

College Fairs Draw Native American Students

By Gary Taylor, Reporting for SCTCA TANF

Dozens of Native American students attended College Fairs and Expos in October.

From Escondido in San Diego County to the Pechanga Indian Reservation near Temecula, representatives from more than 30 colleges and universities provided students with information about the college life.

At the College Fair at the Westfield North County mall in Escondido, students roamed throughout the structure's second level where dozens of booths were set up. Representatives from UCLA, San Diego State, UCSD, USD and California State University San Marcos were there, along with several other California colleges and universities. There were also booths from

universities across the country, including Rutgers, Syracuse, West Point, Baylor, Arizona, Colorado State, Oregon and Washington.

Students were given brochures, campus maps, online college tours and application and financial aid information. University representatives answered questions, asked students about their career goals, potential areas of study and extra-curricular interests.

The College Fair lasted nearly six hours, giving hundreds of students from throughout the county an opportunity to visit as many university booths as possible.

(Continued on page 4)



Rincon Child Development Center Is All About The Kids

By Gary Taylor, Reporting for SCTCA TANF



Kimberly Lopez knows it's all about the kids.

Lopez is the Site Manager of the Rincon Child Development Center. The center is a social and economic program with the Southern California Tribal Chairmen's Association (SCTCA.)

"We currently have 10 children in the program – but we have plenty of room for more," said Lopez, who works at the center with associate teacher Denise Willie, instructional aide Melissa Tortes, cook

(Continued on page 2)



The Southern California Tribal Chairmen's Association (SCTCA) publishes the Tribal Temporary Assistance for Needy Families (TANF) Newsletter throughout the year at:

SCTCA / TANF
P.O. Box 1470
Valley Center, CA 92082
E-mail: newsletter@sctca.net
(760) 746-0901 Ext. 100

The newsletter is designed and printed by Tribal Print Source, a division of SCTCA.

The purpose of the Tribal TANF Newsletter is to provide the tribal communities with information about services provided by the TANF Programs and other important issues concerning our rural/urban communities and families.

SCTCA provides services to San Diego and Santa Barbara Counties and the following reservations:

- | | |
|--------------|--------------|
| Barona | Cahuilla |
| Campo | Ewiiapaayp |
| Inaja/Cosmit | Jamul |
| La Jolla | La Posta |
| Los Coyotes | Manzanita |
| Mesa Grande | Pala |
| Pauma | Rincon |
| San Pasqual | Santa Ysabel |
| Santa Ynez | Sycuan |
| Viejas | |

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Contributor: Colleen Turner
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Rincon Child Development Center Is All About The Kids



Davita Johnson and custodian Nelly Garcia.

According to its mission statement, “The Rincon Community Child Development Center (RCCDC) is dedicated to quality, affordable child care services for all, providing a caring, loving, secure and healthy environment, nutritious meals and developmentally sound curriculum, that is child centered, initiated from a child’s perspective, topics, areas of interest and exploration.”

Lopez said the RCCDC is a year-round preschool enrolling children ages 3 to 5. Breakfast, lunch and snacks are served. The children are taught in a “loving, nurturing environment that is child-centered, (has) an age-appropriate curriculum and credentialed teachers,” Lopez said.

“RCDCC is a safe, fun place for your child to explore, develop question, discover and become self-confident and excited about learning in preparation for kindergarten,” she added.

The Child Development Center is located on the Rincon Indian Reservation at Valley Center West Tribal Road. The phone number is (760) 749-1080. Hours are from 7:30 a.m. to 4:30 p.m. Children are accepted on a sliding fee scale.

“Rincon Community Child Development Center is a safe, fun place for your child to explore, develop, question, discover and become self-confident and excited about learning in preparation for kindergarten.”





Native American Prayer

Oh, Great Spirit
Whose voice I hear in the winds,
And whose breath gives life to all the world,
hear me, I am small and weak,
I need your strength and wisdom.
Let me walk in beauty and make my eyes ever behold
the red and purple sunset.
Make my hands respect the things you have
made and my ears sharp to hear your voice.
Make me wise so that I may understand the things
you have taught my people.
Let me learn the lessons you have
hidden in every leaf and rock.
I seek strength, not to be greater than my brother,
but to fight my greatest enemy - myself.
Make me always ready to come to you
with clean hands and straight eyes.
So when life fades, as the fading sunset,
my Spirit may come to you without shame.

*(translated by Lakota Sioux Chief Yellow Lark in 1887)
Contributed by Colleen Turner, SCTCA TANF*



Louis Lopez works hard lifting weights.
He also writes about it.

Louis is a 16-year-old junior from the San Pasqual Indian Reservation. His 22-line poem – titled “Body Building” – received a Southern California Tribal Chairmen’s Association (SCTCA) TANF Newsletter Award.

The award was presented in early November to Louis, whose submission was recognized in the newsletter’s 9-12th grade category. Native American youth had been encouraged in October to submit an original essay, poem or work of art that celebrated tribal culture, traditions, languages, history or experiences.

The poem submitted by Louis was based on his experience with weightlifting and bodybuilding. Here it is, reprinted in its entirety:

*Body building isn't a sport
It's a lifestyle the way one lives
The sound of forty fives
Clanging against each other
That's your motivation
Do not ever skip a rep
Do not ever skip a set
Those rest days I ignore them
Go to the gym ignore those who oppose
They just sit on their couch while you lift
Never cry about it take the
Pain you go through
Is dedication and consistency
Your life is at risk under those forty fives
Yet only five percent of bodybuilders
Stick to it other they fade away why
Because the stress and the time
The day you start lifting
Is the day you will never be happy
Because that's when your goals get bigger
You will never be big enough
Let your competition begin*

In this competition, at least, Louis has already succeeded. 🖊️

- GARY TAYLOR

College Fairs Draw Native American Students

By Gary Taylor, Reporting for SCTCA TANF

(Continued from page 1)

At the College Expo in late October, nearly 40 Native American students attended a three-hour presentation at the Pechanga Recreation Center. Again, representatives from several universities and colleges in California set up informational tables, including UC Riverside, Cal Poly Pomona, California State San Bernardino, UCLA, San Diego State and California State University San Marcos.

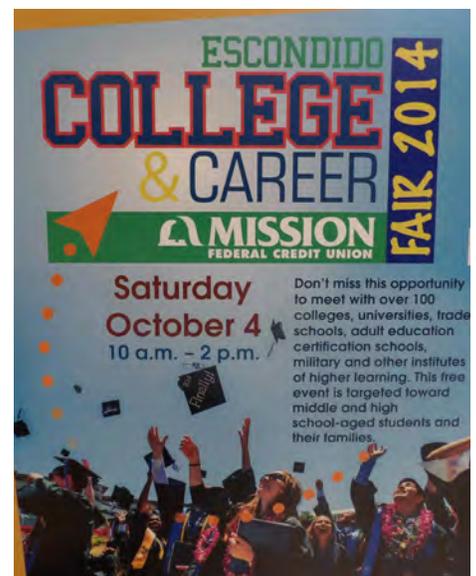
Students from throughout San Diego County attended the event, as well as several from the Soboba Indian Reservation in Riverside County. Beth Bowles, University of California American Indian Counselors and Recruiters Association, gave a brief presentation encouraging students to visit college campuses.

“Actually being on campus – seeing what it’s like – that’s important,” she said.

Tishmall Turner, Tribal Liaison at California State University San Marcos, added that students can visit colleges and universities throughout the region on various tribal-sponsored trips.



“From Escondido in San Diego County to the Pechanga Indian Reservation near Temecula, representatives from more than 30 colleges and universities provided students with information about the college life.”







QUICK & EASY TURKEY DINNER

FROM THE KITCHEN OF BETTY EASTMAN

Ingredients:

½ Turkey Breast (cut into ½" slices)
2/3 cube Butter or margarine
3 cups Water
1 cup dry non-fat milk
2 ½ cups dehydrated potatoes

Preparation:

Brown turkey slices in pan with butter. When brown on both sides remove from pan.

Boil water and butter. After water begins to boil, add dry non-fat milk and dehydrated potatoes. Stir until it thickens.

Serve with a can of turkey gravy, cranberry sauce or applesauce.

A tip from Betty: Using the drippings that the turkey breast was browned in gives the mashed potatoes a **delicious** flavor. Enjoy!!!!

We would like to thank Betty very much for sharing her recipe with the Food Commodity Program and participants.

We hope you try and enjoy her recipe. If anyone is interested in sharing one of their favorite Comod recipes with everyone please contact us at the office.



Words of Strength, Hope - And Desolation

By Gary Taylor, Reporting for SCTCA TANF

It isn't surprising there are few words written about Native Americans in the modern era that compare with the eloquence of those composed by Indians themselves nearly 150 years ago.

Native Americans then were living through the destruction of their entire culture, but still they did not struggle to explain their beliefs and hopes - even their desolation.

In honor of Native American Heritage Month, the following passages are reprinted. The words are now, as they were then, powerful and remarkable:

"The Indian loved to worship. From birth to death, he revered his surroundings. He considered himself born in the luxurious lap of Mother Earth, and no place was to him humble. There was nothing between him and the Big Holy (Wakan Tanka.) The contact was immediate and personal, and the blessings of Wakan Tanka flowed over the Indian like rain showered from the sky.

"Wakan Tanka was not aloof, apart, and ever seeking to quell evil forces. He did not punish the animals and the birds, and likewise, he did not punish man. He was not a punishing god. For there was never a question as to the supremacy of an evil power over and above the power of Good. There was but one ruling power, and that was Good."

- Chief Luther Standing Bear, Teton Sioux

Tecumseh, Shawnee:

Live your life that the fear of death
can never enter your heart.
Trouble no one about his religion.
Respect others in their views
And demand that they respect yours.
Love your life, perfect your life,
Beautify all things in your life.
Seek to make your life long
and of service to your people.
Prepare a noble death song for the day
when you go over the great divide.
Always give a word or sign of salute when
meeting
or passing a friend, or even a stranger, if in
a lonely place.
Show respect to all people, but grovel to
none.
When you rise in the morning, give thanks
for the light,
for your life, for your strength.
Give thanks for your food and the joy of
living.
If you see no reason to give thanks, the fault
lies in yourself.
Touch not the poisonous firewater that
makes wise ones turn to fools
and robs the spirit of its vision.
When your time comes to die, be not like
those whose hearts are filled with fear of
death,
so that when their time comes they weep
and pray for a little more time to live their
lives over again in a different way.
Sing your death song, and like a hero going
home.

And this, from Crowfoot, a Blackfoot Indian:

What is Life?
It is the flash of a firefly in the night
It is the breath of a buffalo in the winter
time.
It is the little shadow
which runs across the grass
and loses itself in the Sunset.

Chief Joseph of the Nez Perce, defending not only his people but freedom:

You might as well expect the rivers to
run backward as that any man who was
born a free man should be contented when
penned up and denied liberty to go where
he pleases . . . I have asked some of the great
white chiefs where they get their authority
to say to the Indian that he shall stay in one
place, while he sees white men going where
they please. They cannot tell me.

Let me be a free man - free to travel, free
to stop, free to work, free to trade where I
choose, free to choose my own teachers,
free to follow the religion of my fathers,
free to think and talk and act for myself -
and I will obey every law, or submit to the
penalty.

And finally, the desolation of defeat:

I am an old woman now.
The buffaloes and black-tail deer are
gone, and our Indian ways are almost gone.
Sometimes I find it hard to believe that I
ever lived them.

My little son grew up in the white man's
school. He can read books, and he owns
cattle and has a farm. He is a leader among
our Hidatsa people, helping teach them to
follow the white man's road.

He is kind to me. We no longer live in an
earth lodge, but in a house with chimneys,
and my son's wife cooks by a stove.

But for me, I cannot forget our old ways.
Often in summer I rise at daybreak and
steal out to the corn fields, and as I hoe the
corn I sing to it, as we did when I was young.
No one cares for our corn songs now.

Sometimes in the evening I sit, looking
out on the big Missouri. The sun sets, and
dusk steals over the water. In the shadows
I see again to see our Indian village, with
smoke curling upward from the earth
lodges, and in the river's roar I hear the yells
of the warriors, and the laughter of little
children of old.

It is but an old woman's dream.
Then I see but shadows and hear only
the roar of the river, and tears come into
my eyes. Our Indian life, I know, is gone
forever.

- Waheenee, Hidatsa

ATTENDANCE

in the early grades

Many of our youngest students miss 10 percent of the school year—about 18 days a year or just two days every month. Chronic absenteeism in kindergarten, and even preK, can predict lower test scores, poor attendance and retention in later grades, especially if the problem persists for more than a year. Do you know how many young children are chronically absent in your school or community?

Who Is Affected

Kindergarten and 1st grade classes often have absenteeism rates as high as those in high school. Many of these absences are excused, but they still add up to lost time in the classroom.

1 in 10 kids

in kindergarten and 1st grade are chronically absent. In some schools, it's as high as 1 in 4.¹



2 in 10 low-income kids

miss too much school. They're also more likely to suffer academically.¹



2.5 in 10 homeless kids

are chronically absent.²



4 in 10 transient kids

miss too much school when families move.²



¹ Chang, Hedy; Romero, Mariajose, *Present, Engaged and Accounted For: The Critical Importance of Addressing Chronic Absence in the Early Grades*, National Center for Children in Poverty: NY: NY, September 2008.

² *Chronic Absence in Utah*, Utah Education Policy Center at the University of Utah, 2012.

Why It Matters

If children don't show up for school regularly, they miss out on fundamental reading and math skills and the chance to build a habit of good attendance that will carry them into college and careers.

Preliminary data from a California study found that children who were chronically absent in kindergarten and 1st grade were far less likely to read proficiently at the end of 3rd grade.

Who Can Read on Grade Level After 3rd Grade?³



64%

of kids with good attendance in K and 1st (missed 9 or fewer days both years)



43%

of kids with at-risk attendance (missed more than 9 days both years)



41%

of kids chronically absent in K or 1st (missed 18 or more days one year)



17%

of kids chronically absent in K and 1st (missed 18 or more days both years)

What We Can Do



Engage Families

Many parents and students don't realize how quickly early absences can add up to academic trouble. Community members and teachers can educate families and build a culture of attendance through early outreach, incentives and attention to data.



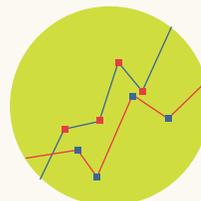
Fix Transportation

The lack of a reliable car, or simply missing the school bus, can mean some students don't make it to class. Schools, transit agencies and community partners can organize car pools, supply bus passes or find other ways to get kids to school.



Address Health Needs

Health concerns, particularly asthma and dental problems, are among the leading reasons students miss school in the early grades. Schools and medical professionals can work together to give children and families health care and advice.



Track the Right Data

Schools too often overlook chronic absence because they track average attendance or unexcused absences, not how many kids miss too many days for any reason. Attendance Works has free data-tracking tools.

These are a few steps that communities and schools can take. How do you think you can help?

³ *Attendance in Early Elementary Grades: Association with Student Characteristics, School Readiness and Third Grade Outcomes*, Applied Survey Research. May 2011.

Class Calendars

NOVEMBER 2014

Rincon

Two Directions, Inc.



SCTCA Two Directions • 38 Claudina Lane, Rincon, CA • June 1st – Nov. 30th

Phone: (760) 749-1196 • Fax: (760) 749-9152 • Email: 2dir@millenia.com

Space #8 – Classroom 1 Classes:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DMV Preparation 10:45AM–12:45PM Laura Rizza	Life Skills 8:30AM–10:30AM Beth Moffat GROUP 1		Life Skills 8:30AM–10:30AM Beth Moffat GROUP 2	Tribal Culture 8:30AM–10:30AM Bonnie Salgado
	Culture Class 10:45AM–12:45PM Bonnie Salgado		Tribal Culture 10:45AM–12:45PM Bonnie Salgado	Indep. Tribal Culture 10:45AM–12:45PM
	Independent Culture 1PM–4PM		Indep. Tribal Culture 1PM–4PM	

Space #8 – Classroom 2 Classes:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Study Hall	Study Hall	Study Hall	Study Hall	MATH TUTORIAL 9:45AM–12:45PM Monika
Diploma / GED 10:45AM–1:45PM Monika	Study Hall	Diploma / GED 10:45AM–1:45PM Monika	Study Hall	
Study Hall	Study Hall	Study Hall	Study Hall	

Space #39 – Computer Lab Classes:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MICROSOFT Word 8:30AM–10:30AM Wanda	MICROSOFT Word 8:30AM–10:30AM Wanda	Intro to PC's 8:30AM–10:30AM Charles	MICROSOFT Word 8:30AM–10:30AM Wanda	Keyboarding 8:30AM–10:30AM Wanda
MICROSOFT Excel 10:45AM–12:45PM Wanda	MICROSOFT Excel 10:45AM–12:45PM Wanda	Intro to PC's 10:45AM–12:45PM Charles	MICROSOFT Excel 10:45AM–12:45PM Wanda	Keyboarding 10:45AM–12:45PM Wanda
Computers Lab 1PM–4PM Wanda	Computers Lab 1PM–4PM Wanda	Computers Lab 1PM–4PM OPEN LAB	Computers Lab 1PM–4PM Wanda	Computer Class closed @ 12:45PM on Fridays

Two Directions Computer Labs are open at all times during business hours. Make sure to sign in and out to receive work participation hours.

Escondido

Escondido – SCTCA TANF • 201 E. Grand Ave., Suite 2D, Escondido, CA 92025
 Office Hours Monday - Friday, 8:30am–4:00pm • Phone: (760) 737-0113 • Fax: (760) 737-0581

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ABE/GED 9AM–11AM ED2GO: Speed Spanish 1 Math Refresher 9AM–11AM Phillip Roy/ Health Care 9AM–11AM Keyboarding 8:30AM–12PM Reading Horizons 9AM–10AM & 12PM–2PM Open Lab/Job Search 8:30AM–4PM (VARIES BY CLIENT)	Life Skills/ What Color Is My Parachute 9AM–11AM Life Skills/ Practical Life Skills 11:30AM–1:30PM MAPP Assessment 9AM–11AM Open Lab/Job Search 8:30AM–4PM (VARIES BY CLIENT)	ABE/GED 9AM–11AM ED2GO: Speed Spanish 1 Math Refresher 9AM–11AM Keyboarding 8:30AM–12PM Reading Horizons 9AM–10AM Microsoft Office (GED Prep) 11:30AM–1:30PM Open Lab/Job Search 8:30AM–4PM (VARIES BY CLIENT)	Phillip Roy/ Health Care 9AM–11AM 11:30AM–1:30PM Reading Horizons 9AM–11AM 11AM–1PM Microsoft Office (General) 11AM–2PM Open Lab/Job Search 8:30AM–4PM (VARIES BY CLIENT)	ED2GO: Speed Spanish 1 Math Refresher 9AM–11AM Phillip Roy/ Clerical Office 9AM–11AM Keyboarding 9AM–12PM Reading Horizons 11AM–1PM Open Lab/Job Search 8:30AM–4PM (VARIES BY CLIENT)

To sign up, contact: Kayleigh Omish-Guachena, Training Director at (760) 737-0113 ext.13, kguachena@bgassociatesinc.com

El Cajon

SCAIR Learning Center • 239 W. Main Street, El Cajon, CA 92020
 Office Hours Monday - Friday, 9am–4pm • Phone: (619) 328-0676

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Parenting Training 9AM–4PM Job Readiness 9AM–4PM Career Development 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Structured Computer Lab 9AM–4PM	“Microsoft Computer Certification Training” 2 CLASSES: 10AM–NOON & NOON–2PM Academic Tutoring (All Subjects) 9AM–4PM Job Readiness 9AM–4PM Career Development 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Structured Computer Lab 9AM–4PM Sacred Pipe TUPE Program (BALLARD CENTER) 11/4 & 18: 4PM–6PM Sacred Pipe TUPE Presentation 11/25: 10AM–11AM	Academic Tutoring (All Subjects) 9AM–4PM Parenting Training 9AM–4PM Job Readiness 9AM–4PM Career Development 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Structured Computer Lab 9AM–4PM Self Reliance 11/12: 10AM–12PM Meet & Greet with the Employer 11/26: 10AM–11AM	“Microsoft Computer Certification Training” 2 CLASSES: 10AM–NOON & NOON–2PM Job Readiness 9AM–4PM Career Development 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Structured Computer Lab 9AM–4PM Sacred Pipe TUPE Program (BALLARD CENTER) 11/13: 4PM–6PM	“Microsoft Computer Certification Training” 10AM–NOON Academic Tutoring (All Subjects) 9AM–4PM Job Readiness 9AM–4PM Career Development 9AM–4PM Individual Training Plan 9AM–4PM Counseling Services 9AM–4PM Structured Computer Lab 9AM–4PM Self Reliance 11/14: 10AM–NOON

Santa Ynez

Santa Ynez – SCTCA TANF • 290 Valley Station Dr., Suite 104, Buellton, CA 93427
Office Hours Monday - Friday, 8am–4:30pm • Phone: (805) 688-1756 • Fax: (805) 688-6827

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Monday Office Hours: 8AM - 4:30PM	Career Building 9AM	Life Skills 9AM	Parenting 9AM	Friday Office Hours: 8AM - 4:30PM
	Open Lab/ Job Search 12:30PM-2PM	Open Lab/ Job Search 12:30PM-2PM	Open Lab/ Job Search 12:30PM-2PM	
	Basic Computers Skills 2PM	Career Networking 2PM	Basic Computers Skills 2PM	

Manzanita

Manzanita SCTCA Tribal Training Program • 39 A Crestwood, Boulevard, CA
Phone: (619) 766-3236

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Culture/ Entrepreneurial Class 9AM-12PM	GED Prep 10AM-1PM	World of Work 9AM-12PM	GED Prep 10AM-1PM	Tutorial 9AM-12PM
Native Arts & Crafts 12:30PM-3:30PM	Computers 10AM-1PM	GED Prep 12:30PM-3:30PM	Computers 10AM-1PM	
	Parenting Class 12:30PM-3:30PM			

COMMODITY Distribution Schedule

November 2014



DATE	LOCATION	TIME
Nov. 5, Wednesday	Los Coyotes La Jolla	9 am – 10 am 11 am – 12:30 pm
Nov. 6, Thursday	San Pasqual	9 am – 12 noon
Nov. 10, Monday	Barona Viejas	9 am – 10 am 11 am – 12 noon
Nov. 12, Wednesday	Rincon	9 am – 12 noon
Nov. 13, Thursday	Mesa Grande Santa Ysabel	9 am – 10:30 am 11 am – 12:30 pm
Nov. 17, Monday	Manzanita/La Posta Old Campo	9:45 am – 11 am 11:30 am – 12:30 pm
Nov. 19, Wednesday	Pala	9 am – 11:30 pm
Nov. 20, Thursday	Pauma Pechanga	9 am – 10 am 11 am – 12 noon
Nov. 24, Monday	Campo	10 am – 12:30 pm



Coming in December:

- What is the San Diego American Indian Film Festival?
- Where will it be held?
- What films will be shown?
- How many Native American students will attend?
- Are any local Native Americans featured?

**In our next issue, read about the
2nd Annual San Diego American Indian Film Festival.**

SOUTHERN CALIFORNIA
TRIBAL CHAIRMEN'S ASSOCIATION
Tribal Temporary Assistance for Needy Families
P.O. Box 1470 Valley Center, Ca 92082

