

It's Back to School at San Diego and Manzanita TANF for Children and Families

By Gary Taylor, Reporting for SCTCA TANF

San Diego State University was the backdrop for Southern California Tribal Chairmen's Association (SCTCA) TANF annual Back to School Orientation in early August.

Children, parents, guardians and tribal members attended the event, which included workshops, presentations and student academic and attendance awards for students at San Diego TANF and Manzanita TANF.

Before the presentations began, though, everyone was given a tour of the San Diego State campus. The younger children were especially intrigued by a small pond on the western end of the university where dozens of fish and turtles were swimming.

"Do turtles bite?" asked one little girl, looking at her mother.

"Some do – but I don't think these will bite," the mother replied.

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It's a Summer of Education, Travel and Fun for Native American Students

By Eileen O'Neill, Education Coordinator, SCTCA TANF Pala
Photos by Karin Giron, SCTCA TANF Escondido, and courtesy of American Indian Recruitment Program

It was a summer of education, travel and fun for Native American students.

The students were participants in Southern California Tribal Chairmen's Association (SCTCA) TANF Native Youth Summer Program (NYSP) from late June to early August. The students engaged in a wide range of events and activities that included Native American cultural studies and traditions, classroom sessions, conferences and travel. And, in some cases, the students went on trips to the beach. Some of the courses were sponsored by American

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The Southern California Tribal Chairmen's Association (SCTCA) publishes the Tribal Temporary Assistance for Needy Families (TANF) Newsletter throughout the year at:

SCTCA / TANF
 P.O. Box 1470
 Valley Center, CA 92082
 E-mail: newsletter@sctca.net
 (760) 746-0901 Ext. 100

The newsletter is designed and printed by Tribal Print Source, a division of SCTCA.

The purpose of the Tribal TANF Newsletter is to provide the tribal communities with information about services provided by the TANF Programs and other important issues concerning our rural/urban communities and families.

SCTCA provides services to San Diego and Santa Barbara Counties and the following reservations:

- | | |
|--------------|--------------|
| Barona | Cahuilla |
| Campo | Ewiiapaayp |
| Inaja/Cosmit | Jamul |
| La Jolla | La Posta |
| Los Coyotes | Manzanita |
| Mesa Grande | Pala |
| Pauma | Rincon |
| San Pasqual | Santa Ysabel |
| Santa Ynez | Sycuan |
| Viejas | |

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Relieved, the young girl sat down on a rock to look closer at the small turtles.

During the orientation, students of various ages attended classes in cooking and baking, heard about Native drum and music traditions and discussed cultural and educational opportunities. The youngest of the children also played inside a classroom, drawing, painting and playing games.

Near the end of the day, Miranda and his staff presented student achievement awards. Certificates were given to students. And – as in years past - the childrens' names were called, they bounded up to the front of the room, accepted their awards and rushed back to their family members for congratulations.

Back to School Event Student Awards - (29)				
Attendance/ Leadership- (13)				
#	Student	Grade	GPA	Attendance
1	Irene Jenkins	4		100%
2	Isaak Jenkins	6		100%
3	Isaiah Pride	7		100%
4	Randy Ballard	3		100%
5	Jonae Savedra	8	3	100%
6	Michelle Torrez	8		100%
7	Janine Clark	K		99%
8	Luke Clark	2nd		99%
9	Kioni Liu-Carrisoza	5th		99%
10	Patrick Barrett	8th		98%
11	Elijah Espinoza	6th		98%
12	Theresa Espinoza	8th		98%
13	Sandra Mascorro	6th		98%
Most Improved Scholar- (2)				
14	Lil'Cristah Roque	3rd	2.97	95%
15	Isaiah Waltz	3		
Outstanding Cumulative GPA (above 3.0) - (14)				
16	Taizha Akee	11	3	%
17	Isaiah Waltz	3	3.4	94%
18	Jonae Savedra	8	3	100%
19	Cristian Morreo	4	3	96%
20	Ethan Westbrook	2	3.61	98%
21	Tyreece Barber	5	3.05	96%
22	Shelby Ruise	3	3.4	
23	Cali Ruise	K	3.4	
24	Luke Clark	2nd	3.50	99%
25	Theresa Espinoza	8th	3.29	98%
26	Janine Clark	K	3.10	99%
27	James Hill	K	3.00	92%
28	Lil'Cristah Roque	3rd	2.97	95%
29	Tania Mascorro	5th	2.96	97%
Legend				
	San Diego Student			
	Manzanita Student			
	Pending Final Report Card			

Rio de Janeiro



Ashton Locklear

Ashton Locklear is a Native American from the Lumbee tribe in North Carolina.

In August, she was also an alternate member of the gold medal-winning United States Olympic Gymnastics team.

Locklear was one of three alternates on the five-member team that dominated the competition in August at the Summer Olympics in Rio de Janeiro, Brazil. Although she did not compete, Locklear was on the floor practicing and cheering her teammates on to gold.

The 18-year-old gymnast is no stranger to winning. In addition to her selection as an alternate on the Olympic team, Locklear is the holder of seven national and world titles in the uneven bars.

Locklear's presence on a team that included Simone Biles, Gabby Douglas, Laurie Hernandez, Madison Kocian and Aly Raisman was nearly historical. If she had competed, Locklear would have been the first Native American to appear in Olympic gymnastics.

Before she left for the Games, Locklear said "I am carrying Indian Country in my heart to Rio!," as noted in *Indian Country Today*. Family spokeswoman Jackie Jacobs, also Lumbee, added that "Ashton and her parents want to thank everyone in Indian Country for the amazing support you have shown her. Ashton has been in competition season since the first of the year and was not fully aware of all the well wishes and prayers being sent her way. She wants everyone to know she hears you and it has helped lift her up moving forward after being selected as an alternate for Team USA."

Locklear's athletic commitments have taken nearly all of her time over the past few years. But her mother Carrie told *w* that Ashton is always aware of her Native heritage.

"We rarely have had time to participate in any events outside of gymnastics in recent years," Carrie said. "But this year, we actually were able to attend the Lumbee Pow Wow in Pembroke, which was very enjoyable ... Ashton's heritage is a great inspiration to her. She has dreamed of being the first Native American gymnast to compete in the Olympics."

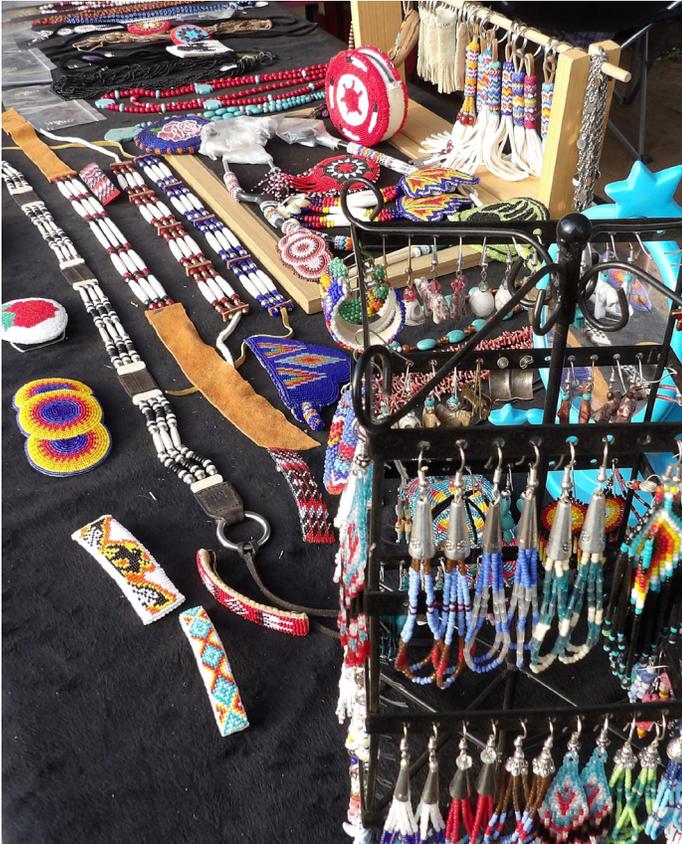
Although she didn't get the chance to make history in Rio, Locklear's achievements in years past should not be underestimated – especially considering she once had a fractured back.

"I'm so proud of Ashton," her mother said. "Ashton has never needed encouragement to keep going at any time, even when she has been injured. She has always been self-motivated. After her fractured back, I thought it was time to give it up, but she insisted she was never giving up. Our greatest challenge is providing her with the things she needs to be successful due to our financial constraints."

Locklear didn't compete in the Olympics this year – but there's no doubt she is a champion.

- GARY TAYLOR

Iipay Nation's Gathering at Santa Ysabel Features Traditional Songs and Dance



The Iipay Nation of Santa Ysabel held its traditional Gathering the first weekend of August.

The annual event on the grounds of Mission Santa Ysabel drew more than 300 people, including tribal members, elders and children. A deep-pit barbeque provided food for all in attendance included hand-made tortillas, beans and salsa.

On the ball field near the Mission, several teams from various reservations played in a day-long softball tournament that concluded at sunset.

As in years past, Bird singers sang the songs of the Kumeyaay and Luiseno. Tribal members and young men and women danced as elders looked on. The songs and traditional Peon games continued all night and into the morning.

- GARY TAYLOR



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It's a Summer of Education, Travel and Fun for Native American Students

Indian Recruitment (AIR), the Southern Indian Health Council (SIHC) and San Diego State University.

The NYSP Summer Program consisted of activities and events that support and encourage students to achieve their educational goals. The program:

- Provides ongoing educational support services and resources to youth while school is out of session.
- Increases student GPAs, reading levels and CST scores
- Provides interesting educational opportunities for youth. Topics will include: youth development, the process of higher education, leadership & life skills building, prevention activities, goal setting and career preparation & employment.
- Provides students the opportunity to become familiar with a college campus setting.
- Provides cultural experiences and exposure through field trips and community events.

The AIR program's summer project theme was "Ethnobotany – Exploring Our Native Culture through Native Ethnobotany." Students learned about the connections between culture and the environment and how tribal ancestors navigated throughout the region with great environmental understanding. They learned about land preservation from a cultural perspective and why environmental stewardship is important. Students also learned about laws protecting tribal lands and how tribal governance plays a great role in their protection.

The Ethnobotany Research session at the SDSU Library gave students the opportunity to research native plants, record their findings and create a mini-presentation including a map with descriptions of what they have knowledge of up to this point in the summer program. Students later attended a workshop on how to finance their college education. The workshop covered the importance of understanding application dates/deadlines and how to apply for scholarships, grants and financial aid. Students were reminded that they are responsible for their futures and must be proactive in making opportunities for themselves.

SIHC hosted its annual Native Youth Conference with the theme: "Pathways to Possibilities." The purpose of the conference is to address a variety of issues impacting Native youth and their communities, such as: domestic violence, sexual assault, suicide and substance abuse. Through an array of workshops, campus tours and a speaker panel, students were encouraged to take a stand against the above mentioned issues and follow the pathways to endless possibilities.

At one of the sessions, tribal member Anthony Pico of the Viejas Indian Reservation spoke to the students.

"Humility is an important pathway to effective tribal leadership," he told the students. "Humility is not to think lowly of oneself. It's putting other first. It's to appreciate the worth of others."

At a nutrition session at Escondido TANF, students prepared a full meal that included: Agua de Jamaica, quesadillas with cheese, black beans, guacamole, salsa fresca, squash-corn salad, tortillas, chips and fresh berries with whipped cream made from coconut milk.

Students were eager to participate in the meal and helped in all aspects of food preparation, from chopping ingredients, mixing ingredients to nutrition of the food. Some of the youth stated they enjoyed the vegan meal and didn't realize that it would be "that good." Some even stated they would try to replicate the dishes they made during the class for their families.

At the end of the summer, the AIR program took its students to Knott's Berry Farm amusement Park for some fun in the sun before the new school year. 🍌



Summer of Education, Travel and Fun



Summer of Education, Travel and Fun





CALIFORNIA INDIAN CONFERENCE

*Creations and Constructions:
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October 20-22, 2016
San Diego State University

Register now: <http://bit.do/CIC2016>

Class Calendars

SEPTEMBER 2016

Rincon

Two Directions, Inc.



SCTCA Two Directions • 35008 Pala Temecula Road PMB 4 Pala, CA 92059
Phone: (760) 749-1196 • Fax: (760) 749-9152 • Email: staff@twodirections.com

Space #8 – Classroom 1 Classes: Aug. 1st – Dec. 31st, 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Life Skills 8:30AM–10:30AM Beth Moffat		Tribal Culture 10:45AM–12:45AM Bonnie Salgado	Tribal Culture 8:30AM–10:30AM Bonnie Salgado
DMV Preparation 10:45AM–12:45PM Laura Rizza	Culture Class 10:45AM–12:45PM Bonnie Salgado		Indep. Tribal Culture 1PM–4PM	Indep. Tribal Culture 10:45AM–12:45PM
	Independent Culture 1PM–4PM			

Space #8 – Classroom 2 Classes: Aug. 1st – Dec. 31st, 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Study Hall	Study Hall	Study Hall	Study Hall	Diploma/HiSet /*ABE 10:45AM–1:45PM J. Murphy
	Study Hall	Diploma/HiSet /*ABE 10:45AM–1:45PM J. Murphy	Study Hall	No classes
Study Hall	Study Hall	Study Hall	Study Hall	No classes
		*ADULT BASIC EDUCATION		*ADULT BASIC EDUCATION

Space #39 – Computer Lab Classes: Aug. 1st – Dec. 31st, 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Self Paced Class 8:30AM–10:30AM Staff	MICROSOFT Word 8:30AM–10:30AM Wanda	Intro to PC's 8:30AM–10:30AM Charles	MICROSOFT Word 8:30AM–10:30AM Wanda	10 Key Class 8:30AM–10:30AM Wanda
Self Paced Class 10:45AM–12:45PM Staff	MICROSOFT Excel 10:45AM–12:45PM Wanda	Intro to PC's 10:45AM–12:45PM Charles	MICROSOFT Excel 10:45AM–12:45PM Wanda	Keyboarding 10:45AM–12:45PM Wanda
Self Paced Class 1PM–4AM Staff	Self Paced Class 1PM–4AM Staff	Computers Lab 1PM–4PM OPEN LAB	Self Paced Class 1PM–4AM Staff	Computer Class closed @ 12:45PM on Fridays

Two Directions Computer Labs are open at all times during business hours. Make sure to sign in and out to receive work participation hours.

Escondido

Escondido – SCTCA TANF • 201 E. Grand Ave., Suite 2D, Escondido, CA 92025
Office Hours Monday - Friday, 8:30am–4:00pm • Phone: (760) 737-0113 • Fax: (760) 737-0581

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ABE/GED 9AM–11AM Spanish 9AM–11AM Phillip Roy/ Health Care 9AM–11AM Keyboarding 9AM–12PM Reading Horizons 9AM–10AM & 12PM–2PM Applied Skill Practice (GED) 11:30AM–1:30PM Open Lab/Job Search /Applied Skills 8:30AM–4PM (VARIES BY CLIENT)	Life Skills/ What Color Is My Parachute 9AM–11AM Life Skills/ Practical Life Skills 11:30AM–1:30PM Math Refresher 9AM–11AM Open Lab/ Job Search/ Applied Skills 8:30AM–4PM (VARIES BY CLIENT)	ABE/GED 9AM–11AM Spanish 9AM–11AM Math Refresher 9AM–11AM Keyboarding 8:30AM–12PM Reading Horizons 9AM–10AM Computer Skills (GED Prep) 11:30AM–1:30PM Open Lab/Job Search 8:30AM–4PM (VARIES BY CLIENT)	Phillip Roy/ Welding 9AM–1:30PM Reading Horizons 9AM–11AM 11AM–1PM Computer Skills (General) 11AM–2PM Open Lab/Job Search /Applied Skills 8:30AM–4PM (VARIES BY CLIENT)	Spanish 9AM–11AM Phillip Roy/ Clerical Office 9AM–11AM & 11:30AM–1:30PM Keyboarding 9AM–12PM Reading Horizons 11AM–1PM Open Lab/Job Search 8:30AM–4PM (VARIES BY CLIENT)

To sign up, contact: Kayleigh Omish-Guachena, Training Director at (760) 737-0113 ext.13, kguachena@bgassociatesinc.com

El Cajon

SCAIR Learning Center • 239 W. Main Street, El Cajon, CA 92020
Office Hours Monday - Friday, 9am–4pm • Phone: (619) 328-0676

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Job Readiness 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Quickbooks Certification Training 9:30AM–11:30AM Microsoft Computer Certification Training NOON–2PM Academic Tutoring (All Subjects) 1PM–6PM/BALLARD CENTER	Academic Tutoring (All Subjects) 9AM–3PM Job Readiness 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Quickbooks Certification Training 9:30AM–11:30AM Microsoft Computer Certification Training NOON–2PM Academic Tutoring (All Subjects) 1PM–6PM/BALLARD CENTER Traditional Parenting Training 9/13: NOON–2PM Ready to Work Training 9/27: 12:30PM–1:30PM	Job Readiness 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Quickbooks Certification Training 9:30AM–11:30AM Academic Tutoring (All Subjects) 10:30AM–5:30PM Microsoft Computer Certification Training NOON–2PM Academic Tutoring (All Subjects) 1PM–6PM/BALLARD CENTER Sacred Pipe TUPE Program 9/7, 14, 21 & 28 3:30PM–5:30PM Resume Development 9/21: 12:30PM–1:30PM Self-Reliance Training 9/14: 12:30PM–1:30PM	Job Readiness 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Quickbooks Certification Training 9:30AM–11:30AM Parenting Training 11AM–1PM Academic Tutoring (All Subjects) 11AM–4PM Microsoft Computer Certification Training NOON–2PM Sacred Pipe TUPE Program (SDAIHYC) 9/8 & 22: 4PM–6PM Coffee with the Director 9/15: NOON–1PM	Academic Tutoring (All Subjects) 9AM–3PM Job Readiness 9AM–4PM Career Development 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Independent Computer Lab 9AM–4PM

**No Microsoft Computer Certification Training

Santa Ynez

Santa Ynez – SCTCA TANF • 185 W. Highway 246, Suite 102, Buellton, CA. 93427
 Office Hours Monday - Friday, 8am–4:30pm • Phone: (805) 688-1756 • Fax: (805) 688-6827

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Monday Office Hours: 8AM - 4:30PM	Career Building 9AM	Life Skills 9AM	Parenting 9AM	Friday Office Hours: 8AM - 4:30PM
	Open Lab/ Job Search 12:30PM-2PM	Open Lab/ Job Search 12:30PM-2PM	Open Lab/ Job Search 12:30PM-2PM	
	Basic Computers Skills 2PM	Career Networking 2PM	Basic Computers Skills 2PM	

Manzanita

Manzanita SCTCA Tribal Training Program • 39 A Crestwood, Boulevard, CA
 Phone: (619) 766-3236

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Culture/ Entrepreneurial Class 9AM-12PM	GED Prep 10AM-1PM	World of Work 9AM-12PM	GED Prep 10AM-1PM	Tutorial 9AM-12PM
Native Arts & Crafts 12:30PM-3:30PM	Computers 10AM-1PM	GED Prep 12:30PM-3:30PM	Computers 10AM-1PM	
	Parenting Class 12:30PM-3:30PM			

Commodity Distribution Schedule – September 2016



John Arviso Photo by Lindsey Arviso

COMMODITY DISTRIBUTION SCHEDULE FOR SEPTEMBER 2016

DATE	LOCATION	TIME
SEPTEMBER 7, WEDNESDAY	BARONA VIEJAS	9 AM – 10 AM 11 AM – 12 NOON
SEPTEMBER 12, MONDAY	LOS COYOTES LA JOLLA	9 AM – 10 AM 11 AM – 12 NOON
SEPTEMBER 14, WEDNESDAY	SAN PASQUAL	9 AM – 12 NOON
SEPTEMBER 15, THURSDAY	MESA GRANDE SANTA YSABEL	9 AM – 10 AM 10:30 AM – 12 NOON
SEPTEMBER 20, TUESDAY	MANZANITA/LA POSTA OLD CAMPO	9:45 AM – 11 AM 11:30AM – 12:30 PM
SEPTEMBER 21, WEDNESDAY	RINCON	9 AM – 12 NOON
SEPTEMBER 22, THURSDAY	PAUMA PECHANGA	9 AM – 10 AM 11 AM – 12 NOON
SEPTEMBER 26, MONDAY	PALA	9 AM – 11:30 AM
SEPTEMBER 27, TUESDAY	CAMPO	10 AM – 12:30 PM

OFFICE CLOSURES: 5TH (LABOR DAY), 23RD (CA INDIAN DAY), 30TH (ALL STAFF MTG.)



Coming in October:

- What are some Native American recipes for the upcoming holiday season?
- What are natural ingredients?
- What cultural traditions are included in the preparation?

In our next issue, read about Native American recipes and cooking traditions.