small Business classes, Business Branding, Business Writing, Career Training, Entrepreneurship, Language Arts, Legal Classes, Medical Billing, Office Skills, and more classes.				
Break 11:00—11:15				
<b>Self Paced Class</b> 11:15-1:15 <b>Staff</b>	<b>Computers</b> 11:15-1:15 <b>L. Rizza</b>	<b>Computers</b> 11:15-1:15 <b>Staff</b>	<b>Intro to PCs</b> 11:15-1:15 <b>C. Illingworth</b>	<b>Computers</b> 11:15-1:15 <b>J. Murphy</b>
<b>* In Person/Virtual/ and Distance Learning</b>				
Break 1:15-4:15				
<b>Self Paced Class</b> 1:15—4:15 <b>Staff</b>	<b>Self Paced Class</b> 1:15—4:15 <b>Staff</b>	<b>Self Paced Class</b> 1:15—4:15 <b>Staff</b>	<b>Self Paced Class</b> 1:15—4:15 <b>Staff</b>	<b>Computer Class closed @1:15 pm on Friday's</b>
<b>** Please contact Claudina to make arrangements for virtual/distance</b>				

TWO DIRECTIONS COMPUTER LABS ARE OPEN AT ALL TIMES DURING BUSINESS HOURS.  
 MAKE SURE TO SIGN IN AND OUT TO RECEIVE WORK PARTICIPATION HOURS.

**35008 Pala Temecula Road PMB 4 Pala, CA 92059**  
**Phone (760) 749-1196 Fax(760) 749-9152**  
**Email : staff@twodirections.com**

**OFFICE CLOSURES:**

**Monday, January 16, 2023**  
**In observance of**  
**Martin Luther King Jr. Day.**

**JANUARY 2023 CALENDAR**

**BG ASSOCIATES INC.**  
 (NEW ADDRESS)  
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 MONDAY-FRIDAY  
 8:30AM-4:00PM

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 KGUACHENA@BGASSOCIATESINC.COM.

CLASSES & TIMES ARE SUBJECT  
 TO CHANGE DUE TO COVID-19  
 RESTRICTIONS.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>IN PERSON CLASSES</b></p> <p>*OPEN LAB / JOB SEARCH / APPLIED SKILLS                      8:30AM-4PM (VARIES BY CLIENT)</p> <p><b>VIRTUAL CLASSES</b></p> <p><b>IN PERSON AND VIRTUAL</b></p> <p>SPANISH                      9AM-11AM (available online/app &amp; can be tracked by instructor)</p> <p>PHILLIP ROY: WELDING TERMS                      9AM-11AM (lessons can be emailed)</p> <p>KEYBOARDING                      9AM-12PM (available online &amp; can be tracked by instructor)</p> <p>ABE/GED                      9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting)</p> <p>APPLIED SKILL PRACTICE (GED)                      11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting)</p> <p>*TUTORING ASSISTANCE                      (BY APPOINTMENT ONLY via Zoom, Google Meet, or other form of virtual face to face meeting)</p>	<p><b>IN PERSON CLASSES</b></p> <p>*OPEN LAB / JOB SEARCH / APPLIED SKILLS                      8:30AM-4PM (VARIES BY CLIENT)</p> <p><b>VIRTUAL CLASSES</b></p> <p><b>IN PERSON AND VIRTUAL</b></p> <p>SELF-SUFFICIENCY: FINANCIAL FREEDOM                      9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting)</p> <p>SPANISH                      9AM-11AM (available online/app &amp; can be tracked by instructor)</p> <p>KEYBOARDING                      9AM-12PM (available online &amp; can be tracked by instructor)</p> <p>ABE/GED                      11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting)</p> <p>*TUTORING ASSISTANCE                      (BY APPOINTMENT ONLY via Zoom, Google Meet, or other form of virtual face to face meeting)</p>	<p><b>IN PERSON CLASSES</b></p> <p>*OPEN LAB / JOB SEARCH / APPLIED SKILLS                      8:30AM-4PM (VARIES BY CLIENT)</p> <p><b>VIRTUAL CLASSES</b></p> <p>ED2GO.COM/ COURSES  <b>IN PERSON AND VIRTUAL</b></p> <p>LIFE SKILLS:                      (via Zoom, Google Meet, or other form of virtual face to face meeting)                      9-11 AM                      WORKPLACE ETIQUETTE                      11:30AM-1:30PM</p> <p>ABE/GED                      9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting)</p> <p>COMPUTER SKILLS (GENERAL)                      11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting)</p> <p>KEYBOARDING                      9AM-12PM (available online &amp; can be tracked by instructor)</p> <p>*TUTORING ASSISTANCE                      (BY APPOINTMENT ONLY via Zoom, Google Meet, or other form of virtual face to face meeting)</p>	<p><b>IN PERSON CLASSES</b></p> <p>*OPEN LAB / JOB SEARCH / APPLIED SKILLS                      8:30AM-4PM (VARIES BY CLIENT)</p> <p><b>VIRTUAL CLASSES</b></p> <p><b>IN PERSON AND VIRTUAL</b></p> <p>ABE/GED                      9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting)</p> <p>COMPUTER SKILLS (GENERAL)                      9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting)</p> <p>PHILLIP ROY: WELDING TERMS                      9AM-11AM (lessons can be emailed)</p> <p>MATH/ENGLISH REFRESHER                      11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting)</p> <p>*TUTORING ASSISTANCE                      (BY APPOINTMENT ONLY via Zoom, Google Meet, or other form of virtual face to face meeting)</p>	<p><b>IN PERSON CLASSES</b></p> <p>*OPEN LAB / JOB SEARCH / APPLIED SKILLS                      8:30AM-4PM (VARIES BY CLIENT)</p> <p><b>VIRTUAL CLASSES</b></p> <p><b>IN PERSON AND VIRTUAL</b></p> <p>SPANISH                      9AM-11AM (available online/app &amp; can be tracked by instructor)</p> <p>PHILLIP ROY: WELDING TERMS                      9AM-11AM (lessons can be emailed)</p> <p>KEYBOARDING                      9AM-12PM (available online &amp; can be tracked by instructor)</p> <p>ABE/GED                      9AM-11AM (via Zoom, Google Meet, or other form of virtual face to face meeting)</p> <p>APPLIED SKILL PRACTICE (GED)                      11:30AM-1:30PM (via Zoom, Google Meet, or other form of virtual face to face meeting)</p> <p>*TUTORING ASSISTANCE                      (BY APPOINTMENT ONLY via Zoom, Google Meet, or other form of virtual face to face meeting)</p>

January 2023  
 SCAIR Weekly Calendar  
 Serving the Native American  
 Community Since 1997



SCAIR, Inc.  
 239 E. Main St. | El Cajon, CA 92020  
 Monday-Friday | 8:00am-4:30pm  
 888.21.SCAIR | 619.328.0676  
 www.SCAIRInc.org

MONDAY	TUESDAY	WEDNESDAY
<p>8:00am-4:30pm                      In-Person Classes                      Career Training Services                      Computer Training Services                      Academic Tutorial Services*                      Cultural Education                      Emergency Supportive Services                      Life Skills Training                      Youth Services</p> <p>Appointment via Tele-Medicine Only                      Counseling Services**</p> <p>9am, 10am, 11am &amp; 1pm Appointments                      County Approved Typing Test</p> <p>1/2   Closed</p>	<p>8:00am-4:30pm                      In-Person Classes                      Career Training Services                      Computer Training Services                      Academic Tutorial Services*                      Cultural Education                      Emergency Supportive Services                      Life Skills Training                      Youth Services</p> <p>Appointment via Tele-Medicine Only                      Counseling Services**</p> <p>9am, 10am, 11am &amp; 1pm Appointments                      County Approved Typing Test</p> <p>1/3   6:00-8:00pm                      Sacred Pipe TUPE at Ballard Cultural Night</p>	<p>8:00am-4:30pm                      In-Person Classes                      Career Training Services                      Computer Training Services                      Academic Tutorial Services*                      Cultural Education                      Emergency Supportive Services                      Life Skills Training                      Youth Services</p> <p>Appointment via Tele-Medicine Only                      Counseling Services**</p> <p>9am, 10am, 11am &amp; 1pm Appointments                      County Approved Typing Test</p> <p>1/18   10am -12pm                      Career Training                      By Appointment Only</p>
THURSDAY	FRIDAY	
<p>8:00am-4:30pm                      In-Person Classes                      Career Training Services                      Computer Training Services                      Academic Tutorial Services*                      Cultural Education                      Emergency Supportive Services                      Life Skills Training                      Youth Services</p> <p>Appointment via Tele-Medicine Only                      Counseling Services**</p> <p>9am, 10am, 11am &amp; 1pm Appointments                      County Approved Typing Test</p> <p>1/5   4:00pm-5:30pm                      Sacred Pipe TUPE Program at Ballard Garden                      1/19   4:00pm- 5:30pm                      Sacred Pipe TUPE at Ballard Cultural Night</p>	<p>8:00am-4:30pm                      In-Person Classes                      Career Training Services                      Computer Training Services                      Academic Tutorial Services*                      Cultural Education                      Emergency Supportive Services                      Life Skills Training                      Youth Services</p> <p>Appointment via Tele-Medicine Only                      Counseling Services**</p> <p>9am, 10am, 11am &amp; 1pm Appointments                      County Approved Typing Test</p>	<p>Please visit <a href="http://www.SCAIRInc.org">www.SCAIRInc.org</a> for more information about SCAIR's 8 Programs:</p> <ul style="list-style-type: none"> <li>Native NetWORKS Program</li> <li>Tribal TANF Program</li> <li>American Indian Education Centers (AIEC) Program</li> <li>Sacred Pipe Tobacco-Use Prevention Education (TUPE) Program</li> <li>Howka Community Service Block Grant (CSBG) Program</li> <li>Emergency Food &amp; Shelter Program</li> </ul> <p>*After hour tutoring requests available based on availability of Instructor.                      **Evening hours available based on availability of Clinicians.</p>

# Santa Ynez

Santa Ynez – SCTCA TANF • 185 W. Highway 246, Suite 102, Buellton, CA. 93427  
 Office Hours Monday - Friday, 8am–4:30pm • Phone: (805) 688-1756 • Fax: (805) 688-6827

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Office Hours: 8AM - 4:30PM	Office Hours: 8AM - 4:30PM	Office Hours: 8AM - 4:30PM	Office Hours: 8AM - 4:30PM	Office Hours: 8AM - 4:30PM
	CAREER DEVELOPMENT 10AM - 1PM*	PARENTING 1PM - 3PM*	CAREER DEVELOPMENT 10AM - 1PM*	
JOB SEARCH**	JOB SEARCH**	JOB SEARCH**	JOB SEARCH**	JOB SEARCH**

\* By Appointment Only      \*\* Must be Pre-Approved

# Manzanita

Manzanita SCTCA Tribal Training Program • 39 A Crestwood, Boulevard, CA  
 Phone: (619) 766-3236

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Culture/ Entrepreneurial Class 9AM–12PM	GED Prep 10AM–1PM	World of Work 9AM–12PM	GED Prep 10AM–1PM	Tutorial 9AM–12PM
Native Arts & Crafts 12:30PM–3:30PM	Computers 10AM–1PM	GED Prep 12:30PM–3:30PM	Computers 10AM–1PM	
	Parenting Class 12:30PM–3:30PM			

## Commodity Distribution Schedule January 2023



COMMODITY DISTRIBUTION SCHEDULE FOR JANUARY 2023		
DATE	LOCATION	TIME
JANUARY 9, MONDAY	PALA	9 AM – 11 AM
JANUARY 10, TUESDAY	MANZANITA/LA POSTA OLD CAMPO	9:30 AM – 10:45 AM 11:30 AM – 12:30 PM
JANUARY 11, WEDNESDAY	VIEJAS BARONA	9 AM – 10 AM 11 AM – 12 PM
JANUARY 12, THURSDAY	MESA GRANDE SANTA YSABEL	9 AM – 10 AM 11 AM – 12 PM
JANUARY 17, TUESDAY	CAMPO	10 AM – 12 PM
JANUARY 19, THURSDAY	SAN PASQUAL	8 AM – 12 PM
JANUARY 23, MONDAY	LOS COYOTES LA JOLLA	8:30 AM – 9:30 AM 11 AM – 12 PM
JANUARY 25, WEDNESDAY	RINCON	8 AM – 12 PM
JANUARY 26, THURSDAY	PECHANGA PAUMA	9 AM – 10 AM 10:30 AM – 11:30 AM



## Coming in February:

- Historic Photos of Southern California tribal women
- Countering Cyber-bullying of Children and Teens
- Native American students at Intertribal Youth Court