

MAY SELECTIONS

VEGGIES

Green beans, sliced potatoes, tomato sauce, instant mashed potatoes, spaghetti sauce, fresh carrots, celery, red onions and russet potatoes & radishes

FRUITS

Apricots, pears, prunes & raisins and fresh grapefruit & oranges

JUICES

Apple, Cherry-Apple, grape, orange & tomato

BEANS

Canned Red Kidney, dry pinto and great northern

EGGS

Powdered egg mix

MEATS & FISH

Frozen hamburger and pork chops, canned chicken and tuna

CRACKERS/TORTILLAS

Unsalted/Frozen whole wheat tortillas

SOUP

Tomato

BONUS ITEMS

Salmon fillets/Bison

FLOURS

Cornmeal, wheat flour, blue cornmeal & all purpose white flour



BAKERY MIX

Low-fat bakery mix

CEREAL

Corn Flakes/Shredded Wheat

PEANUT PRODUCT

Peanuts, peanut butter and fruit & nut mix

FATS

Vegetable oil, real butter & buttery spread

MILK

Evaporated skim milk, dry milk & 1% milk

CHEESE

Block and sliced

RICE & PASTAS

Rice, macaroni, spaghetti, mac & cheese, egg noodles & whole grain rotini

HOT CEREAL

Oatmeal & Farina

