

## MOTIVATIONAL INTERVIEWING IS A TOOL TO INCITE CHANGE!

DATE<sup>1</sup>: **Saturday December 10, 2016**

DATE<sup>2</sup>: **Saturday December 17, 2016**

TIME<sup>1</sup>: 10:00AM-2:00PM

TIME<sup>2</sup>: 10:00AM-2:00PM

LOCATION <sup>1</sup>: **San Pasqual Education Center  
16152 Kumeyaay Way, Valley Center, CA 92082**

LOCATION<sup>2</sup>: **San Diego American Indian Health Youth Center:  
2560 First Ave., Suite #103, San Diego, CA 92103**

**\*Separate trainings to accommodate your location. Pick the date that works best for your location\***

# MOTIVATIONAL INTERVIEWING

**Inter Tribal Sports strives for strong leadership among our youth and in the communities we serve.**

**Motivational interviewing is a great way to strengthen our leadership.**

**Participants will be equipped with the knowledge and resources necessary for identifying other leaders and inspiring leadership amongst members in your community.**

**This training is for:**

- **YOUTH 15yrs & OLDER**
- **Coaches, Program Staff, Mentors**

**ARE YOU INTERESTED IN:**

- **WORKING BETTER WITH OTHERS**
- **BEING A POSITIVE ROLE MODEL**
- **HELPING YOUR COMMUNITY**
- **IDENTIFYING LEADERS IN YOUR COMMUNITY**
- **INCREASE COMMUNITY VOLUNTEERISM**

**PLEASE RSVP YOUR ATTENDANCE**

**BY CALLING ITS OFFICE:(951)719-3444 OR EMAIL: [gpojas@intertribalsports.org](mailto:gpojas@intertribalsports.org)**

*This is a great opportunity to build a connection between our youth, mentors, and leaders!*



**INTER TRIBAL SPORTS**

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**Unifying Tribal Youth and Communities through structured athletic programs while providing necessary resources and developing a strong foundation in Native culture, leadership, and wellness .**